

# FIVE-PLAYER CAREER LEADERS

**UPDATED: 02/20/2024 — COACHES: HELP US WITH CORRECTIONS:** As always – whenever a list like this is compiled, someone is inadvertently left out. Please submit any additions to Jason Eslinger at [jasoneslinger@ighsau.org](mailto:jasoneslinger@ighsau.org). Thanks to those that have submitted corrections/additions.. Please send any career/single season numbers that might make these listed to me as I'll update this list when time allows.

## CAREER TOTAL POINTS

Elle Ruffridge, Pocahontas Area (2014-17)	2951	Molly Tideback, Waterloo Columbus (1985-1988)	1859
Deb Remmerde, Rock Valley (1999-2003)	2756	Shelly Hembera , Cedar Valle Christian (2011-2015)	1859
Audi Crooks, Algona Bishop Garrigan (2020-23)	2734	Clarie Marburger, Perry (2011-2015)	1853
Jennifer Jorgensen, SE Webster-Grand (2005-2008)	2708	Zoey Artist, CAM (1994-1998)	1845
Caitlin Clark, Dowling Catholic (2017-20)	2547	Michelle Lund, Sioux City Bishop Heelan (2004-08)	1837
Anne O'Neil, Cedar Rapids Kennedy (1996-2000)	2494	Carleigh Paup, Paton-Churdan (2012-16)	1833
Jennifer Goetz, Cardinal Stritch (1999-2003)	2433	Shelley Sheetz, Cedar Rapids Kennedy (1987-1991)	1831
Kala Kuhlmann, Charter Oak-Ute (2002-2006)	2337	Erin Richards, Mason City (1995-1998)	1826
Margo Muhlbauer, IKM (2002-2006)	2304	Jenna Twedt, Benton Community (2020-23)	1815
Lindsay Hoehns, Twin Cedars (2005-2010)	2253	Wendy Ausdemore, Tri-Center (2002-05)	1812
Hallie Christofferson, Exira (2005-2010)	2247	Monica Huelman, Vinton-Shellsburg (1992-1996)	1809
Sara Stribe, Carroll (1994-1998)	2245	Maddax DeVault, Nodaway Valley (2019-22)	1807
Nicole Miller, North Linn (2011-2015)	2207	Sharon Goodman, Crestwood (2017-20)	1798
Stephanie Rich, Washington (1997-2001)	2205	Kate Galligan, Cedar Rapids Jefferson (1988-1992)	1797
Ashley Joens, Iowa City High (2014-18)	2158	Morgan Paige, Marion (2005-2010)	1795
Liz Trauger, Twin River Valley (2002-2006)	2115	Grace Berg, Indianola (2014-18)	1784
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	2026	Jennifer Gries, Elk Horn-Kimballton (1995-1999)	1784
Lindsey Meder, Solon (1994-1998)	2057	Ellie Peterson, Cedar Falls (1998-2002)	1773
Halli Pooock, Waterloo West (2020-23)	2039	Amy Meggers, IKM (1996-2000)	1773
Amber Harrington, Davenport North (2005-2010)	2035	Logan Hughes, Shenandoah (2016-19)	1769
Kayla Waskow, Dunkerton (2004-2008)	2031	Alison Rohdy, Harmony (1991-1995)	1767
Mary Berdo, Washington (1992-1996)	2026	Taryn Scheuermann, Van Buren County (2017-20)	1767
Nina Smith, Waterloo West (1995-1999)	1992	Brittany Lange, Sac (2002-05)	1756
Gracie Schoonhoven, Unity Christian (2020-23)	1989	Lindsay Anderson, New London (1994-1998)	1755
Linda Lappe, Winfield-Mt. Union (1994-1998)	1987	Stacey Schutjer, WCLT (2005-2008)	1754
Jessica Gerhart, Sentral (1999-2003)	1983	Katie Keitges, Knoxville (2016-20)	1752
Tammi Blackstone, Cherokee (1992-1996).	1961	Kesley Cermak, Norwalk (2004-2007)	1751
Rachel Leerar, West Hancock (2018-21)	1952	Chelsea Thomas, Pleasantville (2004-2008)	1748
Tiffany Reedy, Union (1998-2002)	1942	Jessica Nikkel, Lynnville-Sully (1995-1999)	1743
Rachel Yeggy, Highland (2002-2006)	1941	Angela Bock, Iowa Mennonite (1995-1999)	1743
Abby Roe, Van Buren (1992-1996)	1923	Tori Hazard, Janesville (2014-17)	1737
Kary Dawson, Sibley-Ocheyedan (1993-1997)	1922	Danielle Grabe, Cedar Rapids Prairie (1996-2000)	1733
Jamie Boyd, Underwood (2000-2004)	1920	Tarah Cullin, Fort Madison Aquinas	1729
Alexis Conaway, MOC-Floyd Valley (2010-2014)	1901	Jenna Hopp, Glenwood (2020-23)	1720
Christa Subbert, Stanton (2003-2007)	1901	London Vais, Adair Casey (2011-14)	1719
Molly Joyce, Algona Bishop Garrigan (2020-23)	1898	Jordan Henningsen, Alta (2007-2011)	1716
Megan Meyer, Mason City (2016-19)	1888	Jill Johnson, Rockwell City-Lytton (2000-2004)	1711
Amanda Zimmerman, Ballard (2006-2009)	1886	Zoe Young, West Des Moines Valley (2016-19)	1710
Jessie Pauley, OABCIG (2008-2012)	1873	Jessica Mennen, Hampton-Dumont (1996-2000)	1710
Ashtyn Veerbeek, Western Christian (2014-18)	1871	Kiah Stokes, Linn-Mar (2007-2011)	1704
Shellie Mossman, Carroll (2002-2006)	1859	Jenny Jacobsen, Cedar Rapids Regis (1987-1991)	1701
		Ann Cavey, North Cedar (1994-1998)	1698

Marsha Frese, CR Reigs & CR Wash. (1986-1990)	1692	Chloe Lofstrom, North Union (2017-20)	1554
Amy Herig, Dubuque Senior (1991-1995)	1685	Madison Weekly, Benton (2010-2013)	1552
Payton Beckman, Panorama (2019-22)	1682	Mackenzie Rogers, Mediapolis (2014-18)	1552
Lori Tumblee, Starmont (1998-2002)	1680	Aimee Osborne, Sidney (2008-11)	1551
Karsyn Stratton, Clear Creek-Amaan (2016-20)	1679	Maya Johnson, Mediapolis (2016-19)	1549
Kristi Moser, Maple Valley-A-O (1993-1997)	1669	Aleah Hermanson, Audubon (2019-22)	1545
Sahara Williams, Waterloo West (2020-23)	1667	Jasmine Demers, Storm Lake St. Mary's (2010-2014)	1545
Mikayla Nachazel, Springville (2014-18)	1662	Andrew Clark, Guthrie Center (2003-2007)	1544
Ashley Miller, Tipton (2003-2007)	1654	Kylie Williamson, Bondurant-Farrar (1995-1999)	1542
Teresa Wessling, Guthrie Center (1995-1999)	1644	Ashley Arlen, Cascade (2004-08)	1542
Maggie Phipps, North Polk/Ankeny Cent.(2018-21)	1643	Madison Dreckman, LeMars (2016-19)	1541
Macy Williams, Fremont-Mills (2011-2015)	1642	Elle Herzberg, Manson-NW Webster (2010-2014)	1540
Arika Wooldridge, Center Point-Urbana (2013-16)	1640	Paige Danner, Ar-We-Va (2010-2014)	1539
Samantha Harrington, Nashua-Plainfield (2004-2007)	1638	Taylor Greenfield, Ballard (2008-2011)	1536
Janie Schoonhoven, Unity Christian (2018-21)	1637	Miranda Murphy, North Polk (2010-14)	1536
Julia Fleecs, Glidden-Ralston (2014-17)	1637	Alli Masters, Central Decatur (2016-19)	1533
Kristin Turk, Des Moines Lincoln (2004-07)	1636	Brittini Donaldson, Sioux City North (2007-11)	1526
Hattie Davidson, Northwood-Kensett (2013-16)	1636	Kate Hartman, Northwood-Kensett (2006-2010)	1525
Erin Wibholm, West Marshall (1997-2001)	1634	Tana Colt, Akron-Westfield (2003-2007)	1525
Kayba Laube, Marion (2017-20)	1630	Mariah Criswell, Winterset (2011-2015)	1524
Linda Sayavongchanh, DM Lincoln (1998-2002)	1630	Jenna Boelter, Algona Garrigan (2014-18)	1520
Brianne Schoonover, Fredericksburg (1994-1998)	1630	Abby Richardson, Storm Lake St. Marys (2004-2007)	1519
Wendy Sobaski, Pekin (1993-1997)	1629	Abby Emmert, Winterset (2000-2004)	1518
Jill Martin, Norwalk (1999-2003)	1628	Jamie Armstrong, Essex (1993-1997)	1516
Lexy Koudelka, Nevada (2014-18)	1625	Cortney Kettmann, Bellevue Marquette (1997-2001)	1515
KJ Veldman, Spirit Lake (2010-2013)	1625	Jennifer Rochelle, CB St. Albert (1997-2001)	1515
Amanda Moser, Maple Valley-Anthon-Oto (1998-2002)	1622	Andrea Larson, Mediapolis (2011-15)	1513
Kenzie Cunard, Logan-Magnolia (2014-18)	1621	Brittany Alfredson, Woodbury Central (2004-08)	1511
Maya McDermott, Johnston (2017-20)	1615	Katie Schechinger, IKM/IKM-Manning	1507
Rylee Menster, Springville (2014-18)	1607	Autumn Feaker, Solon (1990-1994)	1506
Anne Straate, Postville (1998-2002)	1603	Jessica Vande Kooi, Hinton (1999-2003)	1505
Erin Maher, Davenport Assumption (1985-1989)	1601	Ashley Arndorfer, Algona Garrigan (1998-2002)	1503
Angie Schinstock, Central Lee (1996-2000)	1599	Emily Reeder, CB Abraham Lincoln (1996-2000)	1502
Mackenzie Morrison, Martensdale St. Marys (2007-11)	1599	Kim Marlow, Oelwein (1999-2003)	1502
Katie Eiben, Springville (2006-2009)	1598	Erin Dohrmann, Sioux City North (1997-2003)	1499
Lisa Kriener, St. Ansgar (1997-2001)	1596	Jade Rogers, Cedar Rapids Kennedy (2005-10)	1499
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	1594	Miranda Boekhout, Marcus-Meriden-Cleghorn (2000-04)	1497
Mackenzie Roberts, Van Meter (2014-17)	1594	Kaylee Blake, IKM-Manning (2010-2013)	1496
Kelsey Keizer, Okoboji (2002-2005)	1593	Kadie Subbert, Stanton (2007-2011)	1495
Ally Disterhoft, Iowa City West (2009-2012)	1590	Sammy Blum, Rock Valley (2014-17)	1494
Tanya Meyer, Sioux City West (2010-2014)	1590	Amber Nicole Buch, Fairfield (2014-18)	1493
Jenny Ogden, Moulton-Udell (1998-2002)	1590	Kelsey Maffin, Van Meter (1999-2003)	1491
Mackenzie Meyer, Mason City (2013-16)	1589	Megan Ripperton, Lone Tree (1997-2001)	1488
Ellie Friesen, Osage/Crestwood (2014-18)	1586	Konnor Sudmann, Treynor (2016-19)	1488
Grace Flanagan, North Linn (2017-20)	1584	Maddie Jones, South Central Calhoun (2016-19)	1486
Shelby Spates, Van Buren (1999-2003)	1584	Katie Miller, Solon (1994-1998)	1485
Beth Marvin, Preston (1997-2001)	1581	Kim Trine, Burlington Notre Dame (1994-1998)	1485
Bailey Beckman, Panorama (2016-19)	1579	Chelsea Poppens, Aplington-Parkersburg (2006-09)	1484
Kayla Lincoln, West Central Maynard (2003-2007)	1577	Angie Schreurs, WDM Valley (1991-1995)	1484
Sarah Ryan, North Mahaska (2002-05)	1576	Olivia Larsen, Newell-Fonda (2016-19)	1482
Kari Fitzpatrick, Edgewood-Colesburg (2011-2015)	1575	Madison Gettler, CAM (2016-19)	1480
Amy Young, Preston (1997-2001)	1575	Karen Schulte, Norway & CR Jefferson (1989-1993)	1479
Lori Nowachek, Midland (1997-2001)	1575	Ashton Yossi, Dallas Center-Grimes (2007-2011)	1477
Kylie Ronan, Lone Tree	1571	Stacy Frese, Cedar Rapids Washington (1991-1995)	1477
Maddy Duncan, Sidney (2017-20)	1564	Jordan Gronewold, Carlisle (2005-2010)	1475
Sienna Durr, Grinnell (2014-18)	1561	Brooke Scharn, Sioux Central (2007-10)	1473
Taylor Hickey, Burlington Notre Dame (2011-2015)	1560	Madison Camden, Glenwood (2019-22)	1473
Ashley Freerksen, Dowling Catholic (1999-2003)	1559	Serena Parker, Shenandoah (2011-2015)	1468
Samantha Reiser, Waukon (2002-2005)	1559	Chelsea Goedken, Cascade (2000-2002)	1468
Shateah Wetering, Montezuma (2017-20)	1558	Kennedy Core, Pleasantville (2011-2015)	1468
Bailey Arnburg, West Central Valley (2011-2015)	1556	Lindsay Smith, Central DeWitt (2008-11)	1467

Keri Hanson, CWL (1997-2001)	1467	Randi Peterson, Cedar Falls (1994-1998)	1391
Addison Hirschman, Kingsley-Pierson (2015-18)	1467	Jaime Printy, Linn-Mar (2006-2009)	1391
Kaylee Parks, Central Springs (2014-18)	1465	Amy Breen, Fairfield (1989-1993)	1391
Carrie Norman, Lynnville-Sully (1995-1999)	1460	Kendra De Jong, Unity Christian (2004-2009)	1390
Renee Maneman, Newell-Fonda (2010-2014)	1458	Crystal Davis, Twin Cedars (2004-2008)	1389
Kalli Richardson, NE Hamilton (2010-2013)	1457	Sara Weirather, Central Lee (1999-2003)	1388
Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	1456	Kameo Pope, Belle Plaine (2010-2014)	1383
Alicia Mahmens, Northeast (1996-2000)	1456	Jadyn Spencer, Waterloo West (2008-2011)	1383
Kallyn Stumbo, Okoboji (2017-20)	1455	Morgan Nelson, Colo-Nesco (1998-2002)	1381
Maureen Head, Iowa City West (1996-2000)	1454	Ashley Williams, Lawton-Bronson (2010-2014)	1380
Kandy Beemer, Bedford (2002-2005)	1452	Tina Zitterich, Gilbert (1993-1997)	1379
Paige Bradford, Davenport North (2014-18)	1451	Brooke Bollmeyer, Hinton (1998-2002)	1379
Sara Goodman, West Marshall (1999-2003)	1450	Katie Morse, Tri-Center (1997-00)	1379
Alee Hugen, Twin Cedars (2010-2013)	1450	Katelynn Tracy, Moravia (2010-13)	1378
Ryley Goebel, Center Point-Urbana (2018-22)	1448	Elisha Turek, CB Abraham Lincoln (1999-2003)	1377
Shari Davis, Denver (1995-1999)	1446	Hannah Erickson, Central Elkader (2017-2020)	1376
Carah Drees, Westwood (2016-19)	1446	Meghan Brue, Underwood, 2000-2004)	1376
Alysa Klein, Okoboji (2001-2004)	1445	Emily Cline, Harmony (19921-95)	1373
Megan Keefe, Clear Lake (1999-2003)	1445	Millie Niggeling, Sioux City Bishop Heelan (2005-2010)	1373
Mary Halvorson, Waukon (2005-2010)	1444	Ellie Spelhaug, Pleasant Valley (2014-18)	1372
Ali Devries, Bellevue Marquette (2001-05)	1442	Jessica Hansen, West Monona (2005-2008)	1372
Leah Miller, Lawton-Bronson (2008-2012)	1442	Rylee Olsen, New London (2000-04)	1372
Megan Howard, North Polk (2006-10)	1439	Nicole VanderPol, Grundy Center (2002-2005)	1369
Lacey Corcoran, Johnston (1995-1999)	1437	Annie Heithoff, CB St. Albert (1993-1997)	1369
Kelli Nelson, Exira (2001-2004)	1436	Jennifer Schmann, Newell-Fonda (2001-05)	1368
Emma Atwood, Central Decatur (2016-19)	1434	Elizabeth Sneed, Malvern (1999-2003)	1366
Steffi Cunard, Logan-Magnolia/H. Christian (2011-2015)	1434	Laura TerHark, Algona (2007-2011)	1365
Keanna Levy, Waterloo West (1999-2003)	1434	Chandran Duffy, Kee (2004-07)	1364
Allison Kruger, South O'Brien (1995-1999)	1434	Deha Peyton, Linn-Mar (1988-1992)	1364
Emilee Danner, Ar-We-Va (2016-19)	1429	Marissa Schroeder, Marquette Catholic (2014-17)	1363
Amy Swisher, Cedar Falls (1996-2000)	1425	Sara Goodman, West Marshall (1999-2003)	1362
Cassandra Boston, Des Moines Hoover (2002-06)	1424	Rylee Voss, English Valleys (2011-15)	1362
Julie Rittgers, WDM Valley (1987-1991)	1423	Hallie Linhart, Central Decatur (2011-2015)	1362
Kate Walker, Red Oak (2011-2015)	1423	Chelsey Luhring, A-Parkersburg, Grundy Center (02-05)	1361
Jayne Olson, Bettendorf (1990-1994)	1422	Mika Rodewald, Manson-NW Webster (2007-2010)	1359
Ky Petersen, AHST (1993-1996)	1421	Caitlin Ingle, Southeast Polk (2011-14)	1349
Tracy Paustian, Davenport West (1997-2001)	1417	Dani Thrush, Keokuk (1992-1995)	1358
Maddie Oliver, Roland-Story	1416	Chelsea Matthias, Wapsie Valley (1998-2002)	1358
Lindsey Petersen, Missouri Valley (1997-2000)	1416	Abbey Holmes, Algona (2017-20)	1355
Alissa Brown, Jesup (2010-2014)	1415	Kristyn Ferris, Charles City (2001-2004)	1351
Keanna Levy, Waterloo West (1999-2004)	1415	Morgan Muhlbauer, IKM-Manning (2011-2015)	1351
Trisha Heiden, Northeast Hamilton (1993-1995)	1415	Paige Greiner, Williamsburg (2010-2014)	1351
Taryn Knuth, Johnston (2014-2017)	1414	Brittani Kozik, Belle Plaine (1999-2003)	1350
Faith Troshynski, Manson-NW Webster (2013-16)	1414	Ali Browning, Iowa City Regina (2005-2010)	1350
Leah Hetzler, Moulton-Udell (1996-2000)	1413	Kendra DeJong, Unity Christian (2005-09)	1348
Ava Hawthorne, Gilbert (2019-22)	1409	Addie Oberman, Northeast (2010-14)	1347
Jenny Dorman, Pella (2005-08)	1406	Katie Lindeman, Grundy Center (2013-16)	1346
Lacey Geitzenauer, Sentral (1999-2003)	1406	Gabie Doud, Ballard (2013-2016)	1346
Dani Boettcher, Sioux Central (2015-18)	1402	Ali Hoffert, South Winneshiek & Turkey Valley (2018-21)	1346
Madelyn Deitchler, Treynor (2015-18)	1400	Emily Westrand, Essex (2006-2009)	1346
Erica Schlotfeldt, Rock Valley (1999-2003)	1399	Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	1344
Cathy Kain, Saydel (2005-09)	1399	Ella Skinner, Bishop Heelan (2017-20)	1341
Katie Kosters, Crestwood (1996-2000)	1397	Macy Sievers, Newell-Fonda (2019-22)	1338
Hailey Wallis, Grundy Center (2016-19)	1396	Hali Anderson, Saint Ansgar (2017-21)	1334
Emily Lange, Wilton	1395	Morgan Straight, Belle Plaine (2013-16)	1333
Katie Sorrell, Winfield-Mt. Union (1994-1998)	1394	Lindsey Fischbach, Carroll (2000-2002)	1332
Kelsey Fields, Creston (2018-21)	1394	Taylor Feldman, West Liberty (2006-2009)	1331
Marsha Frese, Cedar Rapids Washington (1987-90)	1394	Rachel Hinders, Johnston (2013-16)	1327
Melissa Krueger, Lone Tree (1989-1993)	1393	Mallory McDermott, Cedar Rapids Prairie (2017-20)	1326
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	1392	Katie Dentlinger, Coon Rapids-Bayard (2008-12)	1325
Genia Fiihr, Lynnville-Sully (1992-1996)	1392	Sam Abens, Knoxville (2005-2010)	1323

Tarah Cullen, Fort Madison Aquinas (2002-2005)	1322	Haleigh Hempen, Aplington-Parkersburg (2010-13)	1265
Jordan Waddell, Guthrie Center (2003-2007)	1321	Marina Keck, Kingsley-Pierson	1264
Haley Birks, South Central-Calhoun (2011-2015)	1320	Jen Parsons, Clay Central-Everly (2002-2005)	1261
Heather Cunard, Missouri Valley (2003-2007)	1320	Michelle Burvee, Waterloo Columbus (1996-2000)	1260
Amber Schubert, Sergeant Bluff-Luton (2011-2015)	1320	Haley Rasmussen, Atlantic (2018-21)	1259
Kelsey Nickerson, Ottumwa (2008-2012)	1319	Amber Kirschbaum, Spirit Lake (2006-2009)	1259
Kelli Freeman, WDM Valley (1996-2000)	1317	Jen Keitel, Central DeWitt (2008-2011)	1258
Kortney Drake, Wilton	1317	Becky Avery, Clear Lake (1996-2000)	1257
Chanda Zomermaand, Unity Christian (2012-16)	1316	Hannah Fuller, West Des Moines Valley (2014-17)	1255
Kara Haugen, Waterloo Columbus (1991-1995)	1316	Kylie Morrison, Logan-Magnolia (2017-20)	1254
Abby Kite, Harmony (1996-2000)	1315	Lori Bjork, Johnston (2001-2005)	1253
Ellen Gallagher, Woodbury Central (2010-2014)	1314	Marla Metzger, Valley Community (2006-2009)	1252
Brooke Wolterstorff, Western Christian (2009-2013)	1314	Betsy Funk, Urbandale (1998-2002)	1252
Katelyn Oney, Cedar Rapids Washington (2005-08)	1314	Stephanie McCannon, WP Marquette (1988-1992)	1252
Olivia Godfrey, Panorama (2010-2014)	1314	Clara Teigland, Treynor (2020-23)	1251
Ali DeVries, Bellevue Marquette (2002-2005)	1313	Robin Threatt, CR Jefferson (1985-1988)	1251
Jocelyn Coleman, Essex (2007-2010)	1312	Ali Rorah, Maquoketa (1998-2002)	1250
Katie Jensen, English Valleys (2001-2005)	1312	Missy Baker, Des Moines Lincoln (1985-1988)	1250
Malarie Gilley, East Greene (2007-2011)	1311	Logan Ehlers, Shenandoah (2014-17)	1248
Christy Holtkamp, Central Lee (1989-1993)	1311	Casey Spree, Aplington-Parkersburg (1994-1998)	1248
Rachel Madrigal, Decorah (2004-2007)	1310	Kristin Shields, Murray (2004-2007)	1248
Anna Kiel, Unity Christian (2012-16)	1308	Melissa Kroll, CB St. Albert (1993-1997)	1248
Grace Vander Weide, WDM Valley (2011-2015)	1304	Carrie Larson, Tipton (2001-2005)	1248
Natalie Nielsen, Akron-Westfield (2019-22)	1304	Logan Ehlers, Shenandoah (2014-2017)	1248
Delaney Scherf, Central Elkader (2020-23)	1304	Emily Newton, Diagonal (2016-19)	1248
Nelia Olson, IKM (2004-07)	1303	Laura Knudtson, Lake Milles (2014-18)	1247
Sofia Iwobi, Fairfield Maharishi (2003-06)	1303	Aubrey Hauswirth, Pocahontas Area (2003-06)	1247
Taylor Frederick, Harlan (2013-2016)	1300	Jamie Hoover, Twin River Valley (1999-2003)	1247
Kia Rasmussen, IKM-Manning (2014-18)	1299	Allison Bailey, Kingsley-Pierson (2014-17)	1246
Marni Jacobsen, Spencer (2004-2008)	1297	Kortney Hilsabeck, West Central Maynard (1997-2001)	1246
Allie Wooldridge, Center Point-Urbana (2014-18)	1297	Jensen Archibald, Martensdale-St. Marys (2017-20)	1246
Sidney McCrea, Cedar Rapids Prairie (2017-20)	1296	Ashley Zobel, OA-BCIG (2008-2011)	1245
Jessica Leix, Newton (1992-1994)	1296	Jennie Lillis, WDM Dowling (1996-2000)	1245
Mackenzie Knox, Madrid (1999-2003)	1294	Lindsay Overman, Boyden-Hull (1997-2001)	1245
Morgan Shuey, Southwest Valley (2016-19)	1294	Faith Meyer, Pocahontas Area (2014-17)	1244
Emerson Green, Cedar Falls (2017-20)	1293	Susan Kies, Newell-Fonda (2005-2010)	1244
Autumn McDanel, Moravia (2013-2016)	1291	Olivia Terrones, East Marshall (2017-20)	1244
Ally Jensen, Ballard (2006-2009)	1291	Deja Jackson, Grinnell (2011-2015)	1242
Chloe Rick, Marion (2014-18)	1289	Amanda Smith, Decorah (1994-1998)	1242
Madelyn Jaeger, West Central Valley (2019-22)	1286	Erin Weber, Boyer Valley (2014-18)	1241
Rachel Gosselink, Iowa Christian Academy (2002-06)	1285	Ashley Dugan, Edgewood-Colesburg (1999-2003)	1239
Leah Hetzler, Moulton-Udell (1996-2000)	1284	Audrey Faber, Dowling Catholic (2011-2015)	1239
Emma Staudt, Rockford (2014-17)	1282	Johanna Myers, Burlington Notre Dame (2014-17)	1239
Nicky Wieben, Ankeny (2002-05)	1280	Bobbi Burrows, Bondurant-Farrar	1237
Rachele Clark, Des Moines East (1987-1991)	1280	Sarah Anderson, Tri-Center (2002-2005)	1237
Michelle Voigts, Clarion-Goldfield (2003-07)	1277	Josie Kopal, Lawton-Bronson (2009-2013)	1237
Betsy Thomas, Sergeant Bluff-Luton (2008-2012)	1277	Tanaeya Worden, Sioux City North (2003-2007)	1236
Michelle Kumrow, Hubbard-Radcliffe (2000-2004)	1275	Elly Arganbright, Panora (2007-2010)	1235
Erin Goldsmith, Dallas Center-Grimes (2005-08)	1274	Nicole Strasko, Roland-Story (2006-2009)	1235
Autumn Bartel, Cherokee (2001-2005)	1274	Jaedon Murphy, North Polk (2017-20)	1235
Abbee Dickman, SCMT (2001-2004)	1273	Kayla Henke, Cherokee (2002-2006)	1234
Jenny Noll, Muscatine (1988-1992)	1272	Beth Mathes, Melcher-Dallas (1999-2003)	1234
Megan Hendricks, Clear Lake (2000-2004)	1271	Kelsey Hora, Highland (2014-2017)	1233
Brenda Frese, CR Washington (1985-1988)	1271	Susan Kies, Newell-Fonda (2006-10)	1233
Rachele Monroe, Union (2002-2006)	1270	Kayleen Beck, BGM (2011-2015)	1233
Molly Goodenbour, Waterloo West (1985-1989)	1270	Brittni Donaldson, Sioux City North (2007-2011)	1232
Samantha Domeyer, Clayton Ridge (2014-17)	1270	Carly Pagel, Sumner-Fredericksburg (2009-2012)	1232
Daneille Wubbens, Charles City (2003-2006)	1269	NaTracia Ceaser, Waterloo West (2016-19)	1231
Katie Maguire, Trenor (1998-2002)	1269	Barb Bennett, Ames (1993-1997)	1231
Shelby Reicks, Turkey Valley (2014-17)	1266	Hillari Jennings, North Central (1993-1997)	1230
Allie Sievert, Estherville-LC (2010-13)	1265	Tricia Floyd, Vinton (1985-1988)	1230

Jennifer Perkins, Fort Dodge St. Ed. (1994-1998)	1227	Mindy Hutchcroft, AGWSR (2003-2007)	1180
Jessica Balek, Mason City Newman (2009-2012)	1225	Kayla Gesink, Western Christian (2007-2011)	1180
Alyson Stokes, Highland (2016-19)	1225	Markisha Wright, Des Moines East (2007-11)	1179
Kellie Metz, Tri-County (1996-2000)	1222	Gabby Reyerson, West Marshall (2013-16)	1179
Mary Halverson, Coon Rapids-Bayard (2008-2012)	1222	Jessica Vanderleest, Solon (1996-1999)	1177
Amanda Brainerd, Central DeWitt (2013-2016)	1221	Emily Holterhaus, Pella (2016-19)	1176
Rachel Smith, Iowa Mennonite (1991-1995)	1221	Kassidy DeJong, Unity Christian (2011-2015)	1176
Abbie Brown, Eldora-NewProvidence (1993-1996)	1221	Shae Dillavou, Forest City (2020-23)	1176
Kristi Anderson, CB Abraham Lincoln (1985-1988)	1221	Taylor Rodenburgh, West Sioux (2014-17)	1176
Jamie Elbert, Indianola (2006-2009)	1220	Tracy Hardee, Bedford (1995-1999)	1175
Katie Nieuwsma, Pella Christian (2005-2008)	1220	Jade Lynn Vlotho, West Sioux (2009-2013)	1174
Kelcie Bormann, Preston (2007-2011)	1218	Jamie Cavey, North Cedar (1997-2001)	1173
Ellie Foster, Dike-New Hartford (2017-20)	1217	Kennedy Dighton, Cedar Rapids Jefferson (2014-17)	1172
Lindsay Chetinger, Sergeant Bluff-Luton (2000-04)	1216	Brianna Mensen, Maquoketa Valley (2014-17)	1172
Jill Eggers, West Marshall (1997-2001)	1215	Janine Gremmel, Dubuque Wahlert (1984-1988)	1172
Angel Robertson, Vinton (1987-1991)	1215	Molly Nelson, Fort Dodge (1994-1998)	1172
Danielle Graham, Dunkerton	1214	Kirstin Nelson, Oelwein (2005-2009)	1172
Jessie Dirks, Monticello (2000-2004)	1214	Brenna Hackman, Nashua-Plainfield (2019-22)	1172
Traci Ollendieck, Crestwood (1999-2003)	1214	Keeley Petzenhauser, Spencer (2014-17)	1171
Bri Jensen, Remen St. Mary's/Kingsley-Pierson (2015-18)	1214	Jess McDowell, AGWSR (2005-2009)	1171
Kalee Modlin, Knoxville (1998-2002)	1209	Grace Blomstedt, Red Oak (2011-2015)	1170
Kayla Chapman, Treynor (2016-19)	1209	Kylan Straight, Logan-Magnolia (2014-18)	1170
Mackenzie Small, Hinton (2007-2010)	1207	Kayla Goodchild, Clay Central-Everly (2000-2004)	1169
Fran Reis, Perry (1994-1998)	1207	Kim Parker, Aurelia (1998-2002)	1169
Carolyn Holm, Sigourney (2007-2010)	1206	Sara Lincoln, Central Decatur (2006-2009)	1168
Anna Yung, Fort Dodge St. Edmond (2011-2015)	1206	Amanda Chizek, West Hancock (2017-20)	1168
Jamie Hoover, Twin River Valley (1999-2003)	1204	Marly Bussa, Camanche (2014-2018)	1167
Katie Reihman, Iowa Valley (1999-2003)	1204	Samantha Meyers, Grundy Center (2009-13)	1167
Jill Foster, North Tama (1996-2000)	1204	Tonia Tauke, CB Abraham Lincoln (1992-1996)	1167
Kayla Moran, Maple Valley-AO (2011-15)	1202	Tess Myer, Mount Ayr (2004-2009)	1167
Brittany Peterson, Spencer (2006-2009)	1200	Kim Wilken, Treynor (1993-1996)	1167
Laurie Busching, Nashua-Plainfield (2004-2007)	1199	Dawn Rayner, Lone Tree (1988-1992)	1167
Josie Hartman, Southeast Warren (2019-22)	1199	Melissa Eighmy, Mount Ayr (1994-1998)	1166
Natalie Hackbarth, Algona (2005-2010)	1198	Ella Larsen, Newell-Fonda (2018-2021)	1165
Alissa Dennis, Ballard (1996-2000)	1198	Heather Best, Davenport West (1991-1995)	1162
Jackie Aanes, Valley Community (1997-2000)	1197	Tember Schechinger, IKM-Manning (2008-2012)	1161
Taylor Smith, Central Decatur (2006-2009)	1197	Slone Masters, Storm Lake (2006-2010)	1159
Megan Murphy, North Polk (2010-14)	1197	Leah Buhmann, West Central Maynard (1993-1997)	1159
Abbie Hauptert, CMB (2011-14)	1196	Ashley Wagner, Kee (1999-02)	1159
Erica Hoffman, East Buchanan (2017-20)	1196	Morgan Walker, Sioux Central (2009-2012)	1159
Kayla Morgan, Maple Valley-Anthon-Oto (2011-2015)	1194	Kim Kester, Center Point-Urbana (1995-99)	1157
Kylan Loney, Ames (1997-2001)	1194	Brittney Carlson, Oskaloosa, (2003-2006)	1157
Macy Daufeldt, West Liberty (2019-22)	1192	Briana Lage, SCMT/West Fork (2006-2009)	1154
Abbie Hlas, ADM (2016-20)	1192	Mallory Cunard, Missouri Valley (2006-2009)	1154
Kenna Morgan, Cherokee (2020-23)	1192	Caitlin Bisinger, Midland (2007-2010)	1154
Brooke Whitcher, Janesville (1999-2003)	1190	Kaitlyn Volesky, Mount Vernon (2014-17)	1154
Alyssa Wiebel, Benton Community (2013-16)	1190	Rachel Freland, West Marshall/PCM (2011-15)	1153
Tammy Brauer, CR Kennedy (1990-1994)	1190	Pam Iverson, Denison-Schleswig (1994-1998)	1153
Brielle Baker, Creston (2016-19)	1189	Toni Ratliff, Shenandoah (2003-2007)	1152
Kaely Hummel, Cherokee (2011-2015)	1189	Dani Gass, Sioux City East (2001-05)	1152
Teri Vander Beek, Lynnville-Sully (1999-2003)	1189	Tiffany Bormann, Preston (2005-2009)	1151
Blaire Thomas, Waterloo West (2011-2014)	1187	Samantha Uhlenkamp, Central City (2014-17)	1151
Cathy Reiter, Union (2005-2009)	1186	Paityn Hagberg, Cherokee, (2014-18)	1150
Crystal Anderson, Forest City (1997-2001)	1186	Noreen Morrow, Harris-Lake Park (2010-2014)	1150
Mika Rodawald, Manson-NW Webster (2005-2010)	1184	Kelsey Powell, Bondurant-Farrar (2001-2004)	1150
Megan Peschong, Okoboji (2013-2016)	1184	Natalie Bright, WDM Dowling (1994-1998)	1150
Kate Cline, Valley Community (1995-98)	1183	Ashley Tull, North Linn (2014-18)	1149
Brooklin Dailey, Southeast Polk (2020-23)	1183	Nichole Robison, Sioux City West (1996-2000)	1147
Kailyah Sain, Cedar Rapids Kennedy (2020-23)	1181	Alivia Ruble, Southeast Warren (2020-23)	1147
Morgan VanDerSloot, Storm Lake/OABCIG (2008-12)	1180	Jaci Christensen, Audubon (2019-23)	1146
Amy Klostermann, West Delaware (1999-03)	1180	Megan Keefe, Clear Lake (1999-2003)	1146

Ellie Ritscher, Benton (2003-2007)	1146	Emily Wenstrand, Essex (2004-2007)	1112
Tarah Colt, Akron-Westfield (2001-2005)	1146	Haley Puk, Waterloo West (2011-2014)	1112
Jennifer Kennedy, Greene County (2010-13)	1145	Christie Vogelgesang, Tipton (1988-1992)	1112
Kendal Brown, Moravia (2013-2016)	1145	Christina Voss, Ankeny (2002-04)	1112
Emily Dolan, East Buchanan (1996-2000)	1145	Nicole Denman, Ballard (1998-2002)	1112
Marival Rivera, Muscatine (1985-1989)	1145	Kiana Barney, Cedar Falls (2014-18)	1111
Allison Starr, Wellsburg-St. Rock (1993-1996)	1144	Emily Treptow, Jesup (2016-19)	1110
Jacqui Kalin, Sioux City North (2003-2007)	1143	Jordan Gillenwater, Council Bluffs AL (2008-2011)	1110
Christa Clayton, Estherville-LC (2005-08)	1143	Alyssa Green, Cedar Rapids Washington (2003-06)	1110
Kristen Lipps, Algona (2005-2010)	1143	Trish Miller, Newell-Fonda (1996-2000)	1108
Lauren Miller, English Valleys (2011-2015)	1142	Sarah Larsen, IKM (1993-1996)	1108
Katelyn McCunniff, Waterloo Columbus (2004-07)	1142	Tiffany Roby, Twin Cedars (2010-14)	1108
Kamryn Finley, Cedar Falls (2014-18)	1141	Angie Froehlich, Algona Garrigan (1996-2000)	1108
Shelby Graves, Davis County (2010-2014)	1141	Gina Gunsolley, Diagonal (2002-2005)	1107
Shelby Schmidt, Battle Creek-Ilda Grove (2004-07)	1141	Carrie Stromley, Rockwell-Swaledale (1997-2001)	1107
Bridget Yoerger, Hinton (2001-2005)	1139	Brooke Loewe, Ballard (2019-22)	1106
Lindsay Beran, HLV	1139	Kate Hanneman, Center Point-Urbana (1993-1995)	1106
Katie Vander Molen, Pella (2015-18)	1137	Breianna Klein, Murray (2016-19)	1105
Caitlyn Ward, Sidney (2016-19)	1137	Abby Wisecup, Sergeant Bluff-Luton (2016-19)	1105
Jaime Hoegh, Atlantic (1999-2003)	1137	Mackenzie Bigbee, Williamsburg (2008-2012)	1105
Amanda Frost, Denver (2005-2010)	1137	Renee Roelfs, Mediapolis (1997-2001)	1105
Amber Simon, West Liberty (1998-2002)	1136	Emily Kirchner, Estherville-LC (2008-13)	1104
Ashley Sickles, Crestwood (2004-2008)	1135	Madison Hillman, Saint Ansgar (2020-23)	1104
Abby Wedemeier, West Central Maynard	1135	Madelyn Flemr, Lone Tree	1103
LeAnn Farmer, Waco (1990-1994)	1135	Camryn Reeg, Bellevue (2014-18)	1102
Heather Kapler, Crestwood (1993-1997)	1135	Anna Sweeting, Highland (2007-2011)	1098
Stephanie Howe, Northeast (1999-2003)	1134	Mikkell Korver (1997-2001)	1097
Anna Volter, Decorah (2002-2005)	1133	Amana Simmons, Des Moines Lincoln (1989-1993)	1097
Tashika Lewis, Des Moines North (1990-1994)	1132	Meredith Cunningham, Knoxville (2011-2015)	1097
Jesi Barrett, Guthrie Center (1998-2002)	1131	Jamie Imboden, Earlham (2006-2009)	1096
Lindsey Vande Wall, PCM (2006-2009)	1130	Brittany Holdsworth, Carroll (2009-2013)	1096
Madison Baier, South Tama (2009-12)	1129	Elsa Anderson, Des Moines Christian (2011-2015)	1095
Kelly Houser, Riceville (1999-2003)	1129	Cassidy Breon, Sergeant Bluff-Luton (2008-2012)	1095
Jessie Biggs, Ottumwa (1999-2003)	1128	Casey McDermott, Newton (2004-2007)	1094
Helaina Hillyard, Mediapolis (2017-20)	1127	Courtney VanHouweling, PCM (2011-2015)	1094
Shauna Boles, Murray (1996-2000)	1126	MacKenzie Westcott, Williamsburg (2004-2008)	1094
Lela Sellers, Minnesota/CR Kennedy (2013-16)	1126	Kaylin Lack, East Union (2019-22)	1093
Taryn Williams, Fremont-Mills (2011-2015)	1125	Shea Fuller, West Des Moines Valley (2016-19)	1093
Kelsey Homewood, Iowa City Regina (2000-04)	1125	Madison Forbes, Lone Tree (2014-17)	1093
Stacy Makoben, Durant (1985-1989)	1124	Kristi Feldman, West Liberty (2010-2013)	1093
Brooke Nelson, Colo-Nesco (2002-2006)	1124	Christine Logsdon, Keokuk C. Stritch (1988-1992)	1092
Jescenia Mosley, Essex (2014-17)	1122	Rachael Mesner, Rockwell-Swaledale (1997-2001)	1091
Hallie Mohr, Mediapolis (2019-22)	1122	Ashlton Connelly, Emmetsburg (2011-2015)	1090
Tedi Andrews, Kingsley-Pierson	1121	Aftin Phyfe, Waverly-Shell Rock (2009-2013)	1090
Jada Piercy, Spencer (2020-23)	1120	Morgan Meyer, Sentral (2004-07)	1090
Rachel Wedemeier, West Central Maynard (1999-2003)	1120	Shelby Rodman, Whiting (2010-2014)	1090
Alison Huss, Bellevue Marquette (2001-05)	1120	Ashley Hagedorn, IKM-Manning (2006-2010)	1089
Jalyssa Ceasar, Sioux City North (2005-2009)	1120	Kaisha Brown, Spirit Lake (2004-2008)	1087
Annie Fagen, East Greene (1993-1997)	1120	Jessica Stanek, Tripoli (1999-2003)	1087
Olivia Sulentic, Interstate-35 (2009-12)	1119	Barb Franke, CedarFalls (1987-1991)	1087
Jamie Gesink, Western Christian (2011-2015)	1119	Lexi Ackerman, Central Lyon (2009-2013)	1087
Erika Massner, Wapello (2009-12)	1119	Erica Junod, Ankeny (1995-1999)	1087
Jessie Fitzwater, Moulton-Udell (1996-2000)	1118	Taylor Benshoof, Winterset (2010-2013)	1086
Jaeden Ferris, Westwood (2020-23)	1117	Lana Otting, Cascade (2004-2008)	1086
Beth Skogen, Lake Mills (1993-1997)	1117	Kinzee Hansen, CWL (1993-1997)	1086
Brianna James, Lynnville-Sully (2009-12)	1116	Adrianna Katcher, Center Point-Urbana (2016-20)	1086
Faith Vincent, Colo-Nesco, (2016-19)	1116	Kim Flossm Dike-New Hartford (2003-06)	1086
Amanda Eekhoff, Western Christian (2000-2004)	1115	Cari Cimmiyotti, St. Ansgar (2001-2004)	1085
Angie Ryan, Solon (1992-1995)	1115	Kim Hansen, Cedar Falls (1997-2001)	1085
Amy Smith, Lone Tree (2004-2007)	1115	Angie Eichhorst, Marion (1985-1988)	1084
Jenna Clark, Roland-Story (2014-18)	1112	Paige Klocke, Glidden-Ralston (2020-23)	1084

Mary Holmes, Cedar Rapids Regis (1985-1989)	1084	Krystal Grundmeier, Belmond-Klemme (1998-2002)	1058
Jenny Vogel, Jesup (1995-1999)	1083	Sidney Beckman, Panorama (2010-2013)	1058
Lindsey Pleuss, Boone (1997-2001)	1083	Steph Reiter, Union (2004-2008)	1057
Dana Weerheim, West Sioux (2008-2012)	1083	Chloee Colt, Akron-Westfield (2019-22)	1056
Marleigh Johnson, Stanton (2020-23)	1082	Jordyn Stokes, Estherville-LC (2020-23)	1056
Claire Denning, AHSTW (2018-21)	1082	Katelyn Stanley, Bishop Heelan (2016-20)	1056
Jackee Meyer, Belmond-Klemme (2014-16)	1081	Beth Driscoll, Linn-Mar (1990-1994)	1056
Jada Gyamfi, Johnston (2019-22)	1081	Joanne Woepping, Columbus (1989-1993)	1056
Cassie Chubb, Saydel (2012-16)	1081	Bridget Doeden, Sibley-Ocheyedan (2010-2014)	1056
Kjerstin Back, Lake Mills (1998-2002)	1081	Jackie Olson, MOC-Floyd Valley (1992-1996)	1055
Kristine Munden, Aurelia (2003-2007)	1081	Leslie Budak, Norway and Benton (1988-1992)	1054
Paige McAfee, CAM (2016-19)	1079	Doryn Paup, Creston (2020-23)	1054
Kim Schwartz, Hinton (1993-1997)	1078	Macy Harris, Grinnell (2016-19)	1053
Kaeli Block, Union (2014-17)	1077	Mackenzie Foley, Sergeant Bluff-Luton (2016-20)	1053
Adria Sheil-Brown, Central DeWitt (1996-2000)	1076	Ebby Prewitt, Des Moines Christian (2013-16)	1052
Stacy Schlumbohm, West Sioux (1993-1997)	1076	Kari Mutcschler, AGWSR (2003-2007)	1052
Trisha Nesbitt, Ames (2005-2009)	1075	Karter Miller, CAL (2010-2014)	1052
Ashley Nally, Bedford (1999-2002)	1075	Carissa Stiefel, Burlington (1989-1993)	1052
Mallory Nilles, Boyden-Hull (2016-20)	1075	Rachel Binneboese, MOC-Floyd Valley (1993-1997)	1052
Maria Gonzalez, West Hancock (2013-16)	1075	Jami Bertelsen, Missouri Valley (1996-2000)	1052
Emily Ivory, Bettendorf (2014-18)	1075	Maya Gyamfi, Urbandale (2017-20)	1051
Mary Walker, Newell-Fonda (2020-23)	1074	Summer Gordon, Sioux City North/West (2007-2011)	1051
Abi Weideman, Iowa Falls-Alden (2006-2009)	1074	O'Malley Fair, Riceville (2019-22)	1050
Kristen Weber, Earlham (2012-2015)	1074	Erica Hoehns, Twin Cedars	1050
Maci Griffith, Vinton-Shellsburg (2013-2016)	1074	MaKayla Augustine, Bishop Heelan (2009-2013)	1049
Rachel Mercer, Kingsley-Pierson (2013-16)	1074	Meg Tierney, Union (1997-2000)	1048
Shayla Peters, Madrid (2014-18)	1073	Cassidy Pagel, Sumner-Fredericksburg (2017-20)	1047
Maggie Walker, Newell-Fonda (2018-21)	1073	Britni Freed, Hinton (2006-2009)	1047
Brynn Bass, Coon Rapids-Bayard (2019-22)	1073	Devyn Kemble, Panorama (2014-18)	1047
Hannah Redenius, Battle Creek-Ida Grove (2006-09)	1072	Cassidy Pagel, Sumner-Fredericksburg (2018-21)	1047
Haidyn Hull, Grinnell (2020-23)	1072	Abby Flanagan, North Linn (2017-20)	1047
Brittany Fish, Marion (2006-2010)	1072	Ashley Hansen, Newton (2000-03)	1046
Brooke Zylsta, Boyden-Hull (2016-20)	1071	Angie Mohr, Dubuque Senior (1986-1990)	1046
Lindsey Reis, Coon Rapids-Bayard (2005-09)	1071	Michelle Mahmens, Northeast (1995-1999)	1046
Kate Letkewicz, Waterloo West (2011-2014)	1071	Laura Johnson, Cedar Falls (2005-2010)	1046
Lauren Hedlund, Hinton (2010-2014)	1070	Andee Martin, Westwood (2016-19)	1046
Shayla Barnes, Roland-Story (2006-2009)	1069	Allison Emrich, Vinton-Shellsburg (2008-11)	1045
Jewell Gasteiger, Lake Mills (2014-18)	1069	Julie Kaesbauder, Dubuque Hempstead (1984-1987)	1045
Kelly Keerar, West Hancock (2014-18)	1068	Hannah Stafford, Pocahontas Area (2010-2014)	1044
Lindsey Boldt, Mount Pleasant (2002-2006)	1068	Amber DeRiemacker, West Liberty (1996-2000)	1044
Briana Schauble, Kingsley-Pierson (2004-09)	1067	Peyton Olson, Mason City Newman (2014-18)	1043
Maddie Nonnenmann, Mid-Prairie (2019-22)	1066	Maya Johnson, Mediapolis (2014-18)	1042
Kaitlin Rosenbeck, Guthrie Center (2005-2010)	1066	Kaela Eslinger, Orient-Macksburg (2016-20)	1041
Jill Walters, North Scott (2002-2006)	1066	Casie Christensen, North Polk (2006-2009)	1041
Kim Shoars, St. Ansgar (1997-2000)	1066	Kandy Beemer, Bedford (2002-05)	1041
Abby Reinhard, Eldora-New Providence (1999-2003)	1066	Caitlin Daniels, Cedar Rapids Xavier (2016-20)	1040
Kelley Trimble, West Branch (2010-2012)	1066	Shayla Dean, Colo-Nesco (2011-2015)	1040
Felicity Jackson, CAM (2014-17)	1066	Traci Keller, Central Lee (2010-2013)	1040
Dereree Stubbe, Clarke (2016-19)	1066	Kris Neuberger, Garner-Hayfield (1993-1997)	1040
Emma Dau, Spirit Lake (2011-2015)	1065	Melanie Willadsen, Pleasant Valley (1987-1991)	1040
Jodi Purdy, Winterset (2001-2005)	1065	Sam Norris, Martensdale St. Marys (2007-2011)	1040
Mia Boulton, Montezuma (2020-23)	1064	Steph Botkin, Cedar Rapids Kennedy (2011-2015)	1039
Addison Weber, Gehlen Catholic (2016-2020)	1064	Jen Allen, Grinnell (2003-2006)	1038
Raegan Boothe, Central Decatur (2014-17)	1064	Cheyann Adamson, Highland (2013-16)	1038
Rachel Struve, South O'Brien (2010-2014)	1063	Rachel Wedemeier, West Central (1999-2003)	1037
Rebecca Mulliken, Waco (1990-1994)	1061	Kelsie Willert, St. Ansgar (2012-16)	1037
Sarah Larsen, Mid-Prairie (1998-2002)	1061	Kalli Rasmussen, IKM-Manning (2011-2015)	1037
Natalie Potter, Moulton-Udell (2009-2013)	1060	Janey Botkins, Durant (2013-16)	1036
Dani Benson, West Marshall (2002-2006)	1060	Adrienne Trauger, Twin River Valley (1999-2003)	1036
Johanna Vaske, Algona Garrigan (2014-18)	1059	Jordyn Moser, Harlan (2013-16)	1035
Courtney Coffin, Burlington Notre Dame (2011-2015)	1059	Katie Meyer, Belmond-Klemme (1998-2002)	1034

Pamela Masker, Underwood (2000-2004)	1034	Allison Cooper, Ventura (1993-1996)	1012
Madison Wauters, Wineset (2016-19)	1034	Emma Krier, Remsen St. Mary's (2007-2011)	1012
Katie Sobotka, Diagonal (2014-18)	1033	Carie O'Brien, Independence (1989-1993)	1011
Kayla Pirtle, Cedar Rapids Washington (1991-1995)	1033	Tracy Reed, Riverside (1995-1999)	1011
Ashley Hansen, Newton (1997-2003)	1033	Aliyah Buscher, Algona (2017-20)	1009
Kayla Pirtle, Cedar Rapids Washington (2002-05)	1033	Sarah Schmitt, Cedar Rapids Prairie (2016-2019)	1009
Kaitlyn Johnson, Van Buren (2011-2015)	1032	Jenny Anderson, Winfield-Mt. Union (1994-1998)	1009
Molly Parrott, Lewis Central (1994-1998)	1032	Kim McCaffrey, Carroll (1994-1996)	1009
Madie Sorensen, Adair-Casey/Indianola (2014-18)	1031	Jenny Siebrecht, Carroll (2000-2002)	1009
Andrea Robertson, Vinton-Shellsburg (1992-1996)	1030	Megan Linskens, Clarke (2016-19)	1009
Hannah Sitzmann, SL SM/Gehlen Catholic (2010-14)	1030	Kailey Jones, AHSTW (2018-21)	1008
Jena Bamrick, Rockwell-Swaledale (2004-2007)	1029	Grace Rehstrom, Sioux Central (2008-2011)	1008
Ashton Moody, Hinton (2008-2011)	1028	Melissa Haglund, Northeast Hamilton (2000-2004)	1008
Katie Almeida, Shenandoah (1997-2001)	1027	Alyssa Lux, Cascade (2020-23)	1007
Nicole Burgin, Oelwein (2010-2014)	1026	Carson Fisk, Lynnville-Sully (2016-19)	1007
Megan Weirather, Central Lee (2003-2006)	1026	Jodi Putman, Bellevue (1991-1995)	1007
Darcy Waldron, Cedar Rapids LaSalle (1988-1992)	1025	Stacy Boerema, Clinton (1998-2002)	1006
Whitney Stevens, Valley Community (1996-99)	1025	Angie Carnahan, Ottumwa (1990-1994)	1005
Barb Cole, Muscatine (1985-1988)	1024	Emily Cecil, Harmony (1993-1997)	1004
Nicole Pettinger, East Buchanan (2017-20)	1024	Kate Sievers, East Central (1999-2003)	1004
Camille Kruse, Fort Madison (2020-23)	1023	Jodi Nikkel, Lynnville-Sully (2001-05)	1003
Danikah Grobe, AHSTW (2011-2015)	1023	Val Feller, Preston (1992-1996)	1003
Jessica Kruger, AGWSR (1995-99)	1023	Katie Hemphill, South Hamilton (2008-2011)	1003
Kerri Carpenter, Tipton (1991-1995)	1023	Whitney VanderMaten, Boyden-Hull (2008-2012)	1003
Denise Sump, Clarinda (1993-1996)	1023	Dana Kester, Jesup (1996-2000)	1003
Alison Nagel, Fort Dodge St. Edmond (2006-10)	1022	Hannah Lau, Garner-Hayfield-Ventura (2014-17)	1003
Lisa Frese, Norway (1986-1990)	1022	Dee Dee Pryor, Urbandale (2016-19)	1002
Presley Blommers, Oskaloosa (2020-23)	1021	Ashley Babbitt, Earlham (2003-2006)	1002
Kennedy Salow, Center Point-Urbana (2010-14)	1021	Heather Block, George-Little Rock (1995-99)	1002
Emma Kelchen, Bellevue (2014-18)	1021	Kelsi Phipps, Mount Pleasant (2011-2015)	1002
Jena Blint, New London (2003-2007)	1021	Clair Lauterbach, Van Meter (2017-20)	1001
Michelle Nason, IC West & IC High (1986-1990)	1021	Shelby Bailey, East Buchanan (2006-2010)	1001
Amy Steenhoek, Pella (1996-99)	1020	Teri Blood, West Marshall (1994-1998)	1001
Ashton Glaus, Morningstar & Bettendorf (2011-15)	1020	Jentry Schaefer, Southwest Valley (2017-20)	1001
Beth Watson, Elk Horn-Kimballton (1998-2002)	1020	Clair Lauterbach, Van Meter (2017-20)	1001
Kaci Klenk, Mediapolis (1990-1994)	1020	Kendall Brown, Moravia (2013-16)	1000
Heather Hook, Grundy Center (2009-13)	1020	Erin Gerke, Newell-Fonda (2014-17)	1000
Kayla Lindenmeyer, Bedford (2010-2013)	1019	Bailey Winter, MFL-Mar-Mac (2017-20)	1000
Megan Ryan, North Mahaska (1998-2001)	1019	Sara Wittenburg, Tripoli (1996-2000)	1500+
Kristi De Jager, MOC-Floyd Valley (1994-98)	1019	Kristin Popovics, Marion (1996-2000)	1500+
Laura Rowan, Hampton-Dumont (1999-2003)	1019	Amber Sobotka, Diagonal (1994-1998)	1600+
Morgan Johnson, Earlham (2010-14)	1019	Kylene Stamps, Diagonal	1200+
Ashley Kovarik, Crestwood (2006-2010)	1018	Katie Maguire, Treynor (1998-2002)	1200+
Corinna Schropp, New London (1997-2001)	1018	Natalie White, Dubuque Senior (2002-2005)	1200+
Eryka Dickey, Wapello (2017-20)	1017	Amanda Focht, Villisca (2010-2013)	1000+
Peg Loecke, West Delaware (1987-1991)	1017	Jill Vanderhoof, Villisca (2010-2013)	1000+
Tracie Olerich, Des Moines Lincoln (1988-1992)	1017	Taylor Shull, Mount Pleasant (2008-2013)	1000+
Ashley Schwartzhoff, Kee (2015-18)	1017	Jaque Moyer, Janesville (1997-2000)	1000+
Sara Fedler, Holy Trinity Catholic	1016	Christa Moyer Janesville (1999-2002)	1000+
Molly Boylan, Exira (2006-2009)	1016	Maranda Mills, Janesville (1995-98)	1000+
Linissa Bowman, Preston (1997-2001)	1016		
Maddie Disney, Clarion-Goldfield-Dows (2013-16)	1016		
Holly Halstead, Hudson (2008-11)	1015		
Alyson Stokes, Highland (2016-19)	1015		
Brenna Lanser, Lynnville-Sully (2014-17)	1015		
Abbie Ackerman, Central Lyon (2006-2009)	1015		
Savanna Thornton, Bedford	1014		
Leah Riley, North Fayette (2004-2007)	1014		
Aubrie Fisher, AGWSR (2016-19)	1014		
Sarah Matus, Springville (2011-2015)	1012		
Heidy Pemsli, Dubuque Wahlert (1990-1994)	1012		

## SEASON TOTAL POINTS

Audi Crooks, Bishop Garrigan, 2023	889
Deb Remmerde, Rock Valley, 2003	859
Ellie Ruffridge, Pocahontas Area, 2017	840
Abby Roe, Van Buren, 1996	817
Margo Muhlbauer, IKM, 2006	811
Liz Trauger, Twin River Valley, 2006	805
Jennifer Jorgensen, SE Webster-Grand, 2007	804
Ashley Joens, Iowa City High, 2018	798



Jennifer Jorgensen, SE Webster-Grand, 2008	794	Anne O'Neil, Cedar Rapids Kennedy, 1998	615
Caitlin Clark, Dowling Catholic, 2019	781	Ellie Herzberg, Manson-NW Webster, 2013	614
Caitlin Clark, Dowling Catholic, 2020	775	Kala Kuhlmann, Charter Oak-Ute, 2006	613
Deb Remmerde, Rock Valley, 2002	770	Lauren Wilson, Springville, 2022	612
Elle Ruffridge, Pocahontas Area, 2016	766	Elle Ruffridge, Pocahontas Area, 2014	612
Trisha Heiden, Northeast Hamilton, 1995	762	Carli Tritz, Sioux City Bishop Heelan	610
Lindsey Meder, Solon, 1998	742	Liz Trauger, Twin River Valley, 2003	609
Jennifer Goetz, Keokuk Cardinal Stritch, 2002	739	Sara Stribe, Carroll, 1997	608
Amber Harrington, Davenport North, 2010	737	Mya Merschman, Central Lee, 2021	607
Elle Ruffridge, Pocahontas Area, 2015	733	Delaney Bertman, ADM (2016-20)	607
Shelby Hembera, Cedar Valley Christian, 2014	730	Mya Merschman, Central Lee, 2020	607
Grace Boffeli, North Scott, 2020	722	Lindsay Hoehns, Twin Cedars, 2009	606
Nicole Miller, New London, 2015	716	Stephanie Rich, Washington, 2000	605
London Vais, Adair-Casey, 2014	707	Hallie Christofferson, Exira, 2009	605
Hallie Christofferson, Exira, 2010	704	Jessica Nikkel, Lynnville-Sully, 1999	603
Janel Grimm, Montezuma, 1994	695	Molly Tideback, Waterloo Columbus, 1986	603
Jennifer Goetz, Cardinal Stritch, 2003	695	Megan Meyer, Mason City, 2018	602
Molly Tideback, Waterloo Columbus, 1987	692	Sara Stribe, Carroll, 1996	602
Brenda Frese, Cedar Rapids Washington, 1988	692	Monica Huelman, Vinton-Shellsburg, 1996	601
Amy Meggers, IKM, 2000	684	Robin Threatt, Cedar Rapids Jefferson, 1988	599
Anne O'Neil, Cedar Rapids Kennedy, 1999	678	Megan Meyer, Mason City, 2019	598
Nina Smith, Waterloo West, 1999	672	Kailey Burke, Hinton, 2016	597
Hannah Stuelke, Cedar Rapids Washington, 2022	670	Tammi Blackstone, Cherokee, 1996	597
Liz Trauger, Twin River Valley, 2006	670	Abby Roe, Van Buren, 1995	596
Deb Remmerde, Rock Valley, 2001	667	Karen Hutson, Logan-Magnolia, 2010	595
Isabel Manning, Van Buren County, 2021	665	Tarah Cullen, Fort Madison Aquinas, 2004	593
Audi Crooks, Bishop Garrigan, 2022	659	Ashtyn Veerbeek, Western Christian, 2017	592
Liz Trauger, Twin River Valley, 2005	659	Jenna Hopp, Glenwood, 2023	592
Nicole Miller, North-Linn, 2014	657	Lindsay Davis, Nodaway Valley, 2023	591
Jennifer Jorgensen, Southeast Webster-Grand, 2006	653	Kelsey Joens, West Liberty, 2023	591
Trisha Heiden, Northeast Hamilton, 1994	653	Kaely Hummel, Cherokee, 2016	591
Jasmine Demers, Storm Lake St. Mary, 2014	651	Ellen Gallagher, Woodbury Central, 2014	591
Kelsey Bolte, Battle Creek-Ida Grove, 2007	650	Logan Hughes, Shenandoah, 2019	590
Margo Muhlbauer, IKM, 2005	650	Stacey Schutjer, WCLT, 2008	587
Anne O'Neil, Cedar Rapids Kennedy, 2000	649	Lindsey Meder, Solon, 1997	586
Kayla Waskow, Dunkerton, 2008	647	Jill Johnson, Rockwell City-Lytton, 2003	586
Kary Dawson, Sibley-Ocheyedan, 1995	644	Maddax DeVault, Nodaway Valley, 2021	585
Kala Kuhlman, Charter Oak-Ute, 2004	643	Amber Harrington, Davenport North, 2009	585
Gracie Schoonhoven, Unity Christian, 2022	642	Zoe Young, West Des Moines Valley, 2019	582
Karen Schulte, Cedar Rapids Jefferson, 1993	641	Kristin Turk, Des Moines Lincoln, 2006	582
Mary Berdo, Washington, 1996	640	Marsha Frese, Cedar Rapids Washington, 1990	582
Rachele Clark, Des Moines East, 1991	639	Shateah Wetering, Montezuma, 2020	581
Alison Lucy, Treynor, 1994	637	Shellie Mosman, Carroll, 2006	581
Brianne Schoonover, Fredericksburg, 1998	635	Carrie Norman, Lynnville-Sully, 1999	580
Kelsey Bolte, Battle Creek-Ida Grove 2006	632	Angie Schinstock, Central Lee, 2000	579
Ally Disterhoft, Iowa City West, 2013	631	Suzanna Yoder, Iowa Mennonite, 2019	578
Mary Berdo, Washington, 1995	631	Jessie Pauley, OA-BCIG, 2012	577
Jill Martin, Norwalk, 2003	631	Stephanie Rich, Washington, 1999	576
Audi Crooks, Bishop Garrigan, 2020	626	Lindsay Hoehns, Twin Cedars, 2007	576
Kiah Stokes, Linn-Marr, 2011	625	Erin Fox, Denver, 1995	576
Sara Yager, Armstrong-Ringsted, 1994	625	Shellie Mossman, Carroll, 2006	575
Morgan Paige, Marion, 2010	624	Jennifer Goetz, Keokuk Cardinal Strich, 2001	575
Caitlin Clark, Dowling Catholic, 2018	623	Katie Schechinger, IKM, 2008	573
Ann Cavey, North Cedar, 1998	622	Kati Jo Christensen, Audubon, 2006	573
Johanna Myers, Burlington Notre Dame, 2017	621	Rachel Leerar, West Hancock, 2019	573
Sharon Goodman, Crestwood, 2020	621	Angie Froehlich, Algona Garrigan, 2000	569
Shelley Sheetz, Cedar Rapids Kennedy, 1991	620	Sam Stewart, Mount Ayr, 2020	568
Ashtyn Veerbeek, Western Christian, 2018	619	Kayla Waskow, Dunkerton, 2007	567
Jody Dean, Postville, 1995	618	Laney Pilcher, Jesup, 2023	566
Jodi Putman Bellevue 1995	618	Sienna Durr, Grinnell, 2018	565
Elisha Turek, CB Abraham Lincoln, 2003	616	Alexis Conaway, MOC-Floyd Valley, 2014	565

Molly Tideback, Waterloo Columbus, 1988	564
Aimee Osborne, Sidney, 2010	562
Rachel Binneboese, MOC-Floyd Valley, 1997	562
Stephanie Rich, Washington, 2001	562
Jamie Armstrong, Essex, 1997	561
Olivia Mennen, Hampton-Dumont, 1995	561
Kate Hanneman, Center Point-Urbana, 1995	561
Audi Crooks, Algona Garrigan, 2021	560
Zoey Artist, CAM, 1997	560
Jennifer Gries, Elk Horn-Kimballton, 1999	559
Mallory McCall, West Monona, 2020	558
Amber Smith, East Union, 2002	557
Amy Larson, Denison-Schleswig, 2004	557
Sara Stribe, Carroll, 1998	556
Carleigh Paup, Paton-Churdan, 2015	555
Shelli Mosman, Carroll, 2006	554
Tricia Floyd, Vinton, 1988	554
Margo Muhlbaurer, IKM, 2004	554
Jessica Gerhart, Sentral, 2003	554
Liz McBride, Moravia, 1997	553
Rachel Yeggy, Highland, 2006	553
Brittany Lange, Sac City, 2005	553
Anne O'Neil, Cedar Rapids Kennedy, 1997	552
Christa Subbert, Stanton, 2007	552
KJ Veldman, Spirit Lake, 2012	551
Kristin Turk, Des Moines Lincoln, 2007	551
Jill Martin, Norwalk, 2002	551
Kerri Delaney, Waterloo West, 1992	551
Elizabeth Sneed, Malvern, 2003	550
Kylie Williamson, Bondurant-Farrar, 1999	550
Christy Holtkamp, Central Lee, 1993	550
Jessie Pauley, OA-BCIG, 2011	550

### Junior Leaders

Jennifer Jorgensen, SE Webster-Grand	804
Caitlin Clark, Dowling Catholic, 2019	781
Deb Remmerde, Rock Valley, 2002	770
Elle Ruffridge, Pocahontas Area, 2016	766
Jennifer Goetz, Keokuk Cardinal Stritch, 2002	739

### Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	733
Deb Remmerde, Rock Valley, 2001	667
Jennifer Jorgensen, Southeast Webster-Grand	653
Kary Dawson, Sibley-Ocheyedan, 1995	644
Kala Kuhlmann, Charter Oak-Ute, 2004	643

### Freshman Leaders

Audi Crooks, Bishop Garrigan, 2020	626
Elle Ruffridge, Pocahontas Area, 2014	612
Liz Trauger, Twin River Valley, 2003	609
Lindsay Hoehns, Twin Cedars, 2007	576
Anne O'Neil, Cedar Rapids Kennedy, 1997	552

## CAREER FIELD GOAL PERCENTAGE

Tammi Blackstone, Cherokee, 1996	869-1168	.744
Sharon Goodman, 2020	785-1099	.714
Angella Welch, DM Lincoln, 1996	352-493	.714
Erin Wibholm, West Marshall, 2001	666-942	.707

Nina Smith, Waterloo West, 1999	831-1169	.702
Lisa Reitsma, Western Christian, 1994	389-561	.693
Tonia Tauke, CB Abraham Lincoln, 1996	576-837	.688
Ellie Peterson, Cedar Falls, 2002	733-1074	.682

## FIELD GOAL PERCENTAGE

### Yearly Leaders

2023 — Audi Crooks, Bishop Garrigan	27	401-533	.752
2022 — Gracie Schoonhoven, U Christian	26	267-367	.728
2021 - Lexi Protzman, DC Grimes	24	68-95	.716
2020 - Sharon Goodman, Crestwood	23	269-366	.735
2019 — Sharon Goodman, Crestwood	21	210-302	.695
2018 — Sharon Goodman, Crestwood	26	228-305	.748
2017 — Aimee Adams, Kuemper Catholic	23	141-195	.723
2016 — Beth Atwood, Pekin	25	189-267	.708
2015 — Grace Berg, Indianola	22	136-199	.683
2014 — Bailey Kibsgaard, Clear Lake	25	87-132	.659
2013 — Aftin Phyfe, Waverly-Shell Rock	25	141-199	.709
2012 — Kellie Schmit, West Hancock	26	165-237	.696
2011 - Kiah Stokes, Linn-Mar	25	259-375	.691
2010 — Carli Tritz, Sioux City Heelan	27	242-367	.659
2009 — Kiah Stokes, Linn-Mar	25	173-245	.714
2008—Kristen Twait, Manson-NW Webster	23	97-140	.693
2007—McKenya Johnson, DM Roosevelt	21	92-134	.690
2006—Jessica Hunecke, Cherokee	26	173-245	.706
2005—Michelle Lund, Heelan Catholic	16	145-164	.884
2004—Stephanie Chelleen, DM Lincoln	23	177-348	.714
2003—Jenny Bridgewater, Benton	19	105-152	.691
2002—Ellie Peterson, Cedar falls	21	168-240	.700
2001—Erin Wibholm, West Marshall	25	180-235	.766
2000--Erin Wibholm, West Marshall	27	201-278	.723
1999--Nina Smith, Waterloo West	26	279-364	.766
1998--Brie Noonan, Maquoketa Valley	19	106-140	.757
1997--Casey Spree, Aplington-Parkersburg	19	169-236	.716
1996--Tammi Blackstone, Cherokee	21	256-33	.769
1995--Tammi Blackstone, Cherokee	20	255-324	.787
1994--Tammi Blackstone, Cherokee	20	228-311	.733
1993--Lisa Reitsma, Western Christian	24	177-245	.722
1992--Kerri Delaney, Waterloo West	23	235-346	.679
1991 --Sarah Pearson, WDM Dowling	12	117-178	.657
1990--Lisa Freese, Norway	20	183-27	.685
1989--Katie McFadden, Marshalltown	20	136-190	.716
1988--Molly Tideback, Waterloo Columbus	25	227-354	.641
1987--Molly Tideback, Waterloo Columbus	26	288-421	.684
1986--Robin Threatt, CR Jefferson	27	130-212	.613
1985--Juli Campbell, Linn-Mar	26	183-319	.574

### All-Time Leaders

Michelle Lund, Sioux City Heelan, 2005	16	145-164	.884
Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Tammi Blackstone, Cherokee, 1996	21	256-330	.769
Erin Wibholm, West Marshall, 2001	25	180-235	.766
Nina Smith, Waterloo West, 1999	26	279-364	.766
Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Katie Greller, MOC-Floyd Valley, 1996	19	79-103	.753
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Sharon Goodman, Crestwood, 2020	23	269-366	.735
Tammi Blackstone, Cherokee, 1994	20	228-311	.733

Kim Hanson, Cedar Falls, 2001	26	176-241	.730
Alison Magel, Pella, 1996	13	75-103	.728
Erin Wibholm, West Marshall, 2000	23	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Kelly Erickson, Midland, 1995	20	163-226	.721
Michelle Burvee, Waterloo Columbus, 1998	23	188-261	.720
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stokes, Linn-Mar, 2009	25	173-246	.717
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Katie McFadden, Marshalltown, 1989	20	136-190	.716
Shari Davis, Denver, 1999	27	216-302	.715
Stephanie Chelleen, DM Lincoln, 2004	23	177-348	.714
Aftin Phylfe, Waverly-Shell Rock	25	141-199	.709
Shari Davis, Denver, 1997	23	161-227	.709
Andrea Milner, Griswold, 1998	17	85-120	.708
Beth Atwood, Pekin, 2016	25	189-267	.708
Morgan Middleton, Clarion-Gold-Dows, 2021	22	106-150	.707
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Grace Boffeli, North Scott, 2020	25	270-382	.707
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Audi Crooks, Algona Garrigan, 2021	27	240-341	.704
Aimee Adams, Kuemper Catholic, 2018	20	109-155	.703
Danielle Hoyle, Paton-Churdan, 2021	22	215-306	.703
Shari Davis, Denver, 1998	21	155-221	.701
Ellie Peterson, Cedar Falls, 2002	21	168-240	.700
Kelsey Sukovaty, Manson-NW Webster	21	152-217	.700

### Junior Leaders

Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Erin Wibholm, West Marshall, 2000	27	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Aimee Adams, Kuemper Catholic, 2018	20	109-155	.703

### Sophomore Leaders

Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Tammi Blackstone, Cherokee, 1994	20	228-311	.733
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stoekes, Linn-Mar, 2009	25	173-246	.717

### Freshman Leaders

Michelle Lund, Heelan Catholic, 2005	16	145-164	.884
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Amanda Zimmerman, Ballard, 2006	27	207-296	.697
Grace Berg, Indianola, 2015	22	136-199	.683

## TOTAL FIELD GOALS

### Season Leaders

Audi Crooks, Bishop Garrigan, 2023	27	401-533	.752
Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Trisha Heiden, NE Hamilton, 1995	27	309-493	.627
Abby Roe, Van Buren, 1996	21	307-703	.437
Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Karen Schulte, CR Jefferson, 1993	27	297-469	.633
Amber Harrington, Davenport North, 2010	21	296-589	.503
Jennifer Jorgensen, SE Webster-G, 2008	26	296-481	.615

Lindsey Meder, Solon, 1998	27	295-479	.616
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Elle Ruffridge, Pocahontas Area, 2017	28	287-493	.582
Jennifer Goetz, Cardinal Stritch, 2003	16	287-450	.637
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Audi Crooks, Bishop Garrigan, 2022	28	284-393	.723
Brenda Frese, CR Washington, 1988	26	282-496	.569
Nina Smith, Waterloo West, 1999	26	279-364	.766
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Janel Grimm, Montezuma, 1994	24	276-424	.651
Ashley Joens, Iowa City High, 2018	26	275-445	.618
Caitlin Clark, Dowling Catholic, 2020	23	271-532	.509
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Grace Boffeli, North Scott, 2020	25	270-382	.707
Sharon Goodman, Crestwood, 2020	23	269-366	.735
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Jessica Nikkel, Lynnville-Sully, 1999	29	268-399	.672
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Gracie Schoonhoven, Unity Christian, 2022	26	267-367	.728
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Ann Cavey, North Cedar, 1998	25	265-416	.637
Nicole Miller, North Linn, 2015	27	264-489	.540
Trisha Heiden, NE Hamilton, 1994	24	260-414	.628
Jody Dean, Postville, 1995	24	260-560	.464
Jodi Putman, Bellevue, 1995	24	260-430	.605

### Junior Leaders

Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409

### Sophomore Leaders

Deb Remmede, Rock Valley, 2001	27	268-493	.544
Kala Kuhlmann, 2004, Charter Oak-Ute	23	255-480	.531
Molly Tideback, Waterloo Columbus, 1986	25	251-410	.612
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Jennifer Jorgensen, SE Webster, 2006	26	244-411	.593

### Freshman Leaders

Audi Crooks, Bishop Garrigan	27	270-382	.707
Liz Trauger, Twin River Valley, 2003	24	228-367	.621
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Elle Ruffridge, Pocahontas Area, 2014	25	200-406	.493
Brittany Heins, Postville, 2003	24	198-319	.621

## FIELD GOALS ATTEMPTED

### Season Leaders

Abby Roe, Van Buren, 1996	21	307-703	.437
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Amber Harrington, Davenport North, 2010	21	296-589	.503
Isabel Manning, Van Buren Co., 2021	22	255-581	.439
Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Jody Dean, Postville, 1995	24	260-560	.464

Shelley Sheetz, CR Kennedy, 1991	27	249-551	.452
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Alison Lucy, Treynor, 1994	28	256-544	.471
Emilee Earlywine, West Harrison, 2013	23	149-543	.274
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Audi Crooks, Bishop Garrigan	27	401-533	.752
Caitlin Clark, Dowling Catholic, 2020	23	271-532	.509
Belle Dingus, Heartland Christian, 2020	22	174-529	.329
Kary Dawson, Sibley-Ocheyedan, 1996	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435
Kami Kuh Iman, Charter Oak-Ute, 2007	22	194-526	.368

### Junior Leaders

Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Kary Dawson, Sibley-Ocheyedan, 1966	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435
Margo Muhlbauer, IKM, 2005	27	257-506	.508

### Sophomore Leaders

Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Caitlin Clark, Dowling Catholic, 2018	23	221-491	.450
Tashika Lewis, DM North, 1992	23	161-487	.331

### Freshman Leaders

Nakia Ollivierre, AGWSR	25	198-511	.387
Lindsay Anderson, New London, 1993	20	147-450	.327
Macy Williams, Fredmont-Mills, 2012	23	135-442	.305
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500
Chrislyn Carr, Davenport West, 2015	21	167-417	.400

## CAREER FREE THROW PCT

Deb Remmerde, Rock Valley, 2003	257-269	.955
Jaime Printy, Linn-Mar, 2009	319-360	.886
Erin Richards, Mason City, 1998	330-375	.880
Riley Kilbride, Burlington Notre Dame, 2016	301-343	.878
Grace Flanagan, North Linn, 2020	249-286	.871
Mary Berdo, Washington, 1996	410-484	.847
Zoe Kennedy, Linn-Mar (2020-23)	144-170	.847
Paige Greiner, Williamsburg, 2014	271-321	.844
Kayba Laube, Marion, 2020	213-254	.839
Kaisha Brown, Spirit Lake, 2008	257-307	.837
Kelsey Bolte, Battle Creek-Ida Grove	305-370	.824
Julie Rittgers, WDM Valley, 1991	331-402	.823
Jessica Leix, Newton, 1994	196-239	.820
Erin Maher, Davenport Assumption, 1985	283-346	.818

## FREE THROW PERCENTAGE

### Yearly Leaders

2023 — Savannah Gage, Ankeny	15	60-68	.882
2022 — Andie Westlake, Iowa City High	24	70-81	.864
2021 — Maggie Phipps, Ankeny Cent.	19	58-63	.921
2020 — Kayba Laube, Marion	23	63-70	.900
2019 — Grace Flanagan, North Linn	23	61-68	.897
2018 — Rylie Rucker, North Scott	23	55-62	.887

2017 — Krystal Tranel, Dubuque Wahlert	16	65-70	.916
2016 — Riley Kilbride, Burlington ND	25	105-116	.905
2015 — Riley Kilbridge, Burlington ND	25	85-93	.914
2014 — Grace VanderWeide, WDM Valley	24	80-87	.920
2013 — Paige Greiner, Williamsburg	24	80-89	.899
2012 - Liz Skotowski, Mount Vernon	22	45-48	.938
2011 — Paige Greiner, Williamsburg	24	59-69	.855
2010 — Andrea Anderson, MOC-Floyd Valley	23	41-46	.891
2009 — Jaime Printy, Linn-Mar	25	91-101	.911
2008 — Jaime Printy, Linn-Mar	25	99-110	.900
2007 — Mindy Hutchcroft, AGWSR	25	62-69	.900
2006 — Katelyn McCuniff, W. Columbus	14	79-84	.941
2005 — Ally Weaver, Iowa City West	21	61-70	.871
2004 — Chelsie Luhning, Grundy Center	25	77-85	.906
2003 — Sam Reiser, Waukon	19	58-60	.967
2002 — Deb Remmerde, Rock Valley	29	83-84	.988
2001 — Deb Remmede, Rock Valley	27	66-69	.957
2000 — Jenny Laursen, Sac City	19	76-89	.854
1999 — Erica Junod, Ankeny	27	122-142	.859
1998 — Erin Richards, Mason City	19	73-76	.961
1997 — Erin Richards, Mason City	22	103-120	.858
1996 — Mary Berdo, Washington	25	160-181	.884
1995 — Mary Berdo, Washington	23	121-139	.871
1994 — Mindi Andringa, Pella Christian	20	48-52	.923
1993 — Melissa Krueger, Lone Tree	21	54-65	.831
1992 — Melissa Krueger, Lone Tree	22	57-62	.919
1991 — Julie Rittgers, WDM Valley	18	108-120	.900
1990 — Terry Whitlow, Louisa-Muscatine	17	55-65	.846
1989 — Lori French, CB Abraham Lincoln	17	35-42	.833
1988 — Erin Maher, Davenport Assumption	22	117-137	.854
1987 — Brenda Frese, CR Washington	23	78-89	.876
1986 — Sue Beavers, WDM Valley	18	60-74	.811
1985 — Linda Hillebrand, Davenport West	20	42-48	.875

### All-Time Leaders

Deb Remmerde, Rock Valley, 2002	29	83-84	.988
Sam Reiser, Waukon, 2003	19	58-60	.967
Erin Richards, Mason City, 1998	19	73-76	.961
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Deb Remmerde, Rock Valley, 2003	29	79-83	.951
Katelyn McCuniffs, W'loo Columbus, 2006	14	79-84	.941
Liz Skotowski, Mount Vernon, 2012	22	45-48	.938
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
Krystal Tranel, Dubuque Wahlert, 2017	16	65-70	.929
Grace Vander Weide, WDM Valley, 2014	25	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Elle Ruffridge, Pocahontas Area, 2017	28	109-119	.916
Riley Kilbridge, Burlington Notre Dame, 2015	25	85-93	.914
Riley Kilbride, Burlington Notre Dame, 2016	25	105-116	.905
Chelsie Luhning, Grundy Center, 2004	25	77-85	.906
Bridget O'Malley, Dowling Catholic, 2003	23	47-52	.904
Elle Ruffridge, Pocahontas Area, 2016	27	140-155	.903
Amy Hamilton, Ames, 2006	20	64-71	.901
Kayba Laube, Marion, 2020	23	63-70	.900
Jaime Printy, Linn-Mar, 2008	25	99-110	.900
Julie Rittgers, WDM Valley, 1991	18	108-120	.900
Paige Greiner, Williamsburg, 2013	24	80-89	.899
Mindy Hutchcroft, AGWSR	25	62-69	.899
Grace Flanagan, North Linn, 2019	23	61-68	.897
Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.893
Jessie Pauley, OA-BCIG, 2012	27	98-110	.891

Andrew Anderson, MOC-Floyd Valley, 2010	23	41-46	.891
Alicia Wright, Urbandale, 2007	23	58-65	.890
Tiffany Reedy, Union, 2002	24	89-100	.890
Amanda Brainerd, Central DeWitt, 2016	20	88-99	.889
Casey Huber, Denver, 2004	25	80-90	.889
Lucy Montgomery, WDM Valley, 2010	23	80-90	.889
Lindsey Meder, Solon, 1998	27	94-106	.887
Rylie Rucker, North Scott, 2018	23	55-62	.887
Liz Reschly, Davenport Central, 1992	15	62-70	.886
Haley Rasmussen, Atlantic, 2020	23	78-88	.886
Nicole McDermott, Cascade, 2019	25	85-96	.885
Taylor McBroom, Mormon Trail	17	46-52	.885
Codee Myers, Ankeny, 2016	20	69-78	.885
Mary Berdo, Washington, 1996	25	160-181	.884
Erin Richards, Mason City, 1996	21	83-94	.883
Savannah Gage, Ankeny	15	60-68	.882
Kassidi Steel, North Mahaska, 2018	32	59-67	.881
Caroline Waite, Ames, 2019	22	52-49	.881
Grace Renaud, Iowa Falls-Alden	21	74-84	.881
Kelli Goodrich, Iowa City West, 2007	21	44-50	.880
Natalie Moon, Denver, 2004	25	73-83	.880
Mollie Sir, Crestwood, 2009		51-58	.879
Michelle Junod, Ankeny, 1996	22	94-107	.879
Taylor Houska, East Sac Country, 2019	23	86-98	.878
Laken Lienhard, Crestwood, 2020	23	50-57	.877
Dani Craig, Iowa City West, 2013	24	50-57	.877
Brenda Frese, CR Washington, 1987	23	78-89	.876
Linda Hillebrand, Davenport West, 1987	23	78-89	.876

### Junior Leaders

Deb Remmerde, Rock Valley	29	83-84	.988
Krystal Tranel, Dubuque Wahlert	16	65-70	.923
Grace Vander Weide, WDM Valley, 2014	24	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Riley Kilbride, Burlington-ND, 2015	25	85-98	.914

### Sophomore Leaders

Sam Reiser, Waukon, 2003	19	58-60	.967
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
LaTracia Ceaser, Waterloo West	22	67-75	.893
Erin Richards, Mason City, 1996	21	83-94	.883

### Freshman Leaders

Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.890
Paige Greiner, Williamsburg, 2011	24	59-69	.855
Erin Richards, Mason City, 1995	22	71-85	.835
Jenna Twedt, Benton, 2020	22	102-124	.823
Shelby Schmidt, Battle Creek-IG, 2004	25	55-67	.821

## TOTAL FREE THROWS

### Season Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 14	23	216-290	.745
Ashley Joens, Iowa City High, 2018	26	204-254	.803
Jennifer Jorgensen, SE Webster-Grand, 08	26	197-258	.764
Rachele Clark, DM East, 1991	21	190-252	.754
Maclayn Houston, West Harrison, 2023	23	189-289	.654
Shelby Hembera, CValley Christian, 2014	23	184-302	.609

Johanna Myers, Burlington-ND	25	182-200	.910
London Vais, Adair-Casey, 2014	27	181-215	.842
Abbey Bence, West Burlington, 2023	22	179-222	.806
Kaylee Mehrhoff, Centerville, 2010	23	178-225	.791
Kelsie Hoehns, Twin Cedars	23	175-224	.778
Grace Boffeli, North Scott, 2020	25	174-227	.767
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Allison Bailey, Kingsley-Pierson, 2017	26	164-202	.812
Autumn Barthelman, Sigourney, 2017	25	164-242	.678
Courtney Strait, CR Kennedy, 2012	23	162-196	.827
Jayne Olson, Bettendorf, 1994	25	161-214	.752
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Mary Berdo, Washington, 1996	25	160-181	.884
Holly Hinderman, Mason City Newman	24	158-213	.742
Sara Goodman, West Marshall, 2003	21	158-206	.767
Liz Trauger, Twin River-Valley, 2005	27	157-196	.801
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Amy Meggers, IKM, 2000	28	157-208	.755
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Makenzie Zeitler, Van Buren, 2012	23	156-211	.739
Jenna Hopp, Glenwood, 2023	25	156-220	.709
Missy Miller, Tipton, 2008	22	156-232	.672
Malarie Ross, Fort Madison, 2022	22	156-207	.754
Ellen Gallagher, Woodbury Central, 2014	25	154-189	.815
Bobbi Bayer, Eddyville-Blakesburg	23	154-195	.790
Amber Sobotka, Diagonal, 1998	22	154-211	.730
Courtney Burr, Lone Tree, 2010	24	154-224	.688
Kristyn Ferris, Charles City, 2004		154	
Steffi Cunard, Heartland Christian, 2014	24	153-185	.827
Sarah Yeager, Cardinal, 2009	24	153-234	.654
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Ivy Swarthout, Chariton, 2018	22	152-180	.844
Jordan Henningsen, 2011	21	152-189	.804
Ashtyn Veerbeek, Western Christian, 2017	26	151-188	.803
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Tiffany Treiber, Maple Valley-A0, 2004	20	151-238	.634
Rhonda Wenzel, CAL, 1994	20	151-246	.614

### Junior Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Maclayn Houston, West Harrison	23	189-289	.654
Shelby Hembera, Heartland Christian, 2014	22	184-302	.609
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661

### Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Kaylee Mehrhoff, Centerville, 2008	23	146-186	.785

### Freshman Leaders

Ashley Joens, Iowa City High, 2015	23	160-228	.702
Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693
Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.893

## FREE THROWS ATTEMPTED

### Season Leaders

Shelby Hembera, Cedar Valley Christian, 14	22	184-302	.609
Jennifer Jorgensen, SEW-Grand, 2007	27	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 2014	23	216-290	.745
Natalie Deming, North Mahaska, 2006		136-290	.469
Maclayn Houston, West Harrison, 2023	23	189-289	.654
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SW Webster-Grand, 2008	26	197-258	.763
Ashley Joens, Iowa City High, 2018	26	204-254	.803
Rachele Clark, DM East, 1991	23	190-252	.754
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rhonda Wenzel, CAL, 1994	20	151-246	.614
Autum Barthelman, Sigourney, 2017	25	164-242	.687
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Tiffany Treiber, Maple Valley-AO, 2004	20	151-238	.634
Sara Stribe, Carroll, 1997	26	143-236	.606
Sarah Yeager, Cardinal, 2009	24	153-234	.654
Cortney Kettman, Bell. Marquette, 2000	23	109-233	.468
Missy Miller, Tipton, 2008	22	156-232	.672
Lindsay Hoehns, Twin Cedars, 2009	22	149-231	.645
Cortney Kettman, Bell. Marquette, 2001	23	123-231	.532
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Grace Boffeli, North Scott, 2020	25	174-227	.767
Katelin Adams, North Iowa, 2019	22	128-227	.564
Kaylee Merrhoff, Centerville, 2010	23	178-225	.791
Karen Hutson, Logan-Magnolia	24	143-225	.636
Kelsie Hoehns, Twin Cedars, 2006	23	175-224	.777
Brooke Bennett, Twin River Valley, 2011	23	135-223	.605
Courtney Burr, Lone Tree	24	154-223	.688
Abbey Bence, West Burlington, 2023	23	179-222	.806
Dianna Porzio, CAL, 2016	21	114-221	.516
Jenna Hopp, Glenwood, 2023	25	156-220	.709

### Junior Leaders

Shelby Hembera, C Valley Christian, 2014	22	184-302	.609
Jennifer Jorgensen, SE Webster-Grand, 2007	27	232-291	.797
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Autum Barthelman, Sigourney, 2017	25	164-242	.678
Sara Stribe, Carroll, 1997	26	143-236	.606

### Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Rachel Gosselink, Iowa Christian, 2004	22	124-206	.602
Amy Breen, Fairfield, 1992	16	123-206	.597

### Freshman Leaders

Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Rachel Gosselink, Iowa Christian, 2003	21	131-206	.636
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693
Kelsey Cermak, Norwalk, 2004	23	122-187	.652

## CAREER THREE POINT GOALS

Elle Ruffridge, Pocahontas Area, 2017	466
Deb Remmerde, Rock Valley, 2003	353
Maya Johnson, Mediapolis, 2019	327
Laura TerHark, Algona, 2011	321
Kayba Laube, Marion, 2020	317
Caitlin Clark, Dowling Catholic, 2020	283
Jenna Boelter, Algona Garrigan 2018	278
Ellie Friesen, Osage/Crestwood, 2018	270
Sam Abens, Knoxville, 2010	268
Grace Flanagan, North Linn, 2020	263
Abbey Holmes, Algona, 2020	262
Brittany Lange, Sac City, 2005	260
Chandra Zomermaand, Unity Christian, 2016	258
Jill Walters, North Scott, 2006	255
Kali Rasmussen, IKM-Manning, 2015	253
Mia Boulton, Montezuma, 2020-23	252
Brittany Fish, Marion, 2010	250
Molly Joyce, Algona Bishop Garrigan (2020-23)	249
Maggie Phipps, North Polk/Ankeny Centennial (2018-21)	244
Sarah Matus, Springville, 2015	239
Ashley Zobel, OA-BCIG, 2011	236
Jordan Waddell, Guthrie Center, 2007	235
Madeline Wilkins, Grinnell, 2017	233
Kelli Freeman, WDM Valley, 2000	231
Mary Berdo, Washington, 1996	229
Kelcie Bormann, Preston, 2011	228
Megan Meyer, Mason City, 2019	227
Erin Goldsmith, Dallas Center-Grimes (2005-2008)	224
Maya Johnson, Mediapolis, 2018	221
Lori Nowachek, Midland, 2001	221
Ally Jensen, Ballard 2009	220
Janey Botkins, Durant (2013-16)	220
Kandy Beemer, Bedford (2002-05)	218
Wendi Sobaski, Pekin, 1997	215
Payton Beckman, Panorama (2019-22)	213
Maya McDermott, Johnston (2017-20)	212
Haley Vesey, Indianola (2014-17)	212
Beth Ehlers, Sioux Central, 2007	212
Kelly Friedrich, Ames (2016-18)	210
Taylor Feldman, West Liberty	210
Madison Camden, Glenwood (2019-22)	209
Haidyn Hull, Grinnell (2020-23)	208
Samantha Harrington, Nashua-Plainfield, 2007	209
Madison Camden, Glenwood (2019-22)	209
Emily Ivory, Bettendorf, 2018	209
Erica Schlotfeldt, Rock Valley, 2003	208
Mackenzie Rogers, Mediapolis, 2018	208
Jenna Clark, Roland-Story, 2018	208
Marly Bussa, Camanche, 2018	208
Josie Fleischmann, Ballard (2018-21)	208
Heather Lauman, Farragut, 2003	207
Madison Weekly, Benton, 2013	205
Rachel Mercer, Kingsley-Pierson, 2017	205
Justine Malenke, Unity Christian (2016-19)	204
Faith Troshynski, Manson-NW Webster, 2013-16)	203
Payton Bush, Mediapolis (2020-23)	202
Kenzie Cunard, Logan-Magnolia, 2014-18	202
Halli Poock, Waterloo West, 2020-23	200
Paityn Hagberg, Cherokee, 2014-18	200
Shayla Barnes, Roland-Story, 2009	200

Madison Dreckman, LeMars, 2019	199
Naomi Jackson, Grinnell, 2019	198
Stacy Frese, Cedar Rapids Washington, 1995	198
Kylie Vogel, Camanche, 2014	197
Jada Piercy, Spencer (2020-23)	197
Maddax DeVault, Nodaway Valley (2019-22)	198
Kary Dawson, Sibley-Ocheyedan, 1997	196
Johanna Myers, Burlington Notre Dame, 2017	196
Maddy Duncan, Sidney, 2020	195
Sydney Wycoff, Ankeny Centennial (2014-18)	193
Abby Flanagan, North Linn (2017-20)	193
Kia Rasmussen, IKM-Manning, 2018	192
Cassandra Jones, Van Meter 2017	192
Skylyr Stewart, Martensdale-St. Marys, 2020	192
Aubrie Fisher, AGWSR, 2019	191
Kennedy Core, Pleasantville, 2015	191
Jaydan Nitchals, Estherville-LC (2019-22)	190
Stephanie Rich, Washington, 2001	187
NaTracia Ceaser, Waterloo West 2019	187
Autumn McDanel, Moravia, 2016	186
Kamryn Reeg, Bellevue, 2018	186
Claire Ausman, Nevada, 2017	184
Stephanie Kunard, Logan-Magnolia (2015)	182
Melissa Krueger, Lone Tree (1990-93)	181
Rachel Leerar, West Hancock (2018-21)	181
Clair Lauterbach, Van Meter (2017-20)	180
Lauren Hedrick, Mason City Newman, 2010	179
Hannah Stafford, Pocahontas Area, 2014	178
Faith Vincent, Colo-Nesco, 2019	177
Casey Breitbart, Dubuque Hempstead, 2005	177
Melissa Krueger, Lone Tree, 1992	177
Cassandra Boston, Des Moines Hoover, 2006	176
Brook Witcher, Janesville, 2003	175
Emily Wassom, Spencer, 2008	175
Megan Linskens, Clarke, 2019	175
Jaeden Ferris, Westwood (2020-23)	175
Natalie Vance, Roland-Story, 2014	174
Payton Rhone, Colfax-Mingo, 2019	174
Alexis Bunkers, Remsen St. Marys', 2014	173
KJ Veldman, Spriti Lake, 2013	173
Alexis Bunkers, Remsen St. Mary's (2012-15)	173
Heather Laumann, Farragut, 2003	173
Lisa Frazier, Waterloo West, 2000-03	172
Emma Stewart, Newell-Fonda, 2019	172
Katie Keitges, Knoxville, 2020	171
Maci Overmhole, Kuemper Catholic, 2019	171
Ali Devries, Bellevue Marquette, 2005	171
Madelyn Jaeger, West Central Valley (2019-22)	170
Amy Stoll, Spalding Catholic, 2010	169
Kelsey Nickerson, Ottumwa, 2012	169
Aliyah Buscher, Algona, 2020	168
Ava Hawthorne, Gilbert, (2019-22)	168
Kaitlyn Tendal, Estherville-LC (2019-22)	168
Stella Charleston, Southeast Polk (2020-23)	168
Jaime Printy, Linn-Mar, 2009	168
Faith Meyer, Pocahontas Area, 2017	168
Mindy Petersen, EH-Kimballton, 1997	168
Mikkell Korver, MOC-Floyd Valley, 2001	166
Laura Knudtson, Lake Mills, 2018	166
Paige Willman, Remsen St. Mary's (2014-17)	166
Amy Young, Preston, 2001	165

Lori Nowachek, Midland, 2001	165
Haley Puk, Waterloo West, (2011-14)	165
Shea Fuller, West Des Moines Valley, 2019	165
Molly Sanders, Ames, 2015	164
Amy Huyser, Lynnville-Sully, 2000	164
Brittany Kozak, Belle Plaine, 2003	164
Brittany Lingenfelter, Jesup, 220	164
Emilee Danner, Ar-We-Ca, 2019	163
Erin Maher, Davenport Assumption, 1989	162
Mackenzie Roberts, Van Meter, 2017	162
Jessie Dirks, Monticello, 2004	162
Morgan Paige, Marion, 2010	162
Peyton Olson, Mason City Newman (2014-18)	162
Grace Vander Weide, West Des Moines Valley, 2015	161
Dani Thrush, Keokuk, 1995	160
Savanna Thornton, Bedford (2010-2013)	160

## TOTAL THREE POINT GOALS

### Yearly Leaders

2023 — Addison Klosterbuer, Central Lyon	25	99-218	.454
2022 — Mia Boulton, Montezuma	23	78-194	.402
2021 — Elise Boulton, Montezuma	25	73-166	.440
2020 — Kayba Laube, Marion	23	88-197	.447
2019 — Maya Johnson, Mediapolis	23	106-232	.457
2018 — Maya Johnson, Mediapolis	24	109-245	.445
2017 — Elle Ruffridge, Pocahontas Area	28	157-289	.543
2016 — Elle Ruffridge, Pocahontas Area	27	114-252	.452
2015 — Elle Ruffridge, Pocahontas Area	27	116-267	.434
2014 — Elle Ruffridge, Pocahontas Area	25	79-215	.367
2013 — Kali Rasmussen, IKM-Manning	25	82-197	.416
2012 — Emily Bell, Algona Garrigan	25	77-226	.341
2011 — Abbey Albrecht, Kuemper Catholic	25	74-168	.440
2010 — Laura TerHark, Algona	26	77-198	.389
2009 — Laura TerHark, Algona	24	85-214	.397
2008 — Laura TerHark, Algona	23	86-206	.417
2007 — Erin Goldsmith, DC-Grimes	22	68-145	.470
2006 — Jordan Waddell, Guthrie Center	23	77-238	.323
2005 — Brittany Lange, Sac City	25	86-186	.462
2004 — Amy Larson, Denison-Schleswig	25	80-192	.417
2003 — Deb Remmerde, Rock Valley	29	144-260	.541
2002 — Deb Remmerde, Rock Valley	29	91-155	.581
2001 — Jane Vandevanter, Guthrie Center	24	79-268	.295
2000 — Kelli Freeman, WDM Valley	19	93-252	.369
1999 — Kelli Freeman, WDM Valley	22	89-	
1998 — Alissa Julius, Unity Christian	17	63-151	.417
1997 — Mindy Petersen, EH-Kimballton	24	75-225	.333
1996 — Mary Berdo, Washington	25	76-176	.432
1995 — Mary Berdo, Washington	23	80-151	.530
1994 — Denise Wilson, Tri-Center	21	68-162	.420
1993 — Dani Thrush, Keokuk	25	68-162	.420
1992 — Shelley Delger, DM Lincoln	23	61-133	.459
1991 — Melissa Krueger, Lone Tree	19	60-124	.484
1990 — Lynette Seaton, Anamosa	20	51-148	.345
1989 — Erin Maher, Dav. Assumption	21	70-139	.504
1988 — Alisha Smith, Waterloo Central	19	43-121	.355
1987 — Erin Maher, Dav. Assumption	21	70-139	.504
1986 — Tracy Fazio, WDM Valley	19	26-59	.441
1985 — Chris Seastrand, Dub. Hempstead	22	12--	

## All-Time Single Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Maya Johnson, Mediapolis, 2019	23	106-232	.438
Addison Klosterbuer, Central Lyon, 2023	25	99-218	.454
Jenna Boelter, Bishop Garrigan, 2018	25	96-230	.417
Kelli Freeman, WDM Valley, 2000	22	93-252	.369
Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Peyton Bush, Mediapolis, 2023	24	91-216	.421
Kayba Laube, Marion, 2019	25	90-194	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Kelli Freeman, WDM Valley, 1999	22	89-	
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Kayba Laube, Marion, 2020	23	88-197	.447
Sierra Mitchell, Southeast Polk, 2017	23	88-231	.381
Skylyr Stewart, Martensdale-St. Marys, 2020	27	87-200	.435
Laura TerHark, Algona, 2008	23	86-206	.417
Brittany Lange, Sac City, 2004	25	86-186	.472
Erica Schlotfeldt, Rock Valley, 2002	29	85-171	.497
Laura TerHark, Algona	24	85-214	.397
Caitlin Clark, Dowling Catholic, 2020	23	84-211	.398
Johanna Myers, Burlington-ND, 2017	25	83-249	.333
Kali Rasmussen, IKM-Manning, 2013	25	82-197	.416
Grace Flanagan, North Linn, 2019	23	82-207	.396
Brooke Witcher, Janesville, 2002	23	82-218	.376
Katie Rung, FM Aquinas, 2003	24	82-234	.350
Karly Boettcher, Sioux Central, 2020	23	81-202	.401
Mandy Willems, AGWSR, 2018	23	81-172	.471
Madeline Wilkins, Grinnell, 2017	24	81-181	.448
Ava Eastlick, Eddyville-B--Fre., 2023	25	81-231	.351
Sarah Matus, Springville, 2015	27	80-179	.447
Janey Botkins, Durant, 2016	24	80-193	.415
Mary Berdo, Washington, 1995	23	80-151	.530
Amy Larson, Denison-Schleswig, 2004	25	80-192	.417
Justine Malenke, Unity Christian, 2019	25	80-197	.406
Jada Piercy, Spencer, 2023	23	80-233	.343
Kennedy Wallace, Iowa City Regina, 2018	26	79-207	.382
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Yazmeen Whitsitt, Decorah, 2023	24	79-195	.405
Maggie Phipps, North Polk, 2019	26	79-213	.436
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Taylor Houska, East Sac, 2018	22	78-201	.388
Anna Brown, Waukee, 2018	24	78-184	.424
Denise Wilson, Tri-Center, 1994	21	78-288	.342
Katie Kutzman, East Marshall, 2005	25	78-177	.440
Mia Boulton, Montezuma, 2022	23	78-194	.402
Madeline Wilkins, Grinnell, 2015	23	78-195	.400
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	.421
Abby Holmes, Algona, 2018	24	77-195	.395
Grace Flanagan North Linn, 2020	27	78-162	.481
Mia Hoogeveen, West Lyon, 2018	23	77-206	.374
Laura TerHark, Algona, 2010	26	77-198	.389
Erika Douma, Western Christian, 2014	28	77-206	.374
Hannah Stafford, Pocahontas Area, 2014	25	77-214	.360
Emily Bell, Algona Garrigan, 2012	25	77-226	.341
Jordan Waddell, Gurthrie Center, 2006	23	77-238	.323
Mary Crompton, Iowa City Regina, 2016	26	76-166	.458
Mary Crompton, Iowa City Regina, 2017	27	76-161	.472

Naomi Jackson, Grinnell, 2019	22	76-202	.376
Mackenzie Rogers, Mediapolis, 2016	22	76-189	.402
Morgan Miller, Iowa City Regina, 2023	26	76-177	.429
Sam Abens, Knoxville, 2010	24	76-198	.384
Abbey Albrecht, Kuemper Catholic, 2010	25	76-164	.463
Chandra Zomermaand, Unity Christian, 2015	27	76-175	.434
Darby Massner, Mediapolis	26	75-171	.439
Mary Berdo, Washington, 1996	25	76-176	.432
Jessie Pauley, OA-BCIG, 2012	27	75-173	.434
Heather Laumann, Farragut, 2003	22	75-190	.395
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Mindy Petersen, EH-Kimballton, 1997	24	75-225	.333
Ellie Friesen, Osage, 2016	25	75-173	.434
Payton Harmsen, Western Christian, 2016	27	75-197	.381
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	.349
Kylie Pickett, West Branch, 2023	24	75-242	.310

## Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Kayba Laube, Marion, 2019	25	90-195	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332

## Sophomore Leaders

Elle Ruffridge, Pocahontas, 2016	27	116-267	.434
Laura TerHark, Algona	24	85-214	.397
Kali Rasmussen, IKM-Manning	25	82-197	.416
Ava Eastlick, Eddyville-Blakesburg-Fre 2023	25	81-231	.351
Maggie Phipps, North Polk, 2019	26	79-213	.371

## Freshman Leaders

Laura TerHark, Algona, 2008	23	86-206	.417
Ellie Friesen, Osage, 2015	25	84-210	.400
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Ashley Zobel, Battle Creek-Ida Grove, 2008	23	72-168	.429
Nakia Ollivierre, AGWSR, 2023	25	71-217	.327

## THREE POINT GOAL ATTEMPTS

### Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Denise Wilson, Tri-Center, 1994	21	78-288	.271
Alayna Jarrett, Des Moines Hoover, 2023	24	50-279	.179
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Johanna Myers, Burlington-ND, 2017	25	83-249	.400
Laura TerHark, Algona, 2011	23	73-247	.296
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Kylie Pickett, West Branch, 2023	24	75-242	.310
Fallyn Beemer, Bedford, 2014	25	67-242	.277



Jordan Waddell, Guthrie Center, 2006		77-238	.324
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	.318
Katie Rung, FM Aquinas, 2003	24	82-234	.350
Addi Dekkers, West Sioux, 2023	23	72-234	.308
Jen Allen, Grinnell, 2005	24	73-233	.313
Jada Piercy, Spencer, 2023	23	80-233	.343
Maya Johnson, Mediapolis, 2019	23	106-232	.457
Sierra Mitchell, Southeast Polk, 2017	23	88-231	.381
Sydney Dryer, Pleasant Valley, 2014	23	72-231	.361
Ava Eastlick, Eddyville-Blakesburg-Fr., 2023	25	81-231	.351
Jenna Boelter, Algona Garrigan, 2018	25	96-230	.417
Jordan Waddell, Guthrie Center, 2005	25	73-229	.319
Clair Lauterbach, Van Meter, 2020	24	63-228	.276
Emily Bell, Algona Garrigan, 2012	25	77-226	.341
Mindy Petersen, EH-Kimballton, 1997	23	75-225	.333
Noella McKnight, East Union, 2023	22	59-224	.263
Kelli Freeman, WDM Valley, 2000	19	81-222	.365
Lauren Hedrick, Mason City Newman, 2008		52-220	.236
Madison Hough, GTRA, 2020	23	72-219	.329
Addison Klosterbuer, Central Lyon, 2023	25	99-218	.454
Allison Sievers, AHST, 1996	24	48-218	.220
Brooke Witcher, Janesville, 2002	23	82-218	.376
Molly Joyce, Bishop Garrigan, 2022	28	67-217	.309
Erin Wentzien, Gladbrook-Reinbeck, 2013	22	48-217	.220
Nakia Ollivierre, AGWSR, 2023	25	71-217	.327
Riley Lane, Grand View Christian, 2023	22	60-217	.276
Payton Bush, Mediapolis, 2023	24	91-216	.431
Kali Lasher, Charles City, 2013	23	58-215	.270
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Laura TerHark, Algona, 2009	24	85-214	.397
Lori Nowachek, Midland, 2000	22	69-214	.322
Maggie Phipps, North Polk, 2019	26	79-213	.371
Caitlin Clark, Dowling Catholic, 2020	23	84-211	.398
Allison Fast, Clarinda, 2016	22	58-210	.276
Ellie Friesen, Osage, 2015	25	84-210	.400
Jordan Waddell, Gurthrie Center, 2007		65-210	.323
Jenna Bork, Bishop Heelan, 2014	24	71-210	.338

### Junior Leaders

Alayna Jarrett, Des Moines Hoover, 2023	22	50-279	.179
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445

### Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Fallyn Beemer, Bedford, 2014	25	67-242	.277
Ava Eastlick, Eddyville-Blakesburg-F, 2023	25	81-231	.351
Jordan Waddell, Guthrie Center, 2005	25	73-229	.319
Laura TerHark, Algona, 2009	24	85-214	.397

### Freshman Leaders

Nakia Olivierre, AGWSR, 2023	25	71-217	.327
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Ellie Friesen, Osage, 2015	25	84-210	.400
Laura TerHark, Algona, 2008	23	86-206	.417
Molly Joyce, Bishop Garrigan	27	65-205	.317

## THREE POINT PERCENTAGE

### Season Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Erin Maher, Davenport Assumption, 1986	21	25-38	.658
Allison Noland, Belmond-Klemme	20	55-85	.647
Ariana Jackson, DM Roosevelt, 2021	12	36-56	.643
Courtni Regan, Durant, 2005	20	33-52	.635
Karrie Vander Sluis, Sheldon, 1995	20	32-52	.615
Karlin Sedlacek, CB Abraham Lin., 1990	24	46-75	.613
Andrea Schupbach, W'loo Columbus, 2006	11	17-28	.607
Su Ann Woods, Bennett, 2001	22	24-40	.600
Ashley Joens, Iowa City High, 2018	26	44-74	.594
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Carol Lawler, Northeast, 2002	17	17-29	.586
Carol Lawlor, Northeast, 2003	17	17-29	.586
Jenna Durr, Montezuma, 2006	24	25-43	.581
Deb Remmerde, Rock Valley, 2002	26	133-299	.581
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Shannon Pisney, Crestwood, 2018	26	30-52	.577
Theresa Doyle, Fort Dodge St. Edmond, 09	20	27-45	.574
Kelley Trimble, West Branch, 2012	23	39-68	.574
Mary Maeder, Pekin, 2009	21	35-61	.574
Mandy Haight, Winfield-Mt. Union, 1992	20	20-35	.571
Lacey Heiar, Preston, 2001	28	35-62	.565
Amber Banks, Martensdale-SM, 2002	21	39-69	.565
Slye Richardson, Interstate 35, 2016	23	54-96	.563
Jennifer Long, Centerville, 1995	17	36-64	.563
Cori Hutchison, DM Lincoln, 1991	9	19-34	.559
Stacy Schlumbohm, West Sioux, 1996	17	19-34	.559
Molly Joyce, Bishop Garrigan, 2022	28	67-217	.309
Erin Wentzien, Gladbrook-Reinbeck, 2013	22	48-217	.220
Nakia Ollivierre, AGWSR, 2023	25	71-217	.327
Riley Lane, Grand View Christian, 2023	22	60-217	.276

### Junior Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Kelley Trimble, West Branch, 2012	23	39-68	.574

### Sophomore Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Jennifer Long, Centerville, 1995	17	36-64	.563

### Freshman Leaders

Erin Maher, Davenport Assumption, 1986	21	25-38	.658
Theresa Doyle, Fort Dodge St. Edmond	20	27-47	.574
Lacey Heiar, Preston, 2001	28	35-62	.565
Anna Schmitt, Dubuque Wahlert, 2011	17	17-34	.529
Mary Berdo, Washington, 1993	21	38-72	.528

## THREE POINT GOALS PER GAME

## Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	5.60
Deb Remmerde, Rock Valley, 2003	29	144-260	4.97
Maya Johnson, Mediapolis, 2019	23	106-232	4.61
Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.3
Kelli Freeman, WDM Valley, 2000	22	93-252	4.23
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89	4.05
Addison Klosterbuer, Central Lyon, 2023	25	99-218	3.98
Jenna Boelter, Algona Garrigan, 2018	25	96-230	3.84
Sierra Mitchell, Southeast Polk, 2017	23	88-231	3.83
Kayba Laube, Marion, 2020	23	88-197	3.82
Payton Bush, Mediapolis, 2023	24	91-216	3.79
Tonya Clausen, Northeast, 1994	12	45-124	3.75
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Laura TerHark, Algona, 2008	23	86-206	3.74
Denise Wilson, Tri-Center, 1994	21	78-288	3.71
Alissa Julius, Unity Christian, 1998	17	63-151	3.71
Isabelle Gradwell, West Marshall, 2018	24	89-243	3.71
Caitlin Clark, Dowling Catholic 2020	23	84-211	3.65
Kayba Laube, Marion, 2019	25	90-195	3.60
Brooke Whitcher, Janesville, 2002	23	82-21	3.57
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	3.57
Grace Flanagan, North Linn, 2019	23	80-197	3.56
Beth Ehlers, Sioux Central, 2006	20	71	3.55
Laura Ter Hark, Algona 2009	24	85-214	3.54
Mandy Willems, AGWSR, 2018	23	81-172	3.52
Karly Boettcher, Sioux Central, 2020	23	81-202	3.52
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	3.50

## Junior Leaders

Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89-	4.05
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Kayba Laube, Marion, 2019	25	90-195	3.60

## Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.3
Laura TerHark, Algona, 2009	24	85-214	3.54
Mackenzie Rogers, Mediapolis, 2016	22	76-189	3.45
Kali Rasmussen, IKM-Manning, 2013	25	82-197	2.28
Brittany McKowen, Wapsie Valley	22	71-204	3.23

## Freshman Leaders

Laura TerHark, Algona, 2008	23	86-206	3.74
Ellie Friesen, Osage, 2015	25	84-210	3.36
Elle Ruffridge, Pocahontas Area	25	79-215	3.16
Ashley Zobel, Battle Creek-Ida Grove, 2008	23	72-168	3.13
Samanth Abens, Knoxville, 2007	22	65-158	2.95

## CAREER REBOUNDS

Rachel Yeggy, Highland (2002-2006)	1533
Jennifer Goetz, Cardinal Stritch (1999-2003)	1397
Audi Crooks, Algona Bishop Garrigan (2020-23)	1339
Hallie Christofferson, Exira (2005-2010)	1320
Kiah Stokes, Linn-Mar (2007-2011)	1239

Kate Hartman, Northwood-Kensett (2005-2010)	1227
Ann Cavey, North Cedar (1994-1998)	1196
Lindsay Hoehns, Twin Cedars (2005-2010)	1190
Jennifer Jorgensen, SE Webster-Grand (2005-08)	1184
Stacey Schutjer, WCLT (2005-2008)	1163
Anna Sweeting, Highland (2007-2011)	1134
Chelsea Poppens, Aplington-Parkersburg (2006-09)	1128
Jocelyn Coleman, Essex (2007-2010)	1124
Amanda Chizek, West Hancock (2017-20)	1118
Katie Dentlinger, Coon Rapids-Bayard (2009-2012)	1104
Malarie Gilley, East Greene (2007-2010)	1104
Kelsey Keizer, Okoboji (2002-2005)	1095
Nicole Strasko, Roland-Story (2006-2009)	1060
Mackenzie Morrison, Martensdale-SM (2007-11)	1046
Amy Herrig, Dubuque Senior (1991-1995)	1048
Erin Wibholm, West Marshall (1997-2001)	1045
Ashtyn Veerbeek, Western Christian (2014-18)	1041
Maddie Oliver, Roland-Story	1041
Nina Smith, Waterloo West (1995-1999)	1028
Ellie Peterson, Cedar Falls (1998-2002)	1019
Kelsey Fields, Creston (2018-21)	1019
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	1016
Serena Parker, Shenandoah (2011-2015)	1015
Alyson Stokes, Highland (2015-19)	1015
Chelsea Thomas, Pleasantville (2005-2008)	1012
Ann Straate, Postville (1998-2002)	1008
Jamie Boyd, Underwood (2000-2004)	1007
Jenny Jacobsen, Cedar Rapids Regis (1987-1991)	1007
Jessica Gerhart, Sentral (1999-2003)	1000
Beth Marvin, Preston (1997-2001)	999
Aimee Osborne, Sidney (2008-11)	996
Kinzee Hanson, Corwith-Wesley-LuVerne (1993-1997)	992
Jenny Noll, Muscatine (1988-1992)	989
Jessica Nikkel, Lynnville-Sully (1995-1999)	987
Lexy Koudelka, Nevada (2014-18)	985
Jill Foster, North Tama (1996-2000)	981
Kameo Pope, Belle Plaine (2010-2014)	981
Lori Trumblee, Starmont (1998-2002)	976
Leah Hetzler, Moulton-Udell (1996-2000)	974
Katelynn Tracy, Moravia (2010-2013)	974
Kelly Houser, Riceville (1999-2003)	958
Randi Peterson, Cedar Falls (1993-1997)	954
Jade Rogers, Cedar Rapids Kennedy (2005-2010)	952
Sylvia Amlie, Janesville (2010-14)	952
Amy Meggers, IKM (1996-2000)	951
Jasmine Demers, Storm Lake St. Marys (2010-2014)	948
Janie Schoonhoven, Unity Christian (2018-21)	942
Morgan Christner, New London (2012-15)	939
Jaci Christensen, Audubon (2019-22)	931
Abbie Hauptert, CMB (2011-14)	927
Anna Kiel, Unity Christian (2013-16)	927
Erica Armstrong, Clayton Ridge (2011-2015)	925
Rebecca Schroeder, Bellevue (2014-18)	925
Jessica Vander Kooi, Hinton (1999-2003)	923
Amber Kirschbaum, Spirit Lake (2006-2009)	914
Carah Drees, Westwood (2016-19)	908
Ashley Arlen, Cascade (2004-2008)	907
Jenna Sloan, East Buchanan (1999-2003)	903
Ashley Joens, Iowa City High (2014-18)	900
Sara Stribe, Carroll (1994-1998)	893
Shelly Hembera, Cedar Valley Christian (2011-2015)	893

Angie Schinstock, Central Lee (1996-2000)	891	Jenny Vogel, Jesup (1998-2002)	798
Mikaela Millslagle, Lamoni	891	Kari Fitzpatrick, Edgwood-Colesburg (2011-2015)	797
Wendy Ausdemore, Tri-Center (2002-2005)	886	Tori Michel, Marquette Catholic (2016-20)	796
Jessica Mennen, Hampton-Dumont (1996-2000)	886	Kayla Pirtle, CR Washington (1991-1995)	795
Linissa Bowman, Preston (1997-2001)	880	Heidi Hillyard, Mediapolis (2011-2015)	795
Lindsey Petersen, Missouri Valley (1997-2000)	877	Alissa Brown, Jesup (2010-2014)	795
Noreen Morrow, Harris-Lake Park (2010-2014)	877	Paige Spangenberg, Red Oak (2002-2006)	794
Tammi Blackstone, Cherokee (1992-1996)	875	Jessica Balek, Mason City Newman (2009-2012)	792
Rylee Voss, English Valleys (2011-2015)	875	Barb Franke, Cedar Falls (1987-1991)	792
Kristi Feldman, West Liberty (2009-2013)	871	Addison Hirschman, Kingsley-Pierson (2015-18)	792
Katie Morse, Tri-Center (1997-00)	870	Megan Keefe, Clear Lake (1999-2003)	791
Rachel Struve, South O'Brien (2010-1014)	869	Maureen Head, Iowa City West (1996-2000)	790
Stephanie Rich, Washington (1997-2001)	867	Tiffany Bormann, Preston (2005-2009)	788
Lexi Groe, Lake Mills (2014-18)	865	Erica Daniels, Moulton-Udell (1993-1997)	787
Beth Driscoll, Linn-Mar (1990-1994)	865	Olivia Godfrey, Panorama (2010-2014)	786
Chloe Lofstrom, North Union (2017-20)	860	Chelsey Dougherty, Belmont-Klemme (2002-2006)	786
Jill Eggers, West Marshall (1997-2001)	852	Jamie Cavey, North Cedar (1997-2001)	785
Madison Baier, South Tama (2009-12)	850	Kailey Jones, AHWSTW (2018-21)	785
Kayla Lincoln, West Central Maynard (2003-2007)	850	Ashlea Payne, Alta (1998-2002)	781
Kim Parker, Aurelia (1998-2002)	850	Jadeyn Smith, Ar-We-Va (2020-23)	780
Jena Blint, New London (2004-07)	847	Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	780
Kim Trine, Burlinglton Notre Dame (1994-1998)	845	Sarah Ryan, North Mahaska (2002-2005)	780
Pam Iverson, Denison-Schleswig (1994-1999)	844	Haleigh Hempen, Aplington-Parkersburg (2010-13)	780
Megan Frank, Keota (2003-2007)	842	Cari Kinzenbaw, HLV (1998-01)	779
Gabi French, Red Oak (2009-12)	842	Nicole VanderPol, Grundy Center (2002-2005)	778
Keri Hanson, CWL (1997-2001)	840	Miranda Murphy, North Polk (2010-2014)	777
Carly Pagel, Sumner-Fredericksburg (2009-2012)	840	Ellie Rischer, Benton (2003-2007)	776
Taylor Burdette, Central Lee (2010-2013)	838	Katie Schechinger, IKM/IKM-Manning (2006-2009)	776
Kelsey Johnkin, Sioux City West (2002-2006)	838	Jill Martin, Norwalk (1999-2003)	775
Rachel Thune, Des Moines Christian (2005-2008)	837	Alexis Conaway, MOC-Floyd Valley (2010-2014)	775
Jackee Meyer, Belmont-Klemme (2014-16)	835	Kelsie McClarron, South Page (2014-17)	774
Chelsea Goedken, Cascade (2000-04)	835	Stefanie Madsen, Sioux Central (2003-2006)	774
Lisa Kriener, St. Ansgar (1997-2001)	833	Alivia Ruble, Southeast Warren (2020-23)	773
Megan Peschong, Okoboji (2013-16)	833	Danielle Schlotterbeck, Central City (2006-10)	772
Betsy Funk, Urbandale (1998-2002)	831	Jessica Hunecke, Cherokee (2002-2006)	771
Haley Berminio, Belmont-Klemme (2017-20)	830	Rachele Clark, Des Moines East (1987-1991)	771
Madison Hillman, Saint Ansgar (2020-23)	830	Sara Hippen, Union (1997-2001)	770
Heidi Venghaus, Winfield-Mt. Union (1992-1996)	830	Ginny Gordon, Moulton-Udell (2004-2008)	770
Ashley Dugan, Edgwood-Colesburg (1999-2003)	828	Callie Kloubec, Springville (2006-2009)	769
Andrea Clark, Guthrie Center (2003-07)	827	Jocelyn Anderson, Prairie Valley (2002-2005)	768
Shari Davis, Denver (1995-1999)	819	Amanda Moser, Maple Valley-AO (1998-2001)	768
Kallyn Stumbo, Okoboji (2017-20)	819	Kendal Brown, Moravia (2013-2016)	767
Alysa Klein, Okoboji (2001-2004)	818	Olivia Sturgis, Manson-NW Webster (2020-23)	766
Natalie Nielsen, Akron-Westfield (2019-22)	817	Brooke Scharn, Sioux Central (2007-2010)	765
Megan Hendricks, Clear Lake (2000-2004)	817	Tiffany Reedy, Union (1999-02)	764
Kalee Modlin, Knoxville (1998-2002)	817	Abbie Miller, Highland (2016-19)	764
Sharon Goodman, Crestwood (2017-20)	817	Linda Lappe, Winfield-Mt. Union (1994-1998)	763
Jennifer Perkins, FD St.Edmond (1994-1998)	811	Aubrey Hauswirth, Pocahontas Area (2003-06)	763
Emily Cline, Harmony (1991-1995)	810	Katie Miller, Solon (1994-1998)	762
Shellie Mossman, Carroll (2003-2006)	809	Jessica Vanderleest, Solon (1996-1999)	762
Taryn Scheuermann, Van Buren County (2017-20)	807	Ali Rorah, Maquoketa (1998-2002)	761
Grace Berg, Indianola (2014-2018)	807	Megan Pretz, Columbus (2010-2013)	759
Casey Spree, Aplington-Parkersburg (1994-1998)	807	Lisa Gronoski, Waterloo Columbus (1986-1990)	758
Carolyn Holm, Sigourney (2007-2010)	805	Emily Newton, Diagonal (2016-19)	757
Taryn Knuth, Johnston (2014-17)	803	Megan Keefe, Clear Lake (1999-2003)	755
Rylee Eakins, Davis County (2010-2014)	802	Sara Hippen, Union (1997-2001)	753
Elsa Anderson, Des Moines Christian (2011-2015)	802	Logan Hughes, Shenandoah, 2019	753
Delanie Uppena, Midland (2016-19)	801	Gabby Ryerson, West Marshall (2013-16)	752
Lindsay Overman, Boyden-Hull (1997-2001)	801	Rachel Smith, Iowa Mennonite (1991-1995)	751
Logan Ehlers, Shenandoah (2014-2017)	799	Josie Kennicott, Union (2002-2006)	751
Beth Ingersoll, Villisca (2002-2005)	799	Mika Rodewald, Manson-NW Webster (2007-2010)	751

Kate Cline, Valley Community (1995-98)	751	Betsy Thomas, Sergeant Bluff-Luton (2008-2012)	705
Alee Hugen, Twin Cedars (2010-2013)	750	Megan Wagaman, Springville (2013-2016)	704
Kayla Goodchild, Clay Central-Everly (2000-04)	749	Cassidy Pagel, Sumner-Fredericksburg (2017-20)	703
Rylee Olsen, New London (2000-2004)	749	Dani Gass, Sioux City East (2003-2006)	702
Kara Hohertz, Earlham (2020-23)	748	Mackenzie Bigbee, Williamsburg (2008-201)	701
Roni Miller, Lawton-Bronson (2003-2006)	747	Elizabeth Sneed, Malvern (1999-2003)	701
Sarah Anderson, Tri-Center (2002-2005)	747	Emily Wynthein, Waterloo Columbus (2010-2013)	701
Tarah Meyer, West Lyon (2011-2015)	747	Kim Marlow, Oelwein (1999-2003)	700
Paige Bradford, Davenport North (2014-18)	746	Molly Sima, Vinton-Shellsburg (2002-2005)	700
Julia Fleecs, Glidden-Ralston (2014-17)	744	Jennifer Schmmann, Newell-Fonda (2002-05)	698
Kaitlyn Volesky, Mount Vernon (2014-17)	741	Jayne Olson, Bettendorf (1990-1994)	696
Jenny Ogden, Moulton-Udell (1998-2002)	741	Meghan Glawe, Aurelia/Alta-Aurelia (2008-11)	695
Bridget Doeden, Sibley-Ocheyedan (2010-2014)	741	Hanna Stokes, Clear Creek-Amana (2011-15)	694
Jackie Kriegel, Iowa Valley (2010-2014)	740	Jentry Schafer, Southwest Valley (2017-20)	691
Andrea Larson, Mediapolis (2011-2015_	739	Jennie Lillis, WDM Dowling (1996-2000)	691
Millie Niggeling, Sioux City Bishop Heelan (2005-10)	739	Lauren Hedlund, Hinton (2010-2014)	691
Mary Halvorson, Waukon (2005-2010)	737	Kari Mutschler, AGWSR (2003-2007)	690
Tanya Meyer, Sioux City West (2010-2014)	735	Katie Brown, Spirit Lake (2003-2006)	688
Erin Richards, Mason City (1994-1998)	735	Jen Keitel, Central DeWitt (2008-2011)	688
Katie Eiben, Springville (2006-2009)	735	Teri Vander Beek, Lynnville-Sully (2004-07)	688
Mckenzie Knox, Madrid (1999-2003)	734	Rachel Wooldrik, Denver (1996-1999)	685
Sienna Durr, Grinnell (2014-18)	733	Kasey Chown, Lone Tree (2019-22)	684
Mariah McPartland, Boone (2011-15)	733	Leah Buhmann, West Central Maynard (1993-97)	683
Christy Holtkamp, Central Lee (1989-1993)	733	Nicky Wieben, Ankeny (2002-2005)	682
Amanda Zimmerman, Ballard (2006-2009)	730	Lacey Geitzenauer, Sentral (1999-2003)	682
Allie Lamb, English Valleys (2001-2005)	730	Janine Gremmel, Dubuque Wahlert (1984-1988)	680
Cara Smith, Mount Ayr (1995-1999)	729	Michelle DeReimacker, West Liberty (1996-2000)	680
Shae Dillavou, Forest City (2020-23)	728	Megan Bradley, FD St. Edmond (1999-2003)	679
Cassie Chubb, Saydel (2012-16)	728	Taylor Frederick, Harlan (2013-2016)	677
Janay Michel, Farragaut (1999-2003)	723	Elisha Turek, CB Abraham Lincoln (1999-2003)	677
Barb Bennett, Ames (1--	722	Ali Browning, Iowa City Regina (2006-2010)	676
Jill Johnson, Rockwell City-Lytton (2000-2004)	720	Samantha Meyers, Grundy Center (2009-2013)	676
Sarah Ryan, North Mahaska (2002-2005)	720	Kristi Anderson, CB Abraham LincokIn (1985-1988)	675
Beth Mathes, Melcher-Dallas (1999-2003)	720	Bailey Halbur, Manning/IKM-Manning (2006-2009)	674
Amy Williams, Southeast Warren (2010-2013)	719	Breanna Hackman, Nashua-Plainfield (2019-22)	673
Tammy Brauer, CR Kennedy (1990-1994)	719	Paige Klocke, Glidden-Ralston, 2020-23)	673
Becky Wiesler, West Sioux (1995-1999)	717	Shawna Braby, Murray (1997-2001)	672
Mackenzie Foley, Sergeant Bluff-Luton (2016-20)	717	Ky Petersen, AHST (1992-1996)	672
Emily Beerman, CAM (2010-2013)	716	Stephani Atwood, Sigourney (2007-2010)	670
Amanda Frost, Denver (2005-2010)	716	Jodi Nikkel, Lynnville-Sully (2001-2005)	670
Megan Pederson, Lake Mills (2003-2007)	716	Alissa Dennis, Ballard (1996-2000)	670
Brianna James, Lynnville-Sully (2009-12)	716	Madi Hanna, Van Meter (2003-07)	669
Rylee Andresen, Midland (2013-16)	715	Mackenzie Roberts, Van Meter (2014-17)	669
Nikki Pasker, North Linn (2004-07)	715	Lisa Tuetken, Monticello (1985-89)	668
Catherine Leonard, Atlantic (2014-2017)	715	Josie Hartman, Southeast Warren (2019-22)	667
Gena Fiihr, Lynnville-Sully (1992-1996)	715	Heather Cunard, Missouri Valley (2003-2007)	667
Haley Delperding, Remsen St. Mary's (2014-17)	715	Gabby Deery, Burlington Notre Dame (2020-23)	667
Ellen Gallagher, Woodbury Central (2010-2014)	714	Arika Wooldridge, Center Point-Urbana (2013-16)	665
Colby Wiemerslage, Kee, (2002)	712	Elizabeth Puot, Des Moines North (2020-23)	664
Teresa Disney, West Marshall (2017-20)	712	Katie Sorrell, Winfield-Mt. Union (1994-1998)	664
Christa Subbert, Stanton (2003-2007)	712	Alli Masters, Central Decatur (2016-19)	663
Nicole Burgin, Oelwein (2010-14)	712	Emma Chizek, West Hancock (2013-16)	663
Grace Blomstedt, Red Oak (2011-2015)	711	Maddie Mock, Johnston (2017-20)	659
Savannah Domeyer, Clayton Ridge (2014-17)	710	Madison Gettler, CAM (2016-19)	659
Erin Dohrmann, Sioux City North (1999-2003)	709	Lindsey Fischbach, Carroll (2000-2002)	657
Katie Kusters, Crestwood (1996-2000)	709	Abby Reinert, Eldora-New Providence (1999-2003)	656
Allie Wooldridge, Center Point-Urbana (2014-18)	709	Becky Avery, Clear Lake (1996-2000)	654
Cassidy Pagel, Sumner-Fredericksburg (2018-21)	709	Nichole Robinson, SC West (1996-2000)	663
Danielle Wubbens, Charles Ciy (2003-06)	708	Monica Huelman, Vinton-Shellsburg (1992-1996)	663
Amanda Budden, Spalding Catholic (2003-2006)	707	Mallory Raney, East Union (2019-22)	659
Betsy Derner, Panorama (2004-2007)	706	Joanne Woepking, Columbus (1989-1993)	658

Ryley Goebel, Center Point-Urbana (2018-22)	658	Melanie Hopkins, Earlham (2004-2008)	630
Kadie Subbert, Stanton (2007-2011)	657	Mika Rodewald, Manson-NW Webster (2005-2010)	630
Molly Forsythe, Jesup (2002-2005)	656	Amber DiRiemacker, West Liberty (1996-2000)	630
Gracie Schoonhoven, Unity Christian (2020-23)	656	Kacy Brumbaugh, Tri-County (2010-2013)	629
Susie Ciechanowski, Alta (1996-2000)	656	Sarah Bartels, Akron-Westfield (1998-2002)	628
Tracy Hardee, Bedford (1995-1999)	655	Jessica Hansen, West Monona (2005-2008)	628
Danielle Jackson, Mediapolis (2005-2009)	655	Jada Gyamfi, Johnston (2019-22)	627
Bethany Weber, Meidapolis (2002-2006)	654	Jess Schaben, Harlan (2011-15)	627
Cassie Norman, Central Decatur (2001-04)	654	Lauren Devereaux, Newell-Fonda (2006-09)	627
Shelby Spates, Van Buren (1999-2003)	653	Jalynn Quigley, Lone Tree (2005-08)	626
Carli Murphy, Gehlen Catholic (2011-2015)	652	Grace Deputy, Woodward-Granger (2020-23)	626
Hannah Lau, Garner-Hayfield-Ventura (2014-17)	652	Ashley Gordon, Moulton-Udell (2004-2007)	625
Madison Wauters, Winterset (2016-19)	652	Rachel Weedemeier, West Central Maynard (1999-03)	624
Jenny McCammant, English Valleys (2001-05)	651	Andrea Markey, Colo-Nesco (2003-2006)	624
Taylor Smith, Central Decatur (2006-09)	651	Michelle Mahmens, Northeast (1994-1998)	624
Colby Lynch, Davis County (2006-2009)	650	Anna Parrott, Martensdale St. Marys	623
Jenna Stephens, Stanton (2020-23)	650	Ashley Tull, North Linn (2014-18)	623
Madison Gonseth, Murray (2013-16)	650	MacKenzie Westcott, Williamsburg (2004-2008)	623
Jill Bouma, Unity Christian (1998-2002)	650	Audra HONEYMAN, Fremont-Mills & Essex (2001-2003)	622
Lisa Frese, Norway (1986-1990)	650	Kendra Cooper, Kee (2015-18)	621
Aubrey Putman, Wilton	648	Jordan Gronewold, Carlisle (2005-2010)	621
Carrie Shurr, Iowa City High (1987-1991)	649	Shaya Kellogg, Ames (2009-2013)	621
Gabie Doud, Ballard (2013-2016)	649	Tori Hazard, Janesville (2014-17)	620
Kaylee Blake, IKM-Manning (2010-2013)	647	Steph Marsh, Central DeWitt (1999-2003)	619
Madelyn Deitchler, Treynor (2015-18)	646	Olivia Larsen, Newell-Fonda (2016-19)	619
Mindy Wargo, Tipton (1990-1994)	646	Bridget Yoerger, Hinton	618
Angela Hatchett, Ottumwa (1988-1992)	646	Stacy Boerema, Clinton (1998-2002)	617
Mikayal Nachazel, Springville (2014-18)	645	Heather Hook, Grundy Center (2009-13)	616
Grace Meyer, Pocahontas Area (2014-17)	644	Jescenia Mosley, Essex (2014-17)	616
Olivia Eckels, East Union (2014-18)	644	Danielle Eben, George-Little Rock (2011-2015)	616
Steffi Cunard, Logan-Magnolia/H. Christian (2011-15)	643	Caitlyn Murphy, Gehlen Catholic (2010-2014)	616
Corrie Bangston, Essex (1999-2002)	642	Missy Mellecker, Tipton (1984-1988)	616
Kendyl Gruttemeyer, Bedford (2010-2013)	642	Katie Kruckenber, Mason City Newman (2002-05)	616
Ashley Gorsch, Center Point-Urbana, 2003-06	642	Rachel Langel, Gehlen Catholic (2018-21)	616
Jaydan Nitchals, Estherville-LC (2019-22)	641	Ava Wolf, Shenandoah (2019-22)	616
Miranda Boekhout, MMC (2000-2004)	641	Payton McHone, Jesup (2017-20)	615
Sydney Neal, West Central Valley (2017-20)	640	Joy Beran, Riceville (2020-23)	615
Kaela Eslinger, Orient-Macksburg (2017-20)	640	Jodi DeVries, Aplington-Parkersburg (1993-1996)	615
Steph Kramer, Nashua-Plainfield (1999-2003)	640	Amy Klostermann, West Delaware (1999-2003)	614
Alison Rohdy, Harmony (1991-1995)	639	Peg Loecke, West Delaware (1987-1991)	614
Alexa Hotopp, West Marshall (2008-11)	638	Libby Fisher, Nashua-Plainfield (2017-20)	613
Elissa Beckman, Mediapolis (1995-1999)	637	Caitlyn Riese, Colo-Nesco (2010-14)	613
Kate Birchmeier, Davis County (2011-2015)	637	Kaylee Wright, Fremont-Mills (2017-20)	613
Melissa Kroll, CB St. Albert (1993-1997)	637	Meg Tierney, Union (1996-2000)	613
Jodi Gruber, Solon (1989-1992)	637	Lela Sellers, Minnesota/CR Kennedy (2013-16)	613
Claudia Larsen, Newell-Fonda (2011-14)	637	Kaylee Becker, Oelwein (2013-2016)	613
Kennedy Dighton, Cedar Rapids Jefferson (2014-17)	637	Marie Hoeger, Ind St. John & Independence (86-90)	612
Dani Coover, Belle Plaine (2007-2011)	637	Cathy Reiter, Union (2006-2009)	612
Olivia Barritt, GMG (2011-2015)	636	Jacque Ingram, Denison-Schleswig (2016-19)	611
Jaedon Murphy, North Polk (2017-20)	637	Mikayla Galvin, Kee (2013-16)	611
Alex Knop, East Mills (2017-20)	635	Karen Schulte, Norway & CR Jefferson (1989-1993)	610
Emma Vohs, Ridge View (2019-22)	635	Abbie Brown, Eldora-New Providence (1993-1996)	609
Lauren Flaherty, Murray (1993-1997)	634	Ashley Freerksen, Dowling Catholic (1999-2003)	608
Marissa Schroeder, Marquette Catholic (2014-17)	634	Megan McHugh, Missouri Valley (1999-2003)	608
Macy Daufeldt, West Liberty (2019-22)	633	Kate Walker, Red Oak (2011-2015)	608
Rachel Hinders, Johnston (2017-20)	633	Molly Tideback, Waterloo Columbus (1985-1988)	607
Abby Ytzen, Des Moines Christian (2002-06)	633	Hallie Mohr, Mediapolis (2019-22)	606
Laura Rowan, Hampton-Dumont (1999-2003)	633	Ruthie Jahn, Mediapolis (2017-20)	606
Amy Voss, Newton (2006-09)	631	Kortney Hilsabeck, West Central Maynard (1997-01)	606
Michalyn Mohr, Marion (2011-2015)	631	Aftin Phyfe, Waverly-Shell Rock (2009-2013)	605
Erin Neuberger, Garner-Hayfield (1997-2001)	631	Laura Johnson, Cedar Falls (2005-2010)	605

Jensen Boger, OABCIG (2010-2014)	603
Katelin Adams, North Iowa (2016-19)	603
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	602
Chelsea Humpal, Decorah (2005-2008)	602
Taylor Greenfield, Ballard (2008-2011)	602
Holly Bock, Mason City Newman (2013-16)	601
Lana Lindstrom, Pleasant Valley (2013-16)	601
Haley Hillyard, Mediapolis (2010-2013)	600
Jennifer Happel, CR Prairie (1992-1996)	600
Amy Breen, Fairfield (1989-1993)	600
Blair Montgomery, Clay Central-Everyly	600+

## REBOUNDS PER GAME

### Yearly Leaders

2023 — Emma Boswell, Orient-Macksburg	22	404	18.4
2022 — Sadie Cox, Lenox	23	358	15.6
2021 — Skylar Watsabaugh, Mormon Trail	20	308	15.4
2020 — Emily McIntosh, West Harrison	22	298	13.5
2019 — Kelsey Fields, Creston	21	296	14.1
2018 — Haley Beminiio, Belmont-Klemme	21	309	14.7
2017 — Taryn Knuth, Johnston	24	314	13.7
2016 — Jolissa Kriegel, BGM	22	298	13.5
2015 — Morgan Christner, New London	23	324	14.1
2014 — Shelby Hembera, C. Valley Christ.	22	360	16.4
2013 — Allison Waters, Underwood	22	240	15.5
2012 — Nicolette Hussen, Colfax-Mingo	21	305	14.5
2011 - Antonea Stuckey, Davenport North	21	371	17.7
2010 - Joscelyn Coleman, Essex	22	420	19.10
2009—Joscelyn Coleman, Essex	25	420	16.80
2008—Lindsay Hoehns, Twin Cedars	21	297	14.14
2007—Lindsay Hoehns, Twin Cedars	22	331	14.39
2006—Nicole Strasko, Roland Story	24	344	14.33
2005—Rachel Yeggy, Highland	26	406	15.62
2004—Rachel Yeggy, Highland	25	469	18.76
2003—Kelly Houser, Riceville	22	353	16.05
2002—Ashlea Payne Albia	21	326	15.52
2001—Jennifer Goetz, Cadinal Strich	27	431	15.96
2000—Jill Foster, North Tama	20	346	17.30
1999—Penny Vander Sanden, West Lyon	22	303	13.77
1998—Leah Hetzler, Moulton-Udell	19	297	15.63
1997--Kinzee Hanson, CWL	20	277	13.85
1996--Lindsay Brown, Lenox	22	307	13.95
1995--Ann Cavey, Lincoln	19	285	15.00
1994--Jenny Childress, Washington	24	314	13.08
1993--Christy Holtkamp, Central lee	24	303	12.63
1992--Tiffany Cox. Sioux City North	18	248	13.78
1991--Liz Henry, Iowa Deaf	19	261	13.74
1990--Liz Henry, Iowa Deaf	17	252	14.82
1989--Marie Hoeger, Independence St. John	17	243	14.29
1988--Shelly Greiner, Clear Creek	20	301	15.05
1987--Melissa Higginbotham, CB TJ	15	192	12.80
1986--Kristi Kincaid, Waterloo West	22	256	11.64
1985--Katie Abrahamson, CR Washington	26	219	8.42

### All-Time Single Season Leaders

Joscelyn Coleman, Essex	22	420	19.10
Rachel Yeggy, Highland, 2004	25	469	18.76
Antonea Stuckey, Davenport North, 2011	21	371	17.70
Emma Boswell, Orient-Macksburg	22	404	18.36

Jill Foster, North Tama, 2000	20	346	17.30
Joscelyn Coleman, Essex, 2009	25	420	16.80
Kate Hartman, Northwood-Kensett	21	351	16.71
Shelby Hembera, C. Valley Christian, 2014	22	360	16.36
Carlee Julius, DM Lincoln, 2023	24	388	16.16
Kelly Houser, Riceville, 2003	22	353	16.16
Megan Kremer, Marquette Catholic, 2023	23	367	15.86
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Chelsea Poppens, Ap.-Parkersburg, 2009		380	15.83
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Rachel Yeggy, Highland, 2005	26	406	15.62
Sadie Cox, Lenox, 2022	23	358	15.56
Ashlea Payne, Alta, 2002	21	326	15.52
Elizabeth Cottley, Fox Valley, 2002	22	341	15.50
Allison Waters, Underwood, 2013		240	15.50
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Skylar Watsabaugh, Mormon Trail, 2021	20	308	15.40
Ashlea Payne, Alta, 2001	19	287	15.11
Shelly Greiner, Clear Creek, 1988	20	301	15.05
Ann Cavey, North Cedar , 1995	19	285	15.00
Kelly Houser, Riceville, 2002	23	344	14.96
Kiah Stokes, Linn-Mar, 2011	25	372	14.90
Liz Henry, Iowa Deaf, 1990	17	252	14.82
Sadie Cox, Lenox, 2023	21	311	14.80
Haley Bemino, Belmont-Klemme, 2018	21	309	14.70
Kelsey Keitzer, Okoboji, 2004	25	352	14.67
Audra Honeyman, Essex, 2002	22	323	14.68
Angie Schinstock, Central Lee, 1998	19	278	14.63
Isabelle Elliott, Sumner-Fredericksburg, 23	22	321	14.59
Kelsey Keizer, Okoboji, 2005	24	350	14.58
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Jennifer Perkins, FD St. Edmond, 1998	17	247	14.53
Nicolette Hussen, Colfax-Mingo, 2012	21	305	14.50
Stefanie Madsen, Sioux Central, 2006	20	290	14.50
Nicole Strasko, Roland-Story	24	345	14.40

### Junior Leaders

Joscelyn Coleman, Essex, 2009	24	420	16.80
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Shelby Hembera, C. Valley Christian, 2014	22	360	16.36
Rachel Yeggy, Highland, 2005	26	406	15.62
Ashlea Payne, Alta, 2001	19	287	15.11

### Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch	27	431	15.96
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Elizabeth Cottley, Fox Valley, 2002	22	341	15.50
Sadie Cox, Lenox, 2023	21	311	14.81

### Freshman Leaders

Emma Boswell, Orient-Macksburg, 2023	22	404	18.36
Sadie Cox, Lenox, 2022	23	358	15.56
Ann Cavey, Lincoln, 1995	19	285	15.00
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Nicole Strasko, Roland-Story, 2006	24	345	14.40

### Single Season Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96

Joscelyn Coleman, Essex, 2010	22	420	19.10
Hallie Christofferson, Exira, 2010	26	409	15.70
Rachel Yeggy, Highland, 2005	26	406	15.62
Emma Boswell, Orient-Macksburg, 2023	22	404	18.36
Carlee Julius, Des Moines Lincoln, 2023	24	388	16.16
Anna Sweeting, Highland, 2010	25	387	15.5
Chelsea Poppens, Ap-Parkesburg, 2009		380	15.83
Kiah Stokes, Linn-Mar, 2011	25	372	14.9
Antonea Stuckey, Davenport North, 2011	21	371	17.7
Rachel Yeggy, Highland, 2006	26	365	14.04
Megan Kremer, Marquette Catholic, 2023	23	367	15.86
Stacey Schutjer, WCLT, 2007	27	361	13.60
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Sadie Cox, Lenox, 2022	23	358	15.6
Kailey Kladivo, North Tama, 2012	26	357	13.7
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Jennifer Jorgensen, SE Webster-Grand 07	26	355	13.65
Stacey Schutjer, WCLT, 2008	26	354	13.61
Kelly Houser, Riceville, 2003	22	353	16.05
Kelsey Keizer, Okoboji, 2004	24	352	14.67
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Antonea Stuckey, Davenport North, 2010	22	351	16.0
Jennifer Goetz, Cardinal Stritch, 2002	27	350	12.96
Kelsey Keizer, Okoboji, 2005	24	350	14.58

### Junior Leaders

Joscelyn Coleman, Essex	25	420	16.80
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Rachel Yeggy, Highland, 2005	26	406	15.62
Anna Sweeting, Highland, 2010	25	387	15.5
Stacey Schutjer, WCLT, 2007	27	361	13.60

### Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Katie Dentlinger, CR-Bayard, 2010	22	322	14.6
Casey Spree, Aplington-Parkersburg, 1996	26	316	12.15

### Freshman Leaders

Emma Boswell, Orient-Macksburg, 2023	22	404	18.36
Sadie Cox, Lenox, 2022	23	358	15.6
Nicole Strasko, Roland-Story, 2006	20	345	14.40
Lindsay Hoehns, Twin Cedars, 2007	23	331	14.39
Audi Crooks, Bishop Garrigan	27	320	11.9

## CAREER STEALS

Kelli Nelson, Exira (2001-2004)	641
Shayla Dean, Colo-Nesco (2011-2015)	605
Amy Young, Preston (1997-2001)	601
Annie Heithoff, CB St. Albert (1993-1997)	595
Rylee Menster, Springville (2014-18)	581
Autumn Feaker, Solon (1990-1994)	560
Autumn McDanel, Moravia (2013-2016)	560
Missy Hammon, Riceville (1996-2000)	559
Sara Weirather, Central Lee (1999-2003)	544
Cathy Reiter, Union (2006-2009)	522
Kayleen Beck, BGM (2011-2015)	519
Taylor Hickey, Burlington Notre Dame (2011-2015)	519

Stephanie Rich, Washington (1997-2001)	516
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	516
Helaina Hillyard, Mediapolis (2017-20)	508
Natalie Raub, Union (1999-2002)	508
Jessica Vande Kooi, Hinton (1999-2003)	506
Brooke Bollmeyer, Hinton	493
Mackenzie Knox, Madrid (1999-2003)	480
Sara Stribe, Carroll (1994-1998)	479
Linda Sayavongchanh, DM Lincoln (1998-2002)	475
Carrie Norman, Lynnville-Sully (1995-1999)	471
Kayla Lindenmeyer, Bedford (2010-2013)	459
Carleigh Paup, Paton-Churdan (2012-16)	456
Shelby Reicks, Turkey Valley (2014-17)	455
Alexis Conaway, MOC-Floyd Balley (2010-2014)	452
Casey Huber, Denver (2001-2004)	451
Jennifer Gries, EH-Kimballton (1995-1999)	450
Olivia Larsen, Newell-Fonda (2016-19)	444
Trista Kolder, Aplington-Parkersburg (1997-2001)	443
Ashley Hagedorn, IKM-Manning (2007-2010)	442
Tana Colt, Akron-Westfield (2003-2007)	440
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	437
Brittani Kozik, Belle Plaine (1999-2003)	434
Nicki Bradley, Wilton (1990-1994)	431
Kayla Chapman, Treynor (2016-19)	428
Christa Subbert, Stanton (2003-2007)	425
Maddie Jones, South Central Calhoun (2016-19)	425
Kelsey Homewood, Iowa City Regina (2001-04)	423
Kayla Waskow, Dunkerton (2004-2008)	418
Macy Sievers, Newell-Fonda (2019-22)	416
Paige Danner, AHST (2010-2014)	415
Jennifer Jorgensen, SE Webster-Grand (2005-08)	414
Mackenzie Small, Hinton (2007-2010)	414
Megan Ripperton, Lone Tree (1997-2001)	419
Molly Joyce, Algona Bishop Garrigan (2020-23)	418
Molly Turman, Hinton	408
Hali Anderson, Saint Ansgar (2017-21)	407
Linda Lappe, Winfield-Mt. Union (1994-1998)	402
Shawna Boles, Murray (1997-2001)	401
Ella Larsen, Newell-Fonda (2018-21)	401
Maddie Tusha, Garner-Hayfield-Ventura (2010-14)	400
Ashleigh Neal, Murray (2006-2009)	399
Tember Schechinger, IKM-Manning (2000-2012)	398
Linissa Bowman, Preston (1997-2001)	398
Shelby Graves, Davis County (2010-2014)	398
Kelsey Johnikin, Sioux City West (2002-2006)	398
Kristin Rasmussen, AGWSR (2003-2007)	397
Payton Beckman, Panorama (2019-22)	396
Renae Roelfs, Mediapolis (1997-2001)	394
Chelsea Winterboer, Sioux Central (2003-2006)	392
Kary Dawson, Sibley-Ocheyedan (1993-1997)	389
Gracie Schoonhoven, Unity Christian (2020-23)	388
Emilee Danner, Ar-We-Va (2016-19)	387
Rachel Leerar, West Hancock (2018-21)	387
Madison Weekly, Benton (2010-2013)	383
Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	380
Kristen Weber, Earlham (2011-2015)	379
Ellie Peterson, Cedar Falls (1998-2002)	379
Kate Galligan, Cedar Rapids Jefferson (1988-1992)	379
Angela Bock, Iowa Mennonite (1995-1999)	378
Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	376
Halli Pock, Waterloo West (2020-23)	374

Chelsea Poppens, Aplington-Parkersburg (2006-09)	373	Sara Goodman, West Marshall (1999-2003)	334
Andrea Robertson, Vinton-Shellsburg (1992-1996)	369	Amber Nicole Buch, Fairfield (2014-18)	332
Tess Myer, Mount Ayr (2004-2009)	368	Kinzee Hansen, CWL (1993-1997)	332
Maria Gonzalez, West Hancock (2013-16)	367	Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	328
Jenny Bridgewater, Benton (1999-2003)	366	Lindsay Hoehns, Twin Cedars (2005-2010)	328
Ashley Nally, Bedford (1999-2002)	366	Grace Flanagan, North Linn (2017-20)	328
Devin Laughlin, East Mills (2010-2014)	365	Melissa Eighmy, Mount Ayr (1994-1998)	327
Sam Reiser, Waukon (2002-2005)	365	Rachel Freland, PCM (2011-2015)	327
Shelly Scheetz, Cedar Rapids Kennedy (1987-1991)	365	Ashley Wagner, Kee (1999-2002)	327
Jenna Frederes, Remsen St. Mary's (2000-2003)	364	Sahara Williams, Waterloo West (2020-23)	327
Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	364	Sara Robson, Belmond-Klemme (1994-1997)	325
Mary Berdo, Washington (1992-1996)	364	Leslie Budak, Norway & Benton (1988-1992)	325
Clara Teigland, Treynor (2020-23)	363	Morgan Dornbier, Mason City Newman (2007-10)	325
Jaycie Byrne, Turkey Valley (2018-21)	363	Lindsey Vande Wall, PCM (2006-2009)	324
Mackenzie Rogers, Mediapolis (2014-18)	362	Brianne Fink, West Central (1993-1996)	323
Melissa Krueger, Lone Tree (1990-93)	362	Heather Eiffler, Garner-Hayfield (2002-2005)	322
Brooke Loewe, Ballard (2019-22)	359	Anna Doering, Waterloo Christian (2010-2014)	321
Jamie Hoover, Twin River Valley (1999-2003)	359	Katie Maguire, Treynor (1998-2002)	320
Emma Staudt, Rockford (2014-17)	358	Courtney Van Houweling, PCM (2011-2015)	320
Alison Rohdy, Harmony (1991-1995)	358	Ryley Goebel, Center Point-Urbana (2018-22)	319
Jenny Bridgewater, Benton (1999-2003)	357	Kelly DeMeulenaere, Grand View Christian (2020-23)	318
Katie Corbett, Iowa City Regina (1992-1996)	357	Steph Reiter, Union (2004-2008)	318
Amy Lawson, Spencer (2001-2004)	356	Morgan Walker Sioux Central (2008-2011)	318
Taylor Smith, Central Decatur (2006-2009)	356	Marci Clayton, Jesup (1998-2002)	318
Faith Meyer, Pocaontas Area (2014-17)	355	Jayda Chew, Murray (2020-23)	317
Tori Hazard, Janesville (2014-17)	354	Kia Rasmussen, IKM-Manning (2014-18)	317
Molly Goodenbour, Waterloo West (1985-1989)	354	Olivia Donlea, East Buchanan (2017-20)	317
Jill Brant, Garner-Hayfield (1999-2002)	354	Allison Stracke, Harlan (1998-2002)	317
Molly Ihle, Ballard (2018-21)	353	Marly Bussa, Camanche (2014-18)	316
Victoria Leyh, Janesville (2010-14)	353	Chelsey Lampe, Highland (2011-2015)	314
Rachel Fehr, West Bend-Mallard (2018-21)	352	Jill Lacey, Hinton	314
Hallie Christofferson, Exira (2005-2010)	351	Rylee Olson, Osage (2016-19)	314
Morgan Nelson, Colo-Nesco (1998-2002)	351	Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	314
Grace Meyer, Pocahontas Area (2014-17)	350	Katie Nieuwsma, Pella Christian (2005-2008)	313
Demi Diedrich, Northeast (2007-11)	350	Amy Freese, North Cedar (1993-1996)	313
Ashton Yossi, Dallas Center-Grimes (2007-2011)	350	Kendyl Sorge, Janesville (2011-2015)	313
Lexi Ackerman, Central Lyon (2009-2013)	350	Camille Kruse, Fort Madison (2020-23)	312
Kristin Shields, Murray (2004-2007)	349	Maddie Boer, North Linn (2011-2015)	312
Megan Howard, North Polk (2006-2010)	349	Brittany Peterson, Spencer (2005-2009)	312
KJ Veldman, Spirit Lake (2010-2013)	348	Tara Van Rees, Lynnville-Sully (2008-2011)	312
Faith Vincent, Colo-Nesco (2016-19)	347	Andrea Van Vark, Pella Christian	312
Taylor Smith Central Decatur (2005-09)	346	Brittany Peterson, Spencer (2006-2009)	312
Sarah Larsen, Mid-Prairie (1998-2002)	346	Katie Clarke, Adair-Casey (2010-2013)	310
Erin Sobotka, Diagonal (2017-20)	345	Julie Bex, Highland (1990-94)	310
Sam Norris, Martensdale-St. Marys (2006-2011)	344	Konnor Sudmann, Treynor (2016-19)	309
Madison Gettler, CAM (2016-19)	343	Mykenzie Whitney, Westwood (2014-17)	308
Alli Masters, Central Decatur (2016-19)	342	Caitlyn Ward, Sidney (2016-19)	308
Meg Brandt, Ankeny Centennial (2013-16)	342	Amara Jones, Mid-Prairie (2020-23)	308
Erica Scholtfeldt, Rock Valley (1999-2003)	342	Nicole Miller, North Linn (2011-2015)	308
Jackie Olson, MOC-Floyd Valley (1992-1996)	342	Alicia Mahmens, Northeast (1996-2000)	308
Bridget Yoerger, Hinton	342	Jordan Gronewold, Carlisle (2005-2010)	308
Erin Dohrmann, Sioux City North (1999-2003)	341	Kim Schwartz, Hinton	307
Renee Maneman, Newell-Fonda (2011-14)	341	Jody Dean, Postville (1993-1995)	307
Lindsay Anderson, New London (1992-1996)	339	Tiffany Reedy, Union (1999-02)	306
Melissa Krueger, Lone Tree (1989-1993)	339	Morgan Muhlbauer, IKM-Manning (2011-2015)	305
Grace Rehstrom, Sioux Central (2008-2011)	338	Brianna Mensen, Maquoketa Valley (2014-2017)	305
Cortney Kettmann, Bellevue Marquette (1997-2001)	337	Jody Roslansky, Harris-Lk Pk (1993-1995)	304
Shelby Johnson, Akron-Westfield (2004-2008)	337	Fran Reis, Perry (1994-1998)	304
Morgan Straight, Belle Plaine (2013-16)	337	Jenna Hopp, Glenwood (2020-23)	303
Abby Wedemier, West Central Maynard (2003-06)	335	Missy Daughenbaugh, DM Lincoln (1985-1988)	300
Courtney Miller, Hampton-Dumont-CAL (2017-20)	335	Kelsey Hora, Highland (2014-17)	300



## STEALS PER GAME

### Yearly Leaders

2023 — Anna Hart, Coon Rapids-Bayard	24	142	5.91
2022 — Reagan Mudderman, Kee	20	133	6.65
2021 — JeMae Nichols, Cherokee	24	141	5.87
2020 — Helaina Hillyard, Mediapolis	23	146	6.34
2019 — Payton Slaughter, Cherokee	24	160	6.67
2018 — Lexi Toering, Sioux Center	27	169	6.25
2017 — Josie Durr, Solon	22	164	7.45
2016 — Autumn McDanel, Moravia	25	154	6.16
2015 — Autumn McDanel, Moravia	23	165	7.17
2014 — Autumn McDanel, Moravia	22	155	7.04
2013 - Kayleen Beck, BGM	24	174	7.29
2012 - Makenzie Zeitler, Van Buren	23	155	6.73
2011 - Demi Deidrich, Northeast	26	133	6.04
2010 - Ashley Hagedorn, IKM-Manning	23	153	6.37
2009 — Cathy Reiter, Union	22	146	6.63
2008— Cathy Reiter, Union	22	140	6.36
2007—Cathy Reiter, Union	25	139	5.56
2006—Sofia Iwobi, Maharishi	24	163	6.79
2005—Sam Reiser, Waukon	24	153	6.38
2004—Katie Kilburg, Bellevue	23	288	12.58
2003—Kelli Nelson, Exira	23	209	9.09
2002—Sara Weirather, Central Lee	25	196	7.84
2001—Amy Young, Preston	29	187	6.45
2000—McKenzie Knox, Madrid	23	148	6.43
1999—Missy Hammon, Riceville	21	147	7.00
1998—Missy Hammon, Riceville	21	156	7.43
1997--Annie Heithoff, CB St. Albert	25	190	7.60
1996--Sarah Russell, CR Kennedy	21	169	8.05
1995--Jody Dean, Postville	24	207	8.63
1994--Keely Bowman, Kingsley-Pierson	18	166	9.22
1993--Nicki Bradley, Wilton	18	139	7.72
1992--Nicki Bradley, Wilton	19	112	5.89
1991--Leslie Budak, Norway	21	127	6.05
1990--Lanette Brooks, DM Lincoln	18	99	5.50
1989--Angie Slaughter, Iowa City West	21	116	5.52
1988--Dana Hinkhouse, Wilton	19	121	6.37
1987--Missy Daughenbaugh, DM Lincoln	26	158	6.08
1986--Skeeter Myers, Mount Vernon	18	102	5.67
1985--Sharita Couch, Davenport Central	20	119	5.95

### All-Time Leaders

Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Josie Roslansky, Harris-Lake Park, 1995	20	171	8.55
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Kelli Nelson, Exira, 2004	25	192	7.68
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Josie Durr, Solon, 2017	22	164	7.45
Missy Hammon, Riceville, 1998	21	156	7.43
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Kayleen Beck, BGM, 2013	24	174	7.29
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24

Autumn McDaniel, Moravia, 2015	23	165	7.17
Brook Tish, Tri-County, 2004	22	156	7.09
Shayla Dean, Colo-Nesco, 2015	25	176	7.04
Autumn McDaniel, Moravia	22	155	7.04
Missy Hammon, Riceville, 1999	21	147	7.00
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Nicki Bradley, Wilton, 1994	26	180	6.92
Carlie Schaeffer, Chariton, 2017	22	152	6.91
Anny Burdorf, Emmetsburg, 1998	15	103	6.87
Annie Heithoff, CB St. Albert, 1996	24	164	6.83
Olivia Mennen, Hampton-Dumont, 1995	22	150	6.82

### Junior Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24

### Sophomore Leaders

Missy Hammon, Riceville, 1998	21	156	7.43
Kayleen Beck, BGM, 2013	24	175	7.29
Autumn McDaniel, Moravia, 2014	22	155	7.04
Katie Corbett, Iowa City Regina, 1994	19	125	6.58
Payton Slaughter, Cherokee, 2017	25	164	6.56

### Freshman Leaders

McKenzie Knox, Madrid, 2000	23	148	6.43
Amber Terrell, DC-Grimes, 1996	18	108	6.00
Emilee Danner, Ar-We-Va, 2016	22	132	6.00
Anna Hart, Coon Rapids-Bayard, 2023	24	142	5.91
Missy Hammon, Riceville, 1997	22	130	5.91

## TOTAL STEALS

### Season Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Sara Weirather, Central Lee, 2002	25	196	7.84
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Kelli Nelson, Exira, 2004	25	192	7.68
Amy Young, Preston, 2001	29	187	6.45
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20
Nicki Bradley, Wilton, 1994	26	180	6.92
Shayla Dean, Colo-Nesco	25	176	7.04
Amy Young, Preston, 2000	28	176	6.28
Kayleen Beck, BGM, 2013	24	175	7.29
Kayla Lindenmeyer, Bedford, 2012	28	171	6.11
Josie Roslansky, Harris-Lake Park, 1995	20	171	8.55
Makenzie Zeitler, Van Buren, 2012	23	171	6.73
Shayla Dean, Colo-Nesco, 2014	26	170	6.54
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Lexi Toering, Sioux Center, 2018	27	169	6.26
Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Amy Lawson, Spencer, 2004	25	165	6.60
Carli Tritiz, Sioux City Bishop Heelan, 2010	27	165	6.11
Josie Durr, Solon, 2017	22	164	7.45

Payton Slaughter, Cherokee, 2017	25	164	6.56
Carrie Norman, Lynnville-Sully, 1999	29	164	5.66
Annie Heithoff, CB St.Albert, 1996	24	164	6.83
Tember Schechinger, IKM-Manning, 2012	27	164	6.07
Autumn McDanel, Moravia, 2015	23	163	7.14
Sofia Iwobi, Maharishi, 2006	24	163	6.79
Jessica VandKooi, Hinton, 2003	24	163	6.79
Shayla Deen, Colo-Nesco, 2013	26	162	6.23
Josie Kopal, Lawton-Bronson, 2013	28	162	5.79

### Junior Leaders

Kelli Nelson, Exira, 2002	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20

### Sophomore Leaders

Kayleen Beck, BGM, 2013	24	175	7.29
Payton Slaughter, Cherokee, 2017	25	164	6.56
Autumn McDaniel, Moravia, 2014	22	155	7.04
Shayla Dean, Colo-Nesco, 2013	26	162	6.23
Missy Hammon, Riceville, 1998	21	156	7.43

### Freshman Leaders

McKenzie Knox, Madrid, 2000	23	148	6.43
Rylee Menster, Springville, 2015	27	144	5.33
Anna Hart, Coon Rapids-Bayard	24	142	5.91
Emilee Danner, Ar-We-Va, 2016	22	132	6.00
Missy Hammon, Riceville, 1997	22	130	5.91

## CAREER BLOCKED SHOTS

Taryn Scheuermann, Van Buren County (2017-20)	614
Kiah Stokes, Linn-Mar (2008-2011)	515
Carah Drees, Westwood (2016-19)	503
Jessica Nikkel, Lynnville-Sully (1995-1999)	497
Jocelyn Anderson, Prairie Valley (2002-2005)	485
Mackenzie Morrison, Martinsdale-St. Marys (2007-11)	473
Alysa Klein, Okoboji (2001-2004)	454
Rachel Thune, Des Moines Christian (2005-2008)	452
Kameo Pope, Belle Plaine (2010-2014)	424
Katelynn Tracy, Moravia (2010-2013)	406
Elizabeth Jenkins, Saint Ansgar (2014-18)	401
Jenny Noll, Muscatine (1988-1992)	399
Amy Herrig, Dubuque Senior (1991-1995)	397
Maddie Oliver, Roland-Story	337
Brooke Morgan, Dike-New Hartford (2012-15)	391
Lori Trumblee, Starmont (1998-2002)	381
Audi Crooks, Algona Bishop Garrigan (2020-23)	362
Aimee Osborne, Sidney (2008-11)	352
Miranda Boekhout, MMC (2000-2004)	351
Tammi Blackstone, Cherokee (1992-1996)	347
Mariah McPartland, Boone (2011-2015)	346
Tonia Tauke, CB Abraham Lincoln (1992-1996)	346
Monica Huelman, Vinton-Shellsburg (1992-1996)	339
Jess Schaben, Harlan (2011-15)	338
Madison Baier, South Tama (2009-12)	337
Mia Rosener, Des Moines Christian (2014-17)	330
Stacey Schutjer, WCLT (2005-2008)	327
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	327

Molly Tideback, Waterloo Columbus (1985-1988)	322
Lea Lefebure, Camanche (2014-18)	322
Kendal Brown, Moravia (2013-2016)	320
Alyson Stokes, Highland (2016-2019)	319
Katie Morse, Tri-Center (1997-00)	318
Hallie Christofferson, Exira (2005-2010)	313
Quinn Ruth, Adair-Casey (2010-2013)	310
Malarie Gilley, East Greene (2007-2010)	308
Jennah Carpenter, Nashua-Plainfield (2019-22)	306
Heidi Wener, Murray (1999-2003)	303
Amanda Zimmerman, Ballard (2006-2009)	303
Josie Claassen, GMG (2014-17)	293
Nina Smith, Waterloo West (1995-1999)	291
Amanda Chizek, West Hancock (2017-20)	291
Betsy Funk, Urbandale (1998-2002)	278
Ann Straate, Postville (1998-2002)	276
Kalee Modlin, Knoxville (1998-2002)	276
Sara Aeschliman, Davis County (1999-2003)	276
Jamie Cavey, North Cedar (1997-2001)	275
Lisa Reitsma, Western Christian (1990-1994)	275
Christy Holtkamp, Central Lee (1989-1993)	273
Jessica Balek, Mason City Newman (2009-2012)	271
Mandi Harms, Shenandoah (1995-1999)	271
Sharon Goodman, Crestwood (2017-20)	266
Samantha Uhlenkamp, Central City (2014-17)	266
Kayla Lincoln, West Central Maynard (2003-2007)	261
Serena Parker, Shenandoah (2011-2015)	261
Chelsea Poppens, Aplington-Parkersburg (2006-09)	260
Abbie Schutte, Sibley-Ocheyedan (1993-1997)	256
Mackenzie Bigbee, Williamsburg (2008-2012)	254
Ann Cavey, North Cedar (1994-1998)	254
Logan Ehlers, Shenandoah (2014-17)	253
Alyssa Johnston, Estherville-LC (2009-12)	252
Emily Long, Montezuma (2009-2012)	251
Ashley Sickles, Crestwood (2004-2008)	250
Stephani Atwood, Sigourney (2007-2010)	247
Julie Gallery, East Buchanan, (1993-97)	245
Kelsey McClarnon, South Page (2014-17)	245
Sienna Durr, Grinnell (2014-18)	245
Jodi Gruber, Solon (1988-1992)	243
Gina Schlesselman, Belle Plaine (1999-2003)	242
Alyssa Dunlop, Woodbine (2007-2010)	242
Haley Hillyard, Mediapolis (2010-2013)	239
DeAnn Williams, DM Roosevelt (1985-1989)	238
Kennedy Wohlford, Hampton-Dumont (2011-2015)	238
Lisa Kriener, St. Ansgar (1997-2001)	236
Katie Sorrell, Winfield-Mt. Union (1994-1998)	236
Beth Marvin, Preston (1997-2001)	233
Amelia Ivester, Cedar Rapids Xavier (2014-18)	232
Mikayla Galvin, Kee (2013-16)	232
Kate Kosters, Crestwood (1996-2000)	231
Kayla Pirtle, CR Washington (1991-1995)	231
Sadie Shuck, Hinton (2010-2013)	230
Pam Iverson, Denison-Schleswig (1994-1999)	230
Haley Berminio, Belmond-Klemme (2017-20)	226
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	226
Olivia Baxter, Dubuque Senior (2019-22)	225
Kristen De Ronde, Pella Christian	224
Ashtyn Veerbeek, Western Christian (2014-18)	224
Barb Bennett, Ames (1994-1997)	223
Holly Bock, Mason City Newman (2013-2016)	222

Amber Kirschbaum, Spirit Lake (2006-2009)	221
Allie Lamb, English Valleys (2001-2005)	221
Kim Trine, Burlington Notre Dame (1994-1998)	221
Haley Delperding, Remsen St. Mary's (2014-17)	220
Taryn Knuth, Johnston (2017-20)	217
Addie Oberman, Northeast (2010-14)	216
Nicky Wieben, Ankeny (2002-2005)	214
Jessica Gerhart, Sentral (1999-2003)	214
Kadie Subbert, Stanton (2007-2011)	213
Jackee Meyer, Belmont-Klemme (2014-16)	213
Brittany Arwine, Dunkerton	207
Jodi DeVries, Aplington-Parkersburg (1993-1996)	206
Megan Flemr, Lone Tree	205
Amanda Berner, Calamus-Wheatland (1997-2001)	205
Claudia Larsen, Newell-Fonda (2011-14)	204
Rylee Andresen, Midland (2013-16)	204
Shelly DeJong, Unity Christian (1991-93)	204
Rylee Voss, English Valleys (2011-2015)	201
Erin Wibholm, West Marshall (1997-200)	200
Lexy Koudelka, Nevada (2014-18)	200
Tammy Lansing, North Fayette (2004-2007)	200
Alli Masters, Central Decatur (2016-19)	198
Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	197
Grace Blomstedt, Red Oak (2012-2015)	196
Abbie Hauptert, CMB (2011-14)	196
Millie Niggeling, Sioux City Bishop Heelan (2005-10)	196
Jentry Schaefer, Southwest Valley (2017-20)	195
Elsa Anderson, Des Moines Christian (2011-2015)	195
Ashley Tull, North Linn (2014-18)	194
Emily Beerman, CAM (2010-2013)	192
Lizzy Stachon, Dowling Catholic (2007-2011)	192
Tiffany Cox, Sioux City North (1989-1993)	191
Molly Forsythe, Jesup (2002-2005)	190
Lara Marske, Spencer (1998-2001)	190
Jamie Boyd, Underwood (2000-2004)	188
Natalie Nielsen, Akron-Westfield (2019-22)	187
Rachel Yeggy, Highland (2002-06)	187
Rylee Eakins, Davis County (2010-2014)	187
Janine Gremmel, Dubuque Wahlert(1984-1988)	187
Michelle Krough, Benton (1986-1990)	186
Kiana Barney, Cedar Falls (2014-18)	185
Rylee Goebel, Center Point-Urbana (2018-22)	181
Kylee Burt, Belmont-Klemme (1995-1999)	180
Katie Schmidt, Saydel (2014-18)	179
Katie Kriener, Crestwood (1993-1996)	179
Morgan Salow, West Delaware (2001-05)	178
Tori Hazard, Janesville (2014-17)	178
Tarah Meyer, West Lyon (2011-2015)	176
Andrea Markey, Colo-Nesco (2003-2006)	174
Anna Kiel, Unity Christian (2012-16)	172
Andrea Larson, Mediapolis (2011-2015)	172
Amy Bohnker, Underwood (2001-2005)	171
Bailey Halbur, Manning/IKM-Manning (2006-2009)	169
Megan Brandt, Spencer (2002-2006)	169
Helaina Hillyard, Mediapolis (2017-20)	166
Tierranny Keahna, South Tama (2013-16)	165
Stephanie Bishop, Muscatine (1992-1994)	165
Michelle Smith, Crestwood (1999-2003)	164
Bethany Weber, Mediapolis (2003-2006)	164
Brianna Konz, Spaling Catholic (2007-2010)	163
Kate Hartman, Northwood-Kensett (2005-2010)	162

Kennedy Brown, Iowa City Regina (2013-2016)	162
Jessica Keefe, Ames (2000-2004)	161
Tori Michel, Marquette Catholic (2016-20)	160
Kara Haugen, Waterloo Columbus (1991-1995)	159
Kristin Martindale, Spencer (2010-2014)	158
Lacey Geitzenaar, Sentral (1999-2003)	157
Ireland Hostetler, Mid-Prairie (2014-17)	156
Samantha Opal, East Mills (2013-16)	156
Kenzie Mantz, Belle Plaine (2016-19)	156
Shari Davis, Denver (1995-1999)	154
Kaitlyn Volesky, Mount Vernon (2014-17)	153
Zoe Young, West Des Moines (2016-19)	152
Allie Wooldridge, Center Point-Urbana (2014-18)	151
Jenny DeSmet, HLV (1993-96)	151
Darcy Hirt, Highland (1987-1991)	151
Jennifer Schmann, Newell-Fonda (2001-05)	151
Ali Browning, Iowa City Regina (2005-2010)	150
Madison Hillman, Saint Ansgar (2020-23)	150
Cassidy Thompson, Ballard (2018-21)	150

## BLOCKED SHOTS PER GAME

### Yearly Leaders

2023 — Sarah Moeller, Prince of Peace	22	155	7.05
2022 — Akuet Malek, Kuemper Catholic	19	126	6.63
2021 — Akuet Malek, Kuemper Catholic	21	183	8.71
2020 — Taryn Scheuermann, Van Buren	25	143	5.72
2019 — Taryn Scheuermann, Van Buren	23	181	7.87
2018 — Carah Drees, Westwood	22	169	7.68
2017 — Elizabeth Jenkins, Saint Ansgar	22	155	7.05
2016 — Mia Rosener, DM Christian	24	144	6.00
2015 — Gracey Griglione, I-35	24	115	4.79
2014 — Gracey Griglione, I-35	23	140	6.09
2013 — Brooke Morgan, Dike-New Hartford	23	158	6.87
2012 — Kaz Brown, Cedar Falls	23	13-	5.65
2011 — Katelynn Tracy, Moravia	19	120	6.31
2010 — Megan Flemr, Lone Tree	24	141	5.45
2009 — Kiah Stokes, Linn-Mar	25	160	6.40
2008 — Rachel Thune, DM Christian	24	167	6.96
2007 — Rachel Thune, DM Christian	25	161	6.44
2006 — Madelyn Houser, Gilbert	21	109	5.19
2005 — Jocelyn Anderson, Prairie Valley	22	108	4.91
2004 — Kayla Ashland, Sheldon	23	147	6.39
2003 — Jocelyn Anderson, Prairie Valley	21	148	7.05
2002 — Gillian Goering, Waterloo West	14	101	7.21
2001 — Alysa Klein, Okoboji	18	104	5.78
2000 — Lori Trumblee, Starmont	22	146	6.64
1999 — Jenny Hemann, Osage	20	149	7.45
1998 — Anna Borman, Sentral	17	109	6.41
1997 — Julie Gallery, East Buchanan	17	115	6.76
1996 — Jennifer Perkins, FD St. Edmond	19	143	7.53
1995 — Amy Herrig, Dubuque Senior	22	136	6.18
1994 — Julie Wollesen, Lawton-Bronson	18	148	8.22
1993 — Christy Holtkamp, Central Lee	22	116	5.27
1992 — Dee Dee Madison, Davenport North	17	104	6.12
1991 — Tiffany Cox, Sioux City North	20	113	5.65
1990 — Jenny Noll, Muscatine	23	150	6.52
1989 — Michelle Krough, Benton	19	86	4.53
1988 — DeAnn Williams, DM Roosevelt	22	150	6.82

1987--Molly Tideback, Waterloo Columbus	26	108	4.15
1986--Brenda Johnson, Maquoketa	22	99	4.50
1985--Julie Palmer, Cedar Rapids Regis	21	72	3.43

### All-Time Leaders

Akuet Malek, Kuemper Catholic, 2021	21	183	8.71
Julie Wolleson, Lawton-Bronson, 1994	18	148	8.22
Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Jennifer Perkins, FD St. Edmond, 1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Julie Gallery, East Buchanan, 1996	18	130	7.22
Gillian Goering, Waterloo West, 2001	14	101	7.21
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
Sarah Moeller, Prince of Peace, 2023	22	155	7.05
Rachel Thune, DM Christian, 2008	24	167	6.96
Brooke Morgan, Dike-New Hartford	23	158	6.87
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82
Julie Gallery, East Buchanan, 1997	17	115	6.76
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Lori Trumblee, Starmont, 2000	22	146	6.64
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Akuet Malek, Kuemper Catholic, 2022	19	126	6.63
Carah Drees, Westwood, 2017	23	171	6.57
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Jenny Noll, Muscatine, 1990	23	150	6.52
Rachel Thune, DM Christian, 2007	25	161	6.44
Jessie Van Gilder, SE Webster, 1997	16	103	6.44
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Anna Bormann, Sentral, 1998	17	109	6.41
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Kayla Ashland, Sheldon, 2004	23	147	6.39
Sarah Aeschliman, Davis County, 2002	15	95	6.33
Katelynn Tracy, Moravia, 2011	19	120	6.31
Lisa Reitsma, Western Christian, 1994	20	126	6.30
Deb Freking, LeMars, 1990	19	118	6.21

### Junior Leaders

Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Julie Gallery, East Buchanan, 1996	18	130	7.22
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82

### Sophomore Leaders

Akuet Malek, Kuemper Catholic, 2021	21	183	8.71
Jennifer Perkins, FD St. Edmond, 1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Brooke Morgan, Dike-New Hartford	23	158	6.87

### Freshman Leaders

Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Gracey Griglione, I-35, 2014	23	140	6.09

Alysa Klein, Okoboji, 2001	18	104	5.78
Taryn Scheuermann, Van Buren, 2017	23	132	5.74
Katelynn Tracy, Moravis, 2010	19	105	5.52

## TOTAL BLOCKED SHOTS

### Season Leaders

Akuet Malek, Kuemper Catholic, 2021	21	183	8.71
Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Mackenzie Morrison, Martensdale-SM, 2011	28	172	6.14
Carah Drees, Westwood, 2018	22	169	7.68
Rachel Thune, DM Christian, 2008	24	167	6.96
Rachel Thune, DM Christian, 2007	25	161	6.44
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.04
Sarah Moeller, Prince of Peace, 2023	22	155	7.04
Carah Drees, Westwood, 2017	23	151	6.57
Jessica Nikkel, Lynnville-Sully, 1999	29	150	5.17
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82
Jenny Noll, Muscatine, 1990	23	150	6.52
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Julie Wolleson, Lawton-Bronson, 1994	18	148	8.22
Kayla Ashland, Sheldon, 2004	23	147	6.39
Lori Trumblee, Starmont, 2000	22	146	6.64
Mia Rosener, Des Moines Christian, 2016	24	144	6.00
Jennifer Perkins, FD St. Edmond, 1996	19	143	7.53
Taryn Scheuermann, Van Buren, 2020	25	143	5.72
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Kiah Stokes, Linn-Mar, 2011	25	141	5.64
Jessica Nikkel, Lynnville-Sully, 1998	27	141	5.22
Jessica Nikkel, Lynnville-Sully, 1997	26	141	5.42
Gracey Griglione, I-35, 2014	23	140	6.09
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
ToniaTauke, CB AbrahamLincoln 1995	26	139	5.35

### Junior Leaders

Taryn Scheuermann, Van Buren	23	181	7.87
Carah Drees, Westwood, 2018	22	169	6.87
Rachel Thune, DM Christian, 2007	25	161	6.44
Elizabeth Jenkins, Saint Ansgar	22	155	7.05
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43

### Sophomore Leaders

Akuet Malek, Kuemper Catholic	21	183	8.7
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Carah Drees, Westwood, 2017	23	151	6.57
Jenny Noll, Muscatine, 1990	23	150	6.52

### Freshman Leaders

Gracey Griglione, I-35, 2014	23	140	6.09
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Taryn Scheuermann, Westwood, 2017	23	132	5.74
Katelynn Tracy, Moravia, 2010	19	105	5.53
Alysa Klein, Okobojo, 2001	18	104	5.78

## CAREER ASSISTS

Elle Ruffridge, Pocahontas Area (2014-17)	802
Jamie Sickles, Wapsie Valley (2002-2006)	793
Mary Berdo, Washington (1992-1996)	745
Mackenzie Rogers, Mediapolis (2014-18)	702
Taylor Hickey, Burlington Notre Dame (2011-2015)	696
Brittany Peterson, Spencer (2006-2009)	683
Ellie Friesen, Osage/Crestwood (2014-18)	681
Linda Lappe, Winfield-Mt. Union (1994-1998)	652
Lindsey Meder, Solon (1994-1998)	625
Kallyn Stumbo, Okobojo (2017-20)	629
Jennifer Jorgensen, SE Webster-Grand (2005-08)	621
Gabbie Binion, Davenport Assumption (2004-2008)	599
Chelsey Lamker, MFL-Mar-Mac (2006-2010)	570
Erica Scholtfeldt, Rock Valley (1999-2003)	567
Sara Goodman, West Marshall (1999-2003)	561
Megan Ripperton, Lone Tree (1997-2001)	561
Trista Kolder, Aplington-Parkersburg (1997-2001)	557
Autumn McDanel, Moravia (2013-2016)	552
Lana Otting, Cascade (2004-2008)	552
Gracie Schoonhoven, Unity Christian (2020-23)	542
Shelby Johnson, Akron-Westfield (2004-2008)	540
Renee Maneman, Newell-Fonda (2011-14)	537
Sara Stribe, Carroll (1994-1998)	536
Morgan Flaherty, Pocahontas Area (2000-03)	527
Heather Lauman, Farragut (2001-2003)	523
Shelby Reicks, Turkey Valley (2014-17)	518
Fran Ries, Perry (1994-1998)	516
Carrie Norman, Lynnville-Sully (1995-1999)	515
Andee Martin, Westwood (2016-19)	514
Kylee Hoewood, Iowa City Regina (2005-2010)	511
Amy Lawson, Spencer (2001-2004)	511
Hali Anderson, Saint Ansgar (2017-21)	509
Maci Sievers, Newell-Fonda (2019-22)	508
Corinna Schropp, New London (1997-2001)	505
Molly Joyce, Algona Bishop Garrigan (2020-23)	504
Kelsey Homewood, Iowa City Regina (2001-04)	502
Mackenzie Small, Hinton (2007-2010)	501
Stephanie Rich, Washington (1997-2001)	500
Ashley Atwood, Van Buren (2003-2006)	499
Devin Laughlin, East Mills (2010-2014)	498
Caitlin Ingle, Southeast Polk (2011-14)	492
Lexi Ackerman, Central Lyon (2009-2014)	491
Kristin Rasmussen, AGWSR (2003-2007)	490
Maggie Gorman, Denison-Schleswig (1994-1998)	484
Elizabeth Rocca, Lone Tree (1990-93)	486
Molly Turman, Hinton (1998-2002)	483
Jennifer Goetz, Cardinal Stritch (1999-2003)	482
Amy Diedrich, Northeast (1995-1999)	481
Kelley Westhoff, Dubuque Wahlert (1989-1993)	481
Jackie Olson, MOC-Floyd Valley (1992-1996)	479
Crystal Anderson, Forest City (1997-2001)	479
Autumn Feaker, Solon (1990-1994)	473
Nicole Miller, North Linn (2011-2015)	467

Carli Tritz, Sioux City Bishop Heelan (2005-2010)	467
Kelli Nelson, Exira (2001-2004)	464
Annie Heithoff, CB St. Albert (1993-1997)	461
Elizabeth Rocca, Lone Tree (1989-1993)	460
Shayla Dean, Colo-Nesco (2011-2015)	459
Lindsay Smith, Central DeWitt (2008-2011)	455
Kate Walker, Red Oak, (2011-2015)	455
Maddie Jones, South Central Calhoun (2016-19)	453
Grace Flanagan, North Linn (2017-20)	451
Helaina Hillyard, Mediapolis (2017-20)	451
Halli Pooch, Waterloo West (2020-23)	449
Kristin Shields, Murray (2004-2007)	448
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	448
Shellie Mossman, Carroll (2003-2006)	448
Jenna Frederes, Remsen St. Mary's (2000-2003)	447
Rylee Menster, Springville (2014-18)	447
Emily Wassom, Spencer (2004-2008)	447
Caitlin Daniels, Cedar Rapids Xavier (2016-20)	442
Aubrey Dolan, East Buchanan (1999-2003)	442
Tina Marshall, Keokuk Cardinal Stritch (1986-1990)	442
Heather Eiffler, Garner-Hayfield (2002-2005)	441
Meghan Brue, Underwood (2001-2004)	441
Maya McDermott, Johnston (2017-20)	437
Kerry Juhlin, Cedar Falls (1997-2001)	437
Ali Hansen, WDM Dowling (1995-1999)	439
Kary Dawson, Sibley-Ocheyedan (1993-1997)	439
Mikkell Korver, MOC—Floyd Valley (1997-01)	435
Jaeden Ferris, Westwood (2020-23)	433
Kylan Loney, Ames (1997-2001)	431
Kate Galligan, CR Jefferson (1988-1992)	429
Jamey Cox, Waterloo West (1996-99)	429
Linda Sayavongchanh, DM Lincoln (1998-2002)	428
Zoe Young, West Des Moines Valley (2016-19)	427
Megan Spurgin, FM Aquinas (1990-1994)	425
Trisha Nesbitt, Ames (2005-2009)	424
Kelly Leerar, West Hancock (2014-18)	423
Jen Steines, Central DeWitt (1994-1998)	423
Paige Greiner, Williamsburg (2010-2014)	423
Sophia Hoffman, Dike-New Hartford (2019-22)	422
Renae Roelfs, Mediapolis (1997-2001)	420
Megan Wagaman, Springville (2013-2016)	420
Jordan Gronewold, Carlisle (2005-2010)	419
Lana Otting Cascade (2004-07)	417
Kia Rasmussen, IKM-Manning (2014-18)	416
Kirstin Nelson, Oelwein (2005-2009)	415
Kristie Langbehn, Durant(1985-1989)	413
Amy Huyser, Lynnville-Sully (1997-2000)	412
Kelly DeMeulenaere, Grand View Christian (2020-23)	409
Olivia Olson, Mason City Newman (2007-10)	408
Katelyn Stanley, Bishop Heelan (2017-20)	407
Keri Feilen, CB Abraham Lincoln(1992-1996)	406
Heather Laumann, Farragut (1999-2005)	404
Cortney Kettmann, Bellevue Marquette (1997-2001)	404
Kylan Loney, Ames (1997-2001)	402
Marleigh Johnson, Stanton (2020-23)	401
Heidi Hillyard, Mediapolis (2011-2015)	401
Brooke Loewe, Ballard (2019-22)	400
Sahara Williams, Waterloo West (2020-23)	400
Molly Pickering, Carlisle (1993-1996)	399
Shelby Graves, Davis County (2010-14)	398
Grace Meyer, Pocahontas Area (2014-17)	398

Shannan Smith, Waterloo West (1990-1994)	397	Kinzey Dutler, Ridge View (2016-19)	356
Molly Ihle, Ballard (2018-21)	397	Madi Agey, West Des Moines Valley (2011-14)	355
Lindsey Vande Wall, PCM (2006-2009)	396	Erin Gerke, Newell-Fonda (2014-17)	355
Rachel Culp, Newell-Fonda (2006-09)	394	Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	355
Emily Schweer, Denver (2005-2010)	394	Kiersten Pauling, DM Lincoln (1989-1993)	354
Liz Schnurr, FD St. Edmond (1996-2000)	394	Katie Thompson, Aplington-Parkersburg (2010-2013)	353
Chelsey Winterboer, Sioux Central (2003-2006)	392	Elly Arganbright, Panorama (2007-2010)	353
Pamela Masker, Underwood (2001-2005)	391	Abby Musser, Woodward-Granger (2011-2015)	352
Rachel Leerar, West Hancock (2018-21)	389	Ashley Zobel, OA-BCIG (2008-2011)	352
Molly Goodenbour, Waterloo West (1985-1989)	388	Alicia Onnen, Manson-NW Webster (2007-2010)	352
Sara Weirather, Central Lee (1999-2005)	387	Janeen Fell, Garner-Hayfield (1999-2003)	351
Lauren Conrey, Waterloo West (2017-20)	386	Britt Siebels, Anamosa (1989-1993)	351
Natalie Raub, Union (1999-2002)	385	Chloe Rice, Marion (2014-18)	351
Julie Bex, Highland (1991-94)	384	Anna Conover, Lynnville-Sully (1996-99)	350
Kaisha Brown, Spirit Lake (2004-2008)	383	Emma Veentstra, Des Moines Christian (2016-19)	350
Erica Huyser, Lynnville-Sully (1993-96)	383	Laura Knudtson, Lake Mills (2014-18)	350
Marina Keck, Kingsley-Pierson	383	Tara Van Rees, Lynnville-Sully (2008-2011)	349
Olivia Larsen, Newell-Fonda (2016-19)	380	Megan Fetter, West Delaware (1999-2003)	349
Linsey Aves, Waterloo West (1995-98)	380	Morgan Markert, Manson-NW Webster (2007-2010)	349
Sarah Culp, Newell-Fonda (2004-07)	379	Dana Kester, Jesup (1996-2000)	349
Mallory Cunard, Missouri Valley (2006-2009)	378	Brittany Lingenfelter, Jesup (2017-20)	349
Angela Bock, Iowa Mennonite (1995-1999)	377	Molly Sanders, Ames (2011-2015)	348
Lauren Christianson, Manson-NW Webster (2007-10)	376	Shelby Schmidt, Battle Creek-Ida Grove (2004-07)	348
Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	376	Janeen Fell, Garner-Hayfield (2000-2003)	347
Brianna Mensen, Maquoketa Valley (2014-2017)	375	Taylor Smith, Central Decatur (2006-2009)	346
Abby Emmert, Winterset (2000-2004)	375	Brittany Lange, Sac City (2002-2005)	346
Autumn Bartel, Cherokee (2001-2005)	373	Stacy Frese, CR Washington (1991-1995)	346
Rebecca Lampe, Highlang (2005-08)	373	Alison Rohdy, Harmony (1991-1995)	346
Carrie Woods, Martensdale-SM (2005-2010)	372	Morgan Muhlbauer, IKM-Manning (2011-2015)	344
Abby Wedemeier, West Central Maynard (2003-06)	372	Amy Young, Preston (1997-2001)	344
Kylie Vogel, Camanche (2010-14)	371	Melissa Eighmy, Mount Ayr (1994-1998)	344
Faith Vincent, Colo-Nesco (2016-19)	370	Missy Barrier, Tri-Center (2002-2005)	344
Grace Gaarde, Iowa City Regina (2020-23)	370	Jessica Stanek, Tripoli (1999-2003)	343
Christa Subbert, Stanton (2003-2007)	369	Cass Peterson, Alta (1996-2000)	342
Jordyn Moser, Harlan (2013-2016)	369	Jordan Waddell, Guthrie Center (2003-07)	342
Erica Junod, Ankeny (1995-1999)	369	Katie Keitges, Knoxville (2016-20)	341
Katie Etter, Sigourney (2004-2008)	368	Rachel Handeland, Clear Lake (1995-1999)	341
Megan Colgan, Iowa City Regina (1997-2000)	368	Ashley Nally, Bedford (1999-2002)	341
Konnor Sudmann, Treynor (2016-19)	367	Kandy Beemer, Bedford (2002-2005)	341
Alli Masters, Central Decatur (2016-19)	366	Ashlea Payne, Alta (1998-2002)	341
Carly Martin, Springville (2006-2009)	365	Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	340
Madison Weekly, Benton (2010-2013)	365	Mackenzie Knox, Madrid (1999-2003)	340
Becca Fisher, Benton (2005-2009)	365	Ashley Salgado, Ottumwa (2008-2012)	339
Olivia Donlea, East Buchanan (2017-20)	364	Kayla Gaskill, IKM (2002-2006)	339
Kristen Weber, Earlham (2011-2015)	364	Ella Larsen, Newell-Fonda (2018-21)	338
Ashley Hagedorn, IKM-Manning (2007-2010)	364	Alex Mohr, Denison-Schleswig (2016-19)	338
Holly Janssen, Nashua-Plainfield (2002-2005)	363	Kelsey Johnikin, Sioux City West (2002-2006)	337
Brittany Lampe, Highland (2000-04)	362	Britny Halleland, Roland-Story	337
Morgan Paige, Marion (2005-2010)	362	Sam Norris, Martensdale St. Marys (2006-2011)	337
Alicia Mahmens, Northeast (1993-1997)	362	Payton Bush, Mediapolis (2020-23)	337
Ally Jensen, Ballard (2006-2009)	362	Becky Strathman, CR Regis & CR Wash (1991-1995)	337
Allie Wooldridge, Center Point-Urbana (2014-18)	361	Tember Schechinger, IKM-Manning (2009-2012)	336
Katie Nieuwsma, Pella Christian (2005-2008)	360	Torie Alexander, Eddyville-Blakesburg-Fremont (2014-18)	336
Kayla Waskow, Dunkerton (2004-2008)	360	Jennifer Gries, Elk Horn-Kimballton (1995-1999)	336
Samantha Harrington, Nashua-Plainfield (2004-2007)	360	Maddie Boer, North Linn (2011-2015)	335
Erin Fox, Denver (1993-1995)	357	Emily Frisk, Ames (2011-2015)	334
Lauren Miller, English Valleys (2011-15)	357	Tori Hazard, Janesville (2014-17)	333
Morgan Flaherty, Pocahontas Area (1999-2003)	357	Ava Hawthorne, Gilbert (2019-22)	333
Jamie Dalbey, Ottumwa (1994-1998)	356	Jenna Twedt, Benton Community (2020-23)	332
Felicity Jackson, CAM (2014-17)	356	Sheri Sutherland, Northeast Hamilton (1994-1997)	331
Mollie Kleopfer, Highland (2005-2010)	356	Amber Nicole Buch, Fairfield (2014-18)	331

Melissa Krueger, Lone Tree (1990-93)	331
Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	331
Kortney Drake, Wilton	331
Juliann Clark, Roland-Story (2016-20)	330
Ashton Moody, Hinton (2008-2011)	330
Dani Thrush, Keokuk (1992-1995)	330
Brittani Kozik, Belle Plaine (1999-2005)	330
Molly Boylan, Exira (2006-2009)	329
Sammie Sproul, Waterloo West (2011-2014)	329
Katie Schechinger, IKM/IKM-Manning (2006-2009)	328
Madison Dreckman, LeMars (2016-19)	328
Jessie Clarahan, Sigourney (1994-1997)	327
Lauren Christianson, Manson-NW Webster (2005-2010)	326
Paige O'Neal, Sergeant Bluff-Luton (2007-2011)	325
Erin Sheeley, Postville (1999-2003)	325
Amara Jones, Mid-Prairie (2020-23)	324
Camryn McClintock, Sidney (2016-19)	324
Emily Dolan, East Buchanan (1996-2000)	324
Jensen Archibald, Martinsdale-St. Marys (2017-20)	323
Briana Baker-Bruce, Janesville (2016-19)	323
Christy Hebert, CR Jefferson (1989-1993)	321
Amy Freese, North Cedar (1993-1996)	320
Clara Teigland, Treynor (2020-23)	319
Casey McDermott, Newton (2004-07)	317
Lisa Rasmusson, Colo-Nesco (1996-2000)	317
McKaya O'Neil, Shenandoah (2014-17)	317
Rebecca Schroeder, Bellevue (2014-18)	317
Melissa Krueger, Lone Tree (1990-1993)	317
Julie Bex, Highland (1990-1994)	317
Megan Peschong, Okoboji (2013-16)	316
Kim Altman, Bettendorf (1988-1992)	316
Bri Weber, Dike-New Hartford (2012-15)	316
Brooklyn Allgood, Saydel (2011-15)	315
Elle Scarborough, Glenwood (2018-21)	315
Abby Flanagan, North Linn (2017-20)	314
Emerson Green, Cedar Falls (2017-20)	314
Keisha Cox, Des Moines Lincoln (1990-1994)	313
Jayda Chew, Murray (2020-23)	312
Sailor Hall, West Liberty (2019-22)	312
Sami Stogdill, Central Decatur (2006-2009)	312
Kenna Morgan, Cherokee (2020-23)	312
Tracy Paustian, Davenport West (1997-2001)	311
Ellie Foster, Dike-New Hartford (2017-20)	311
Alexa Wehrle, Louisa-Muscatine (2016-19)	310
Chelsey Lampe, Highland (2011-2015)	310
Marla Metzger, Valley Community (2006-2009)	309
Taylor Schafbuch, Belle Plaine (2005-2010)	308
Katie Lorber, New London (2002-2005)	308
Traci Ollendieck, Crestwood (1999-2003)	308
Tess Myer, Mount Ayr (2004-2009)	308
Jordan Johnston, Waterloo West (2008-11)	308
Angie Lloyd, North Mahaska (2001-04)	307
Bailey Stroud, Columbus Community (2014-17)	307
Jessie Biggs, Ottumwa (1999-2003)	307
Shelly Sheetz, Cedar Rapids Kennedy (1987-1991)	306
Traci Ollendieck, Crestwood (1999-2003)	306
Ashley Sieverding, Bellevue Marquette (2001-05)	305
Adrianna Katcher, Center Point-Urbana (2016-20)	305
Tracy Paustian, Davenport West (1997-2001)	305
Faith Meyer, Pocahontas Area (2014-17)	304
Hannah Erickson, Central Elkader (2017-20)	304

Chloee Colt, Akron-Westfield (2019-22)	303
Taylor Wagner, Harlan (2011-2015)	303
Megan Weirather, Central Lee (2003-2006)	303
Shawna Boles, Murray (1997-2001)	303
Kari Knopf, WDM Dowling (1989-1993)	303
Megan Meyer, Mason City (2016-19)	302
Jill Lacey, Hinton	302
Paul Pugh, Columbus (1996-1999)	302
Brianne Fink, West Central (1993-1996)	302
Leslie Budak, Norway & Benton (1988-1992)	302
Paige Danner, AHST (2010-2014)	302
Aubrie Fisher, AGWSR (2016-19)	301
Cass Peterson, Alta (1994-1998)	300
Savannah Domeyer, Clayton Rlge (2014-17)	301
Jessica VanderKooi, Hinton	301
Kayla Lincoln, West Central Maynard (2003-2007)	301
Jamie Hoover, Twin River Valley (1999-2003)	300

## ASSISTS PER GAME

### Yearly Leaders

2023 — McKenna Sievers, Newell-Fonda	27	200	7.40
2022 — Mia Miller, Bondurant-Farrar	24	199	8.29
2021 — Danika Demers, SL St. Marys	23	192	8.34
2020 — Kallyn Stumbo, Okoboji	24	188	7.83
2019 — Helaina Hillyard, Mediapolis	23	172	7.48
2018 — Ellie Friesen, Crestwood	26	245	9.42
2017 — Agatha Beier, Carlisle	23	197	8.61
2016 — Elle Ruffridge, Pocahontas Area	27	230	8.51
2015 — Mackenzie Rogers, Mediapolis	26	200	7.69
2014 — Jaci Stumpf, FD St. Edmond	23	200	8.70
2013 - Lexi Ackerman, Central Lyon	28	232	8.29
2012 — Amanda Busta, Forest City	22	159	7.22
2011 — Ashley Smith, Iowa Falls-Alden	23	164	7.13
2010 — Kylee Homewood, IC Regina	23	190	8.26
2009 — Brittany Peterson, Spencer, 2009	25	209	8.36
2008 — Jennifer Jorgensen, SE Webster	26	230	8.84
2007 — Brittany Peterson, Spencer	22	186	8.45
2006 — Gabbie Binion, Dav. Assumption	26	190	7.30
2005 — Jamie Sickles, Wapsie Valley	22	198	9.00
2004 -- Jamie Sickles, Wapsie Valley	23	233	10.13
2003 -- Jamie Sickles, Wapsie Valley	24	194	8.08
2002 -- Heather Laumann, Farragut	21	181	8.62
2001 -- Jill Smith, Aurelia	21	171	8.14
2000 -- Laura Freitag, Central Lee	25	197	7.88
1999 -- Lindsey Stoll, Bondurant-Farrar	24	196	8.17
1998 -- Anny Burdorf, Emmetsburg	15	141	9.40
1997 -- Lisa Cowling, Clarke	23	204	8.87
1996 -- Lisa Cowling, Clarke	19	152	8.00
1995 -- Erin Fox, Denver	24	217	9.04
1994 -- Mary Berdo, Washington	24	240	10.00
1993 -- Mary Berdo, Washington	21	191	9.10
1992 -- Kelley Westhoff, Dubuque Wahlert	22	194	8.82
1991 -- Rose Frieburger, Iowa Deaf	16	114	7.13
1990 -- Tina Marshall, Cardinal Stritch	20	210	10.50
1989 -- Tina Marshall, Cardinal Stritch	22	174	7.91
1988 -- Kristie Langbehn, Durant	21	154	7.33
1987 -- Sara Liebscher, Dav. Assumption	14	88	6.29
1986 -- Jeannie Caraway, Maquoketa	23	165	7.17
1985 -- Linda Hillebrand, Davenport West	20	90	4.50

### All-Time Leaders

Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Ellie Friesen, Crestwood, 2018	26	245	9.42
Anny Burdorf, Emmetsburg, 1998	15	141	9.40
Mary Berdo, Washington, 1993	21	191	9.10
Erin Fox, Denver, 1995	24	217	9.04
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Lisa Cowling, Clarke, 1997	23	204	8.87
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Britt Siebels, Anamosa, 1993	16	140	8.75
Jaci Stumpff, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Agatha Baier, Carlisle, 2017	23	197	8.61
Elle Ruffridge, Pocahontas, 2016	27	230	8.51
Brittany Peterson, Spencer, 2007	22	186	8.45
Brittany Peterson, Spencer, 2009	25	209	8.36
Jill Smith, Aurelia, 2002	22	184	8.36
Danika Demers, S Lake St. Marys	23	192	8.3
Lexi Ackerman, Central Lyon	28	232	8.29
Kylee Homewood, IC Regina, 2010	23	190	8.26
Lindsay Courtney, Creston, 1997	19	157	8.26
Brittany Lampe, Highland, 2004	25	205	8.20
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Jill Smith, Aurelia, 2001	21	171	8.14
Maggie Gorman, Denison-Schleswig, 1997	22	178	8.09
Zoey Artist, CAM, 1977	23	186	8.09

### Junior Leaders

Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Kelly Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Jaci Stumpff, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51

### Sophomore Leaders

Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Mary Berdo, Washington, 1994	24	240	10.00
Mackenzie Rogers, Mediapolis, 2016	22	174	7.91
Jodie Biestedt, Sentral, 1999	22	170	7.73
Brittany Heines, Postville, 2004	15	115	7.67

### Freshman Leaders

Mary Berdo, Washington, 1993	21	191	9.10
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
TiffanyWimberly, Melcher-Dallas, 1996	19	135	7.11
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80

### Season Leaders

Ellie Friesen, Crestwood, 2018	26	245	9.42
Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Lexi Ackerman, Central Lyon, 2013	28	232	8.29
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Erin Fox, Denver, 1995	24	217	9.04
Laura Freitag, Central Lee, 2000	28	212	7.57
Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Brittany Peterson, Spencer, 2009	25	209	8.36
Gabbie Binion, Davenport Assumption, 08	27	209	7.74
Linda Lappe, Winfield-Mt. Union, 1998	28	208	7.43
Brittany Lampe, Highland, 2004	15	205	8.20
Lisa Cowling, Clarke, 1997	23	204	8.87
Elle Ruffridge, Pocahontas Area, 2017	28	203	7.25
Mackenzie Neely, Roland-Story, 2009	26	202	7.76
McKenna Sievers, Newell-Fonda, 2023	27	200	7.40
Jaci Stumpf, Fort Dodge St. Edmond, 2014	23	200	8.70
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Mia Miller, Bondurant-Farrar, 2022	24	199	8.29
Elle Ruffridge, Pocahontas Area, 2015	27	199	7.37
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Agatha Baier, Carlisle, 2017	23	197	8.57
Zoey Artist, CAM, 1997	23	197	8.09
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.84
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Taylor Hickey, Burlington Notre Dame, 203126	194	194	7.46

### Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jaci Stumpff, Fort Dodge St. Edmond, 2014	23	200	8.70
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82

### Sophomore Leaders

Mary Berdo, Washington, 1994	24	240	10.00
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Elle Ruffridge, Burlington ND, 2015	27	199	7.37
Taylor Hickey, Burlington ND, 2013	26	194	7.46
Sara Goodman, West Marshall, 2001	25	188	7.52

### Freshman Leaders

Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mary Berdo, Washington, 1993	21	191	9.10
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80
Taylor Hickey, Burlington ND, 2012	24	156	6.50

## TOTAL ASSISTS